

CONSCIOUS LABORS, BEING DUTY AND MANIFESTATION



THE PATH

1. **Jacob's Ladder**
2. **The Ladders of the Work**
3. **Conscious Labors**
4. **Why we cannot remember ourselves**
5. **What is Being?**
6. **Being Duty and Manifestation**
7. **Feeding The Moon**





JACOB'S LADDER

10 And Jacob went out from Beersheba, and went toward Haran.

11 And he lighted upon a certain place, and tarried there all night; because the sun was set; and he took of the stones of that place, and put them for his pillows, and lay down in that place to sleep.

12 And he dreamed, and behold a ladder set up on the earth, and the top of it reached to heaven: and the angels of God ascending and descending on it.

13 And, behold, the Lord stood above it, and said, I am the Lord God of Abraham thy father, and the God of Isaac: the land whereon thou liest, to thee will I give it, and to thy seed;

14 And thy seed shall be as the dust of the earth, and thou shalt spread abroad to the west, and to the east, and to the north, and to the south: and in thee and in thy seed shall all the families of the earth be blessed.

15 And, behold, I am with thee, and will keep thee in all places whither thou goest, and will bring thee again into this land; for I will not leave thee, until I have done that which I have spoken to thee of.

16 And Jacob awaked out of his sleep, and he said, Surely the Lord is in this place; and I knew it not.

17 And he was afraid, and said, How dreadful is this place! this is none other but the house of God, and this is the gate of heaven.

18 And Jacob rose up early in the morning, and took the stone that he had put for his pillows, and set it up for a pillar, and poured oil upon the top of it.

19 And he called the name of that place Bethel: but the name of that city was called Luz at the first.

20 And Jacob vowed a vow, saying, If God will be with me, and will keep me in this way that I go, and will give me bread to eat, and raiment to put on,

21 So that I come again to my father's house in peace; then shall the Lord be my God:

22 And this stone, which I have set for a pillar, shall be God's house: and of all that thou shalt give me I will surely give the tenth unto thee.

THE LORD'S PRAYER

**ABSOLUTE
(ENDLESSNESS)**

do

Our father who art in heaven

Interval



Hallowed be thy name

**ALL WORLDS
(Sun Absolute)**

si

Thy kingdom come

**ALL SUNS
(Our Galaxy)**

la

Thy will be done on earth as it is in heaven

**SUN
(Our Sun)**

sol

Give us this day our daily bread

**ALL PLANETS
(Our Planets)**

fa

And forgive us our trespasses

Interval



As we forgive those who trespass

**The EARTH
(Our Planet)**

mi

Lead us not into temptation

**MOON
(Our Moon)**

re

And deliver us from evil

**ABSOLUTE
(Holy, The Firm)**

do

For thine is the kingdom, the power and the glory, forever

THE LADDER OF THE PSYCHE

SUN (Our Sun)	 sol	 H12	Reason	Real 'I'	Second Conscious Shock
ALL PLANETS (Our Planets)	 fa	 H24	Essence	Steward	Self-Remembering, Self Observation
Interval					
The EARTH (Our Planet)	 mi	 H48	Personality	Deputy Steward	Magnetic Center Mechanical Behavior
MOON (Our Moon)	 re	 H96	False Personality	Many 'I's	Imagination (fantasy), Vanity, Envy, Negativity, Self-Calming, etc.

