



Incarnation

Participating in Mystery and Faith

A Language of Thanksgiving and Praise



Commending to the Heart of Mary



The Joy of Being Here



Incarnatio Continua

“I am proposing that we understand Incarnation in its foundational meaning of *embodiment*. To adopt a phrase often used by the Canadian theologian Sallie McFague, God loves bodies! And the first and oldest body through which God reveals Godself is not the human, but the cosmos itself. Then God’s revelatory creativity is manifested in and through all the galactic and planetary bodies, including our Home Planet the Earth. And within our Earth are several embodied forms, mountains, lakes, plants, animals, even bacteria. Last of all are those embodied creatures we call humans, whose deepest identity is that of Earthlings, and not merely ensouled creatures somewhat suspended above the earth.

Divine Spirit cannot achieve anything without body. Body is the medium through which Spirit works, through which everything in creation grows and flourishes.”

- Diarmuid O’Murchu





Trisagion Prayer

(Hagios o Theos)

- **Holy God - Head**
(Hagios O Theos)
- **Holy & Mighty - Spine**
(Hagios Ischyros)
- **Holy & Immortal - Solar Plexus**
(Hagios Athanatos)
- **Have Mercy Upon Us**
(Eleison Imas)

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