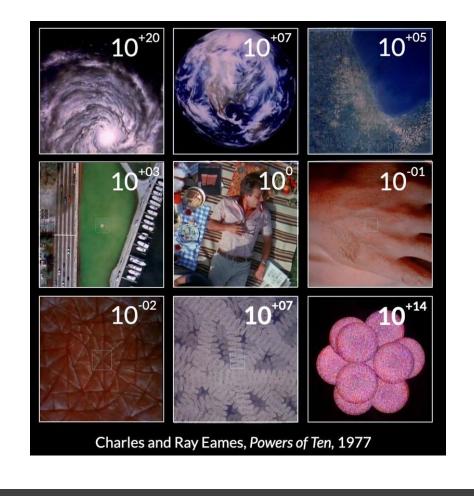


HOLY REMEMBERING

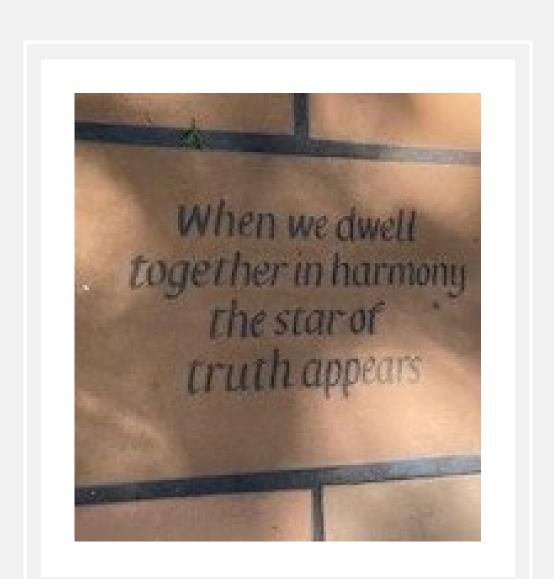
Our World, Our Earthly Home





GOD SAW....THAT IT WAS GOOD

Remembering OUR basic core of goodness as the new beginning



It is possible to feel great harmony the harmony projected from above within which all real work must take place. Without that feeling, we become lost in preoccupation with ourselves.

I feel that 'harmony' is something which is actually being made possible for us now. A new secret (story), on a tremendous scale. The science and art of **realizing on earth what Christianity revealed in Heaven**.

Rodney Collin, The Theory of Conscious Harmony



Perceive harmony between man, the world, nature, your friends, the stars and God.

Recognize your companions along the way

Recognize that spiritual unity already exists; outside time and space

Cultivate purity of heart and harmony among the functions

Work and Pray- the rest will come by itself

Rodney Collin, The Theory of Conscious Harmony



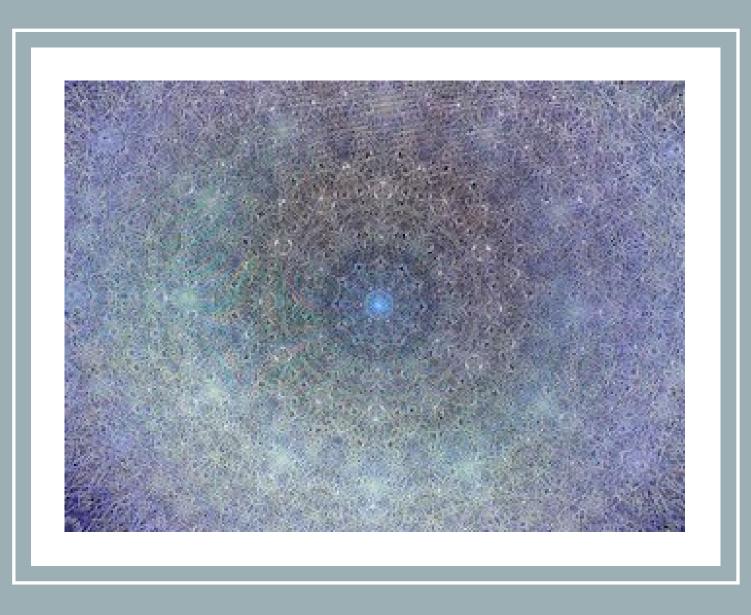
Francis of Assisi found God in the cathedral of the universe. For Francis, nature was a place of prayer, worship, and community and spiritual transformation; in this church of life, he learned to live in the widest embrace of love.

How might we learn to cultivate a capacity to listen to the voice of the world?



