

LEVELS OF AWARENESS

Ordinary Awareness

(everyday consciousness/emotional reactions/dominating characters)

Spiritual Awareness

(intuition/spiritual will/freedom to decide/opens to deeper being)

True Self

(image of God/God's idea of who we are in our uniqueness/humility)

Ground Unconscious/Ground of Being

(source of our rootedness in God)

Divine Indwelling

(one with God/the way things really are that we awaken to)

What is Being?

From its origin/creation - Different than existence

How is Man different from other life forms?

Capable of self-development

Are all of mankind the same in being?

Divided into 7 categories



TWO SIDES OF WORK

1 - Work on the Side of Knowledge

- Study of the System

2 – Work on the Side of Being

- Self Study and applying Work ideas to oneself,
gaining more awareness and
increase the level of being

HOLD YOUR HORSES

KNOWLEDGE

BEING

UNDERSTANDING



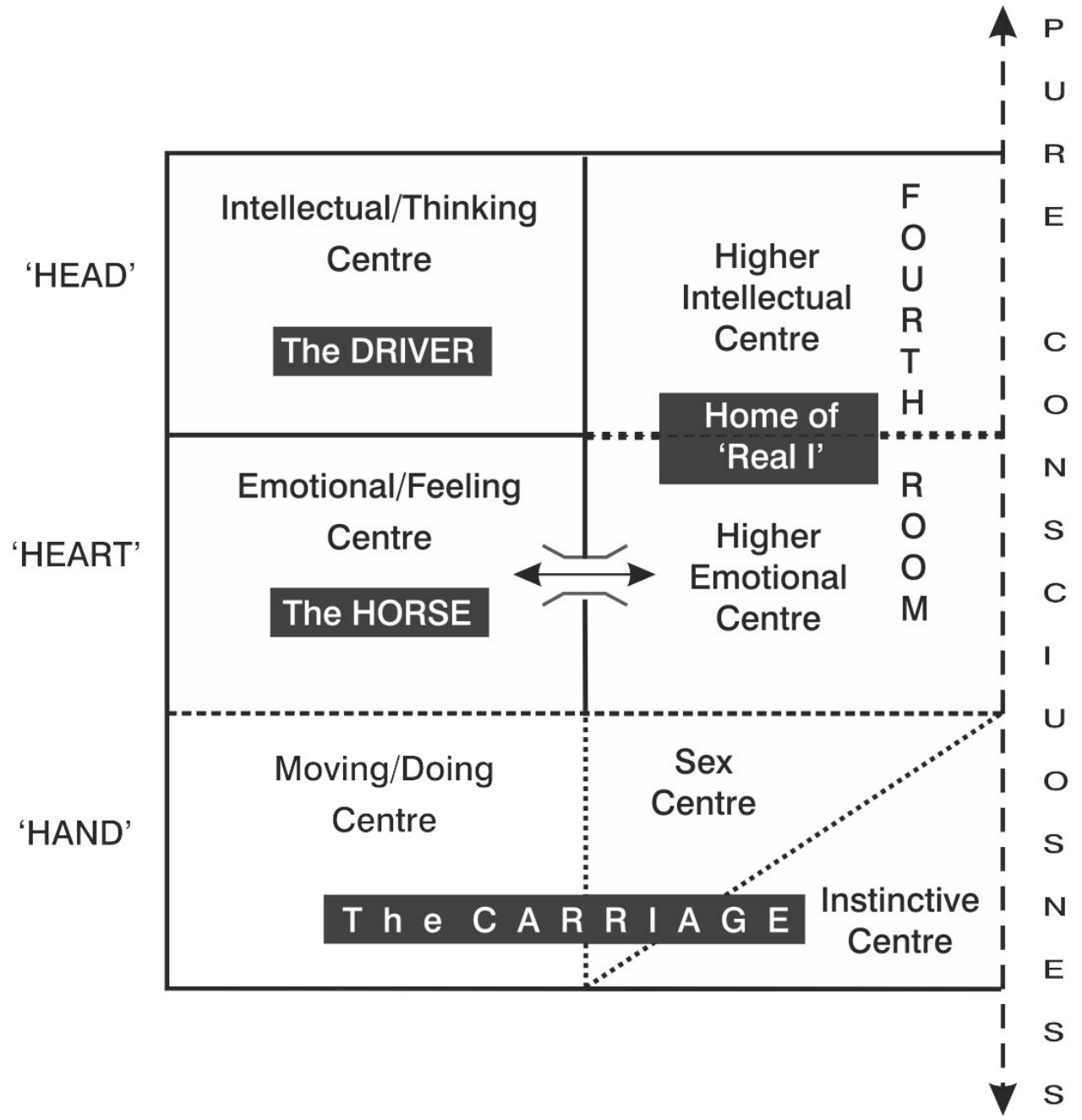
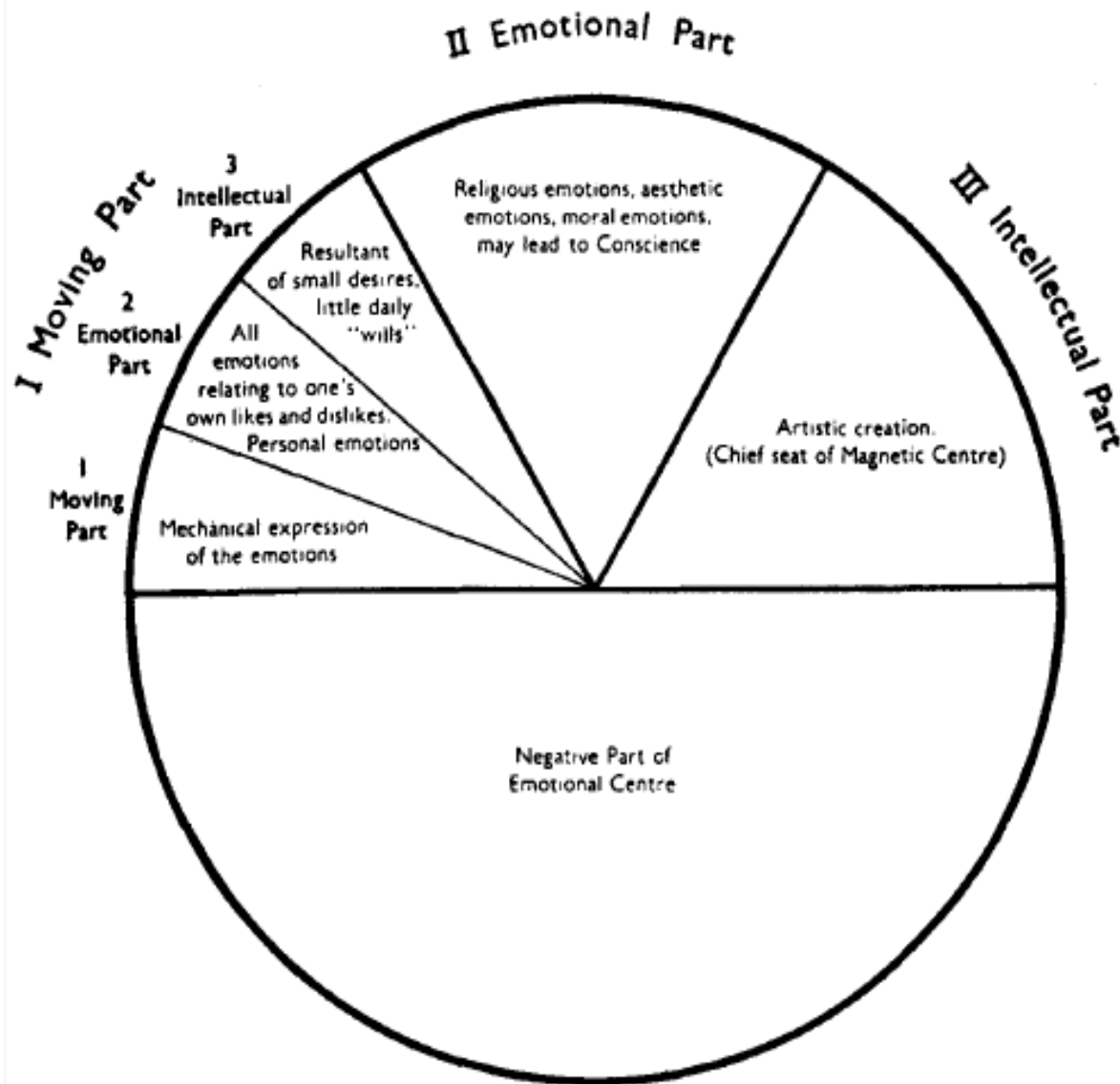


Figure II — Emotional Centre



Outer Parts- Moving Part

Irritation – Impatience – Small Worries
Feeling disappointed – Boredom
Embarrassment – Raising Objections
Small Envy – Raising Objections

Middle Parts - Emotional Part

Resentment – Self pity – Melancholy
Apathy – Suspicion – Sulkiness – Rage
Dislike – Guilt – Habitual Worry

Inner Parts – Intellectual Part

Hatred – Jealousy – Malice
Envy – Fear – Resentment
Depression – Despair - Violence

- **Ones being attracts one's life**
- **Work acts on being according to our understanding**
- **To bear with the unpleasant manifestations of other is a sign of greater Being**
- **To remember and keep your aim is a sign of greater Being**
 - **Change of Being means a change in the life**

The Fourth Way

To what extent can one develop being without a school?

