An abstract painting featuring a large, glowing yellow circle in the center, surrounded by teal and dark blue brushstrokes. The background is dark teal with a textured, layered appearance. The overall mood is contemplative and artistic.

**Longing: Yearning for The Real  
Planting Seeds of Wonder**



“Truly, I say to you, whoever does not receive the kingdom of God like a child shall not enter it”.      Mark 10:15





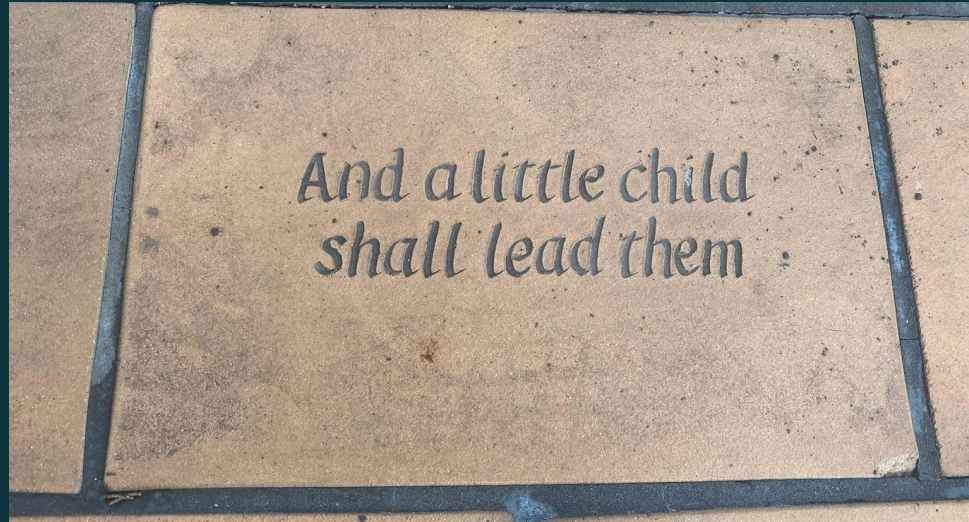
What is man that you  
are mindful of him, and  
the son of man that you  
care for him? Yet you  
have made him a little  
lower than the heavenly  
beings and crowned him  
with glory and honor.

Psalm 8:4-9

# Beatitudes as Path to the Kingdom:



Christ is speaking about what a man must be, what he must first of all become in himself....







The little child does not “work” --he plays. But how serious he is, i.e. concentrated, when he plays! His attention is still complete and undivided, whereas with he who approaches the kingdom of God it becomes again entire and undivided..The Master did not want us to become puerile; what he wanted is that we attain the geniality of intelligence and heart which is analogous--not identical--to the attitude of the child, who carries only easy burdens and renders all his yokes light.

Meditations on the T arot- T he Magician





# Qualities of a child as seeds



## Aim:

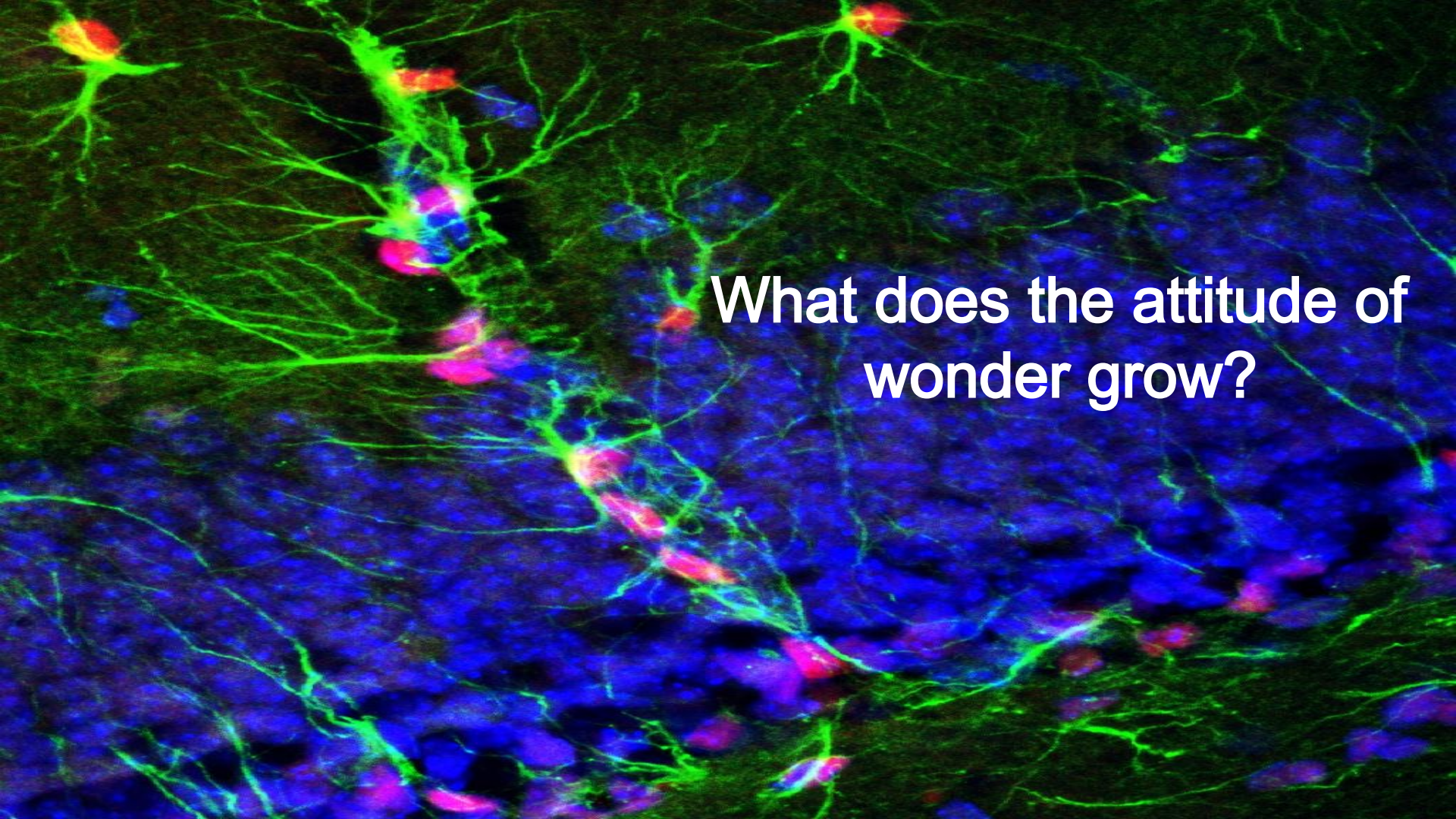
- ★ Sprout seeds of awe and wonder that feed a healthy and Holy longing
- ★ Explore the ongoing Work of tending, nourishing and weeding
- ★ Practice tilling the soil in the ground of our Being
- ★ Offer up our harvest to the One that is ALL & EVERYTHING!