...wake up from the deep slumber of our isolated egocentric lives and become attuned to the universe that is our home. The new universe story is the intercommunion of life itself, of each part with the whole. Everything is in communion in the vast web of the universe. The intense communion within the material world enables life to emerge into being...**The** connector of life, what holds all the different levels of communion together, is consciousness, and consciousness is driven by love, that is, the power of attraction.

Ilia Delio, The Hours of the Universe, Reflections on God, Science, and the Human Journey



The question is not what to do but how to see. Seeing is the most important thing--the act of seeing...lt is the **attention** that gives the capacity to see. Attention is the conscious force, the force of consciousness. It is a divine force...Vision, inner vision is the liberation of an energy that is beyond thinking. It is a total awareness of life because to see is to embrace totality at the very moment.

Jeanne De Salzmann, The Reality of Being

SEEING THE WHOLE OF REALITY

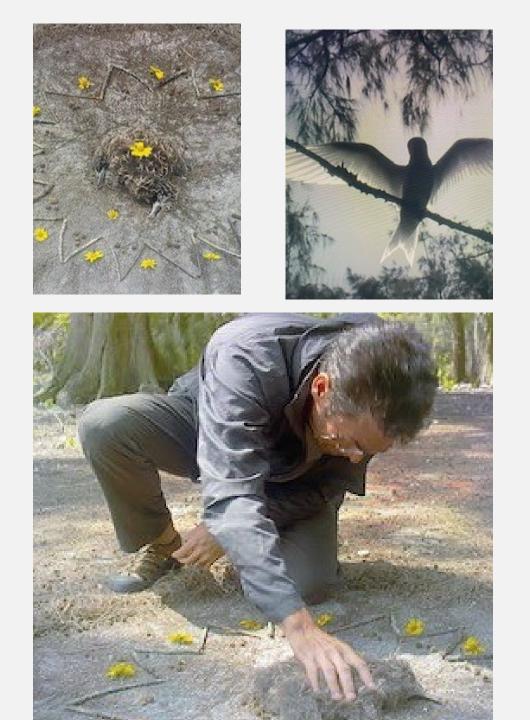
At its deepest level, the contemplative life was understood by the ancient monastics as a way of seeing(or to extend the metaphor as the monks often did, a way of listening or touching or tasting or smelling)....a way of seeing that includes but also transcends what is visible on the surface. It is a way of seeing deeply into the whole of reality, God, the world, everything and situating oneself with integrity in relation to this whole.

Douglas E. Christie, The Blue Sapphire of The Mind, Notes for a Contemplative Ecology





Absence of fear creates a sense of trust that feels like paradise





In this act of witnessing a door opens....

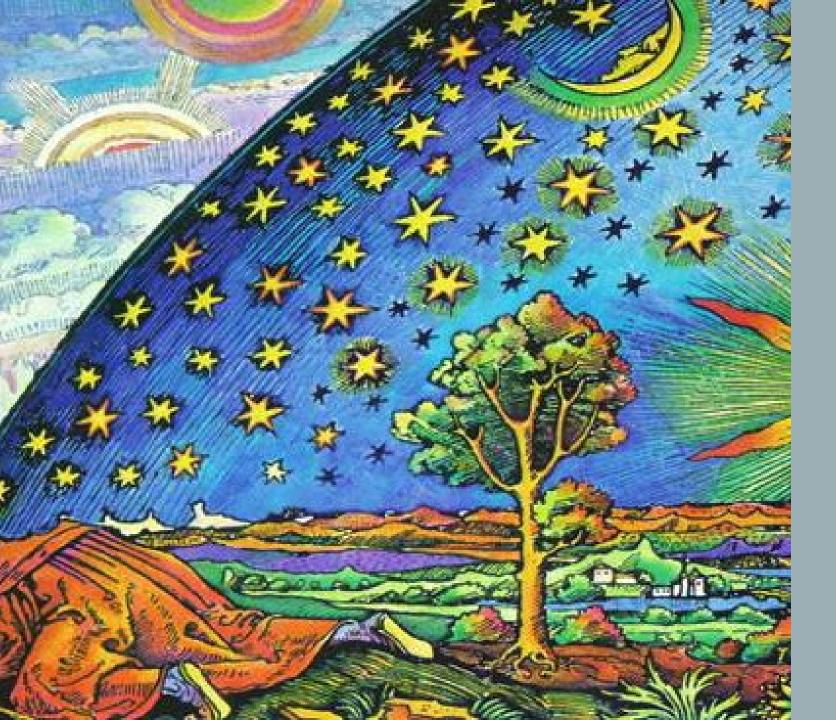


Witnessing-

Kneeling over these scenes is like looking in a mirror.