**How do you know of the miraculous results which will follow
with Self Remembering?**



What are the best ways to work on self-knowledge?

Surely in the case of identification we are one – we are not many; but perhaps in a wrong way?





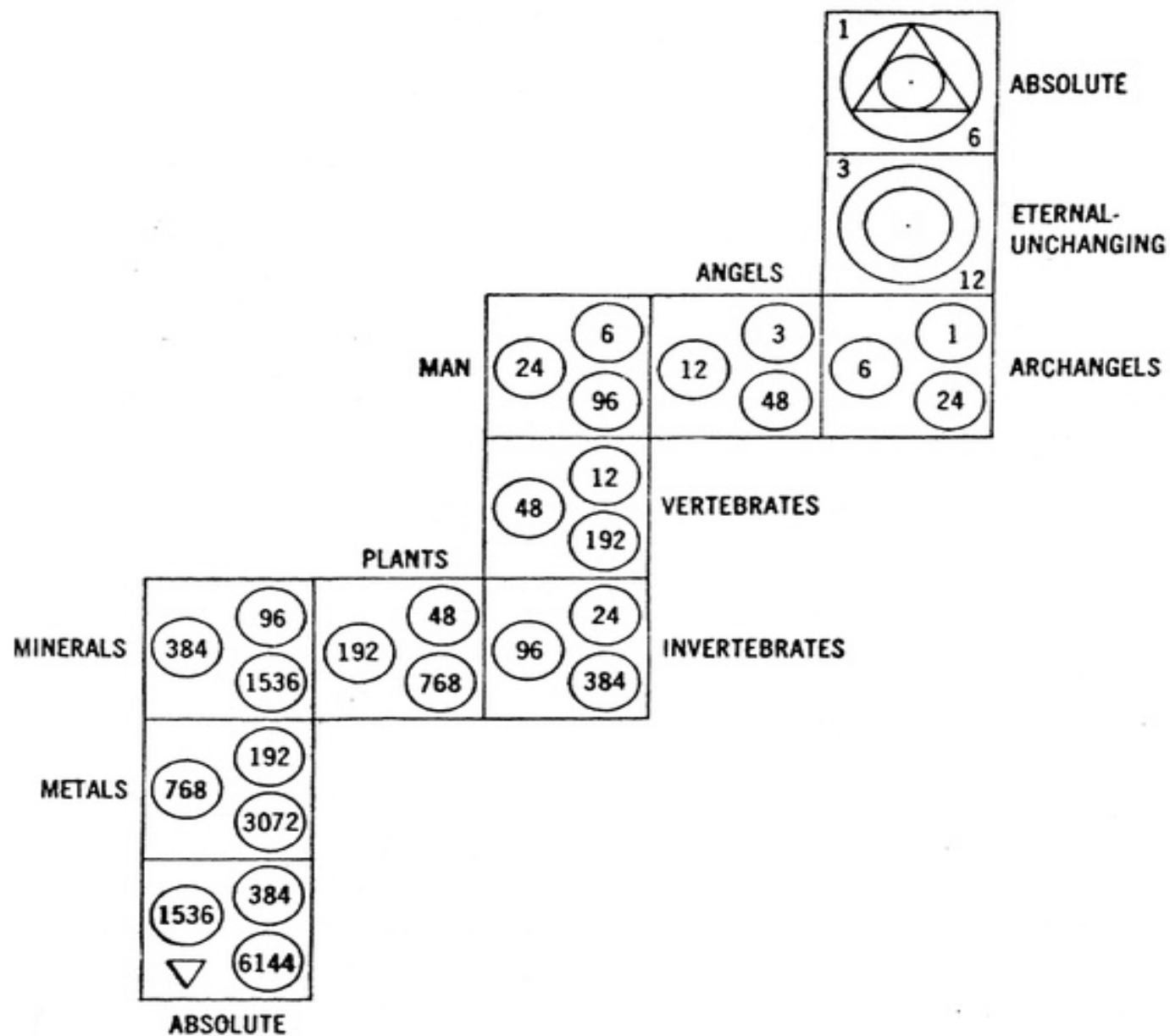


FIG. 58