Wonder as a new attitude: watchfulness, patience...it leads to yearning for MORE...experience of being connected to something larger than ourselves.

<https://youtu.be/nmpQXJ1ySIU?si=IUUHQVg521iOI6w->





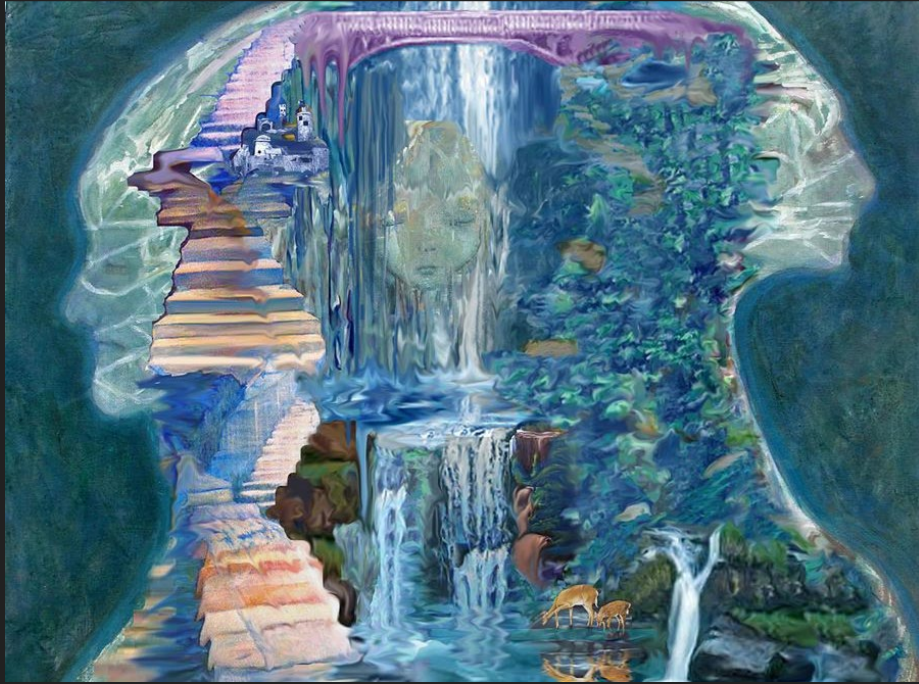
What does the attitude of  
wonder grow?



“For awakened man, man as he was meant to be, there were two great movements of energy, one movement flowing down from the Source of the universe and another majestic movement flowing and struggling back toward the Source...

This yearning to know, to understand, that so many of us feel as young children, and as we seek to find our way..what is this yearning, really? This need, this inner impulse which Plato called eros, love--love of truth, even love of Being, love of the Good? What is it, really?...”





What mankind longs for under the names of wisdom and knowledge, is consciousness!...the state of consciousness that is our birthright as human beings.

Jacob Needleman, An Unknown World



# Importance of Wonder

A waking of  
consciousness and its  
power to see reality as it is

A waking higher, truer  
feeling



# Tilling the Soil

A new feeling..a feeling of "I" turned to a greater reality in which I participate and, at the same time, drawn by the world in which I live.

A conscious relation must appear...

When the intensity is the same in all three centers, there is consciousness.

A conscious relation cannot come from the old thinking, which clings to words and images.

Madame De Salzmann



*I feel "I am"*  
Exercise





# Watering and nurturing the seeds that sprout Holy Longing





Man is incomplete, unfinished... The next stage in the evolution of life on the Earth depends on the intentional inward effort of man. Without this effort, this unique inner struggle, this unique movement of inwardness and its outer manifestation in willed action, the growth of the tree of life on Earth may come to a stop. If humanity becomes unable to awaken to what the Earth needs from it, the life of the Earth itself may come to an end. The future growth of the Earth, according to this teaching, depends on the reception by the Earth of a conscious energy that only man is capable of transmitting. That is why we are here in an unimaginably complex, unfinished body **built joyously to receive and obey this conscious energy "from above."**

Jacob Needleman