I came here as a witness with no story...

Grief is not the same as sadness or despair it is the same as love



SENSING

Becoming sensitive to the rhythm between word and silence

The practice of alert receptivity

Attention exercisesbody scan

Welcoming prayer



Emptying- Kenosis

Before they can embark on their journey there is a threshold each must cross.

They must empty themselves of all the undigestible material they were fed by their parents in order to summon their power to fly;

They must purge their interior of all that is not them.

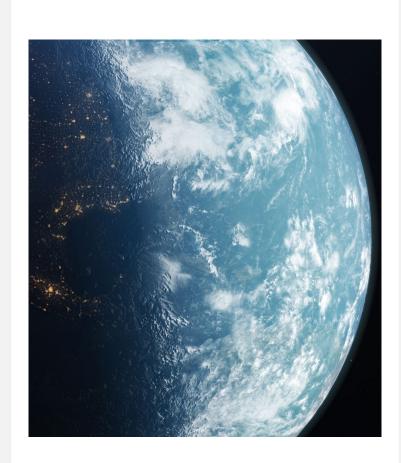
In the past it was only organic matter but now it is sharp, tangled and toxic and hard to cough up....

They are not all able but the ones that can are free to fly Why have we come together and what do we hope to do? There are two questions to be answered here.

One is what kind of person we want to be and whether we can find the means of making a step toward becoming that kind of human being.

The other is **what kind of a world we want to live in-**-for ourselves, our children, and our children's children. Can we find here the way to make some contribution to creating that world?

J.G. Bennett, Needs of a New Age Community



The contemplative is one who cultivates a consciousness of eternity in the present moment precisely through attention to the end of all things.

Douglas E. Christie, The Blue Sapphire of The Mind, Notes for a Contemplative Ecology.



Contemplative Work Ideas:

Purification of the emotional center/Unloading of the Unconscious

Regular daily rest in the silence of God's love- CONSENT to God's Presence and Action

The grunt Work- self-observation, nonidentifying and Selfremembering

Observing our emotional programs for happiness, bringing them into the light.

Welcoming God's Presence and action into sensations in our bodies

Evacuating the undigested material of a lifetime, bringing it up, releasing it to God

Prayer- the sharp, tangled pieces are harder to evacuate ...we take these to prayer into relationship with LOVE

Grief and gratitude-The gift of tears= LOVE

"I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from our flesh and give you a heart of flesh. Ezekial 36:26 Be still and know

IAM



If a person's desire is to love and obey what is highest, it will bring him straight to what he loves. It is important to have vehicles to bring you to what you desire(wings)...

Remember what you want.

I Wish

Our Work matters...

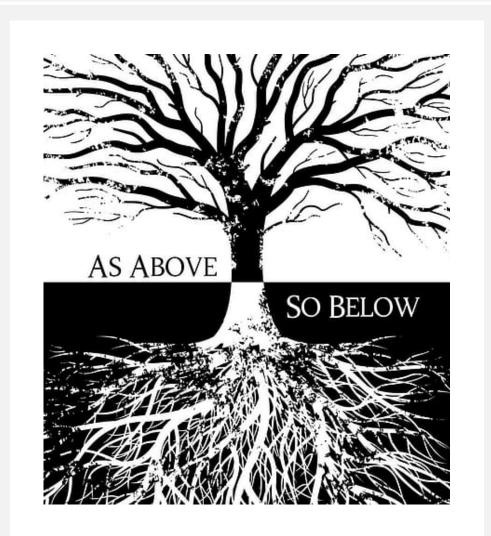
May all my thoughts of growth and love and compassion and positivity come through

And may all the negative thoughts be neutralized

May all those thoughts from others that will in some way be encouraging to my own growth and unfoldment come through

And my any negative thoughts be transformed by the light and a blessing go back to the sender.

I CAN WORK



We live in the questions, transformed as Spirit's movement WE SOAR in our Earthly World...

Practicing Paradise:

Reimaging the world as **whole** and alive

Learning to see and cherish the world, even in its degraded condition, as **whole**

Feeling oneself participating deeply in the mysterious **whole**, living in it, loving it...this comes through *grace*

Self-remembering- finding ourselves in Christ and hence in paradise!