CONSCIOUS LABORS

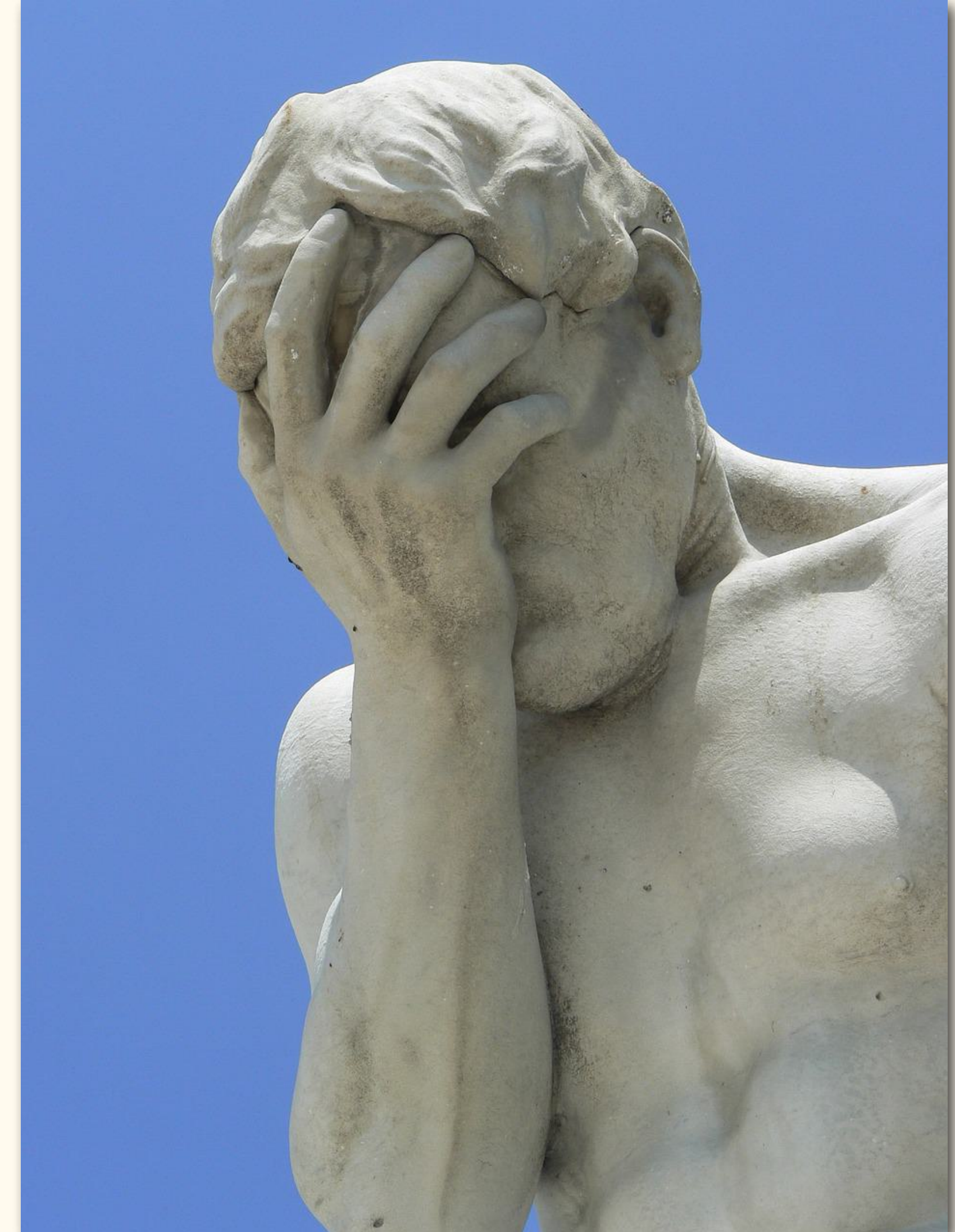
- In *The Tales*, Gurdjieff repeatedly refers to “conscious labors and intentional suffering.”
- This refers to the first and second conscious shock.
- Put simply, the first conscious shock is self-remembering and/or self-observation.
- We believe we know what self-remembering is, or at least we once did (or else we would no longer be “in The Work.”)
- But we cannot do it, even though we know how.
- This is a mystery that everyone who enters the path has no choice but to confront...



WHY WE CANNOT REMEMBER OURSELVES...

There is not one reason but many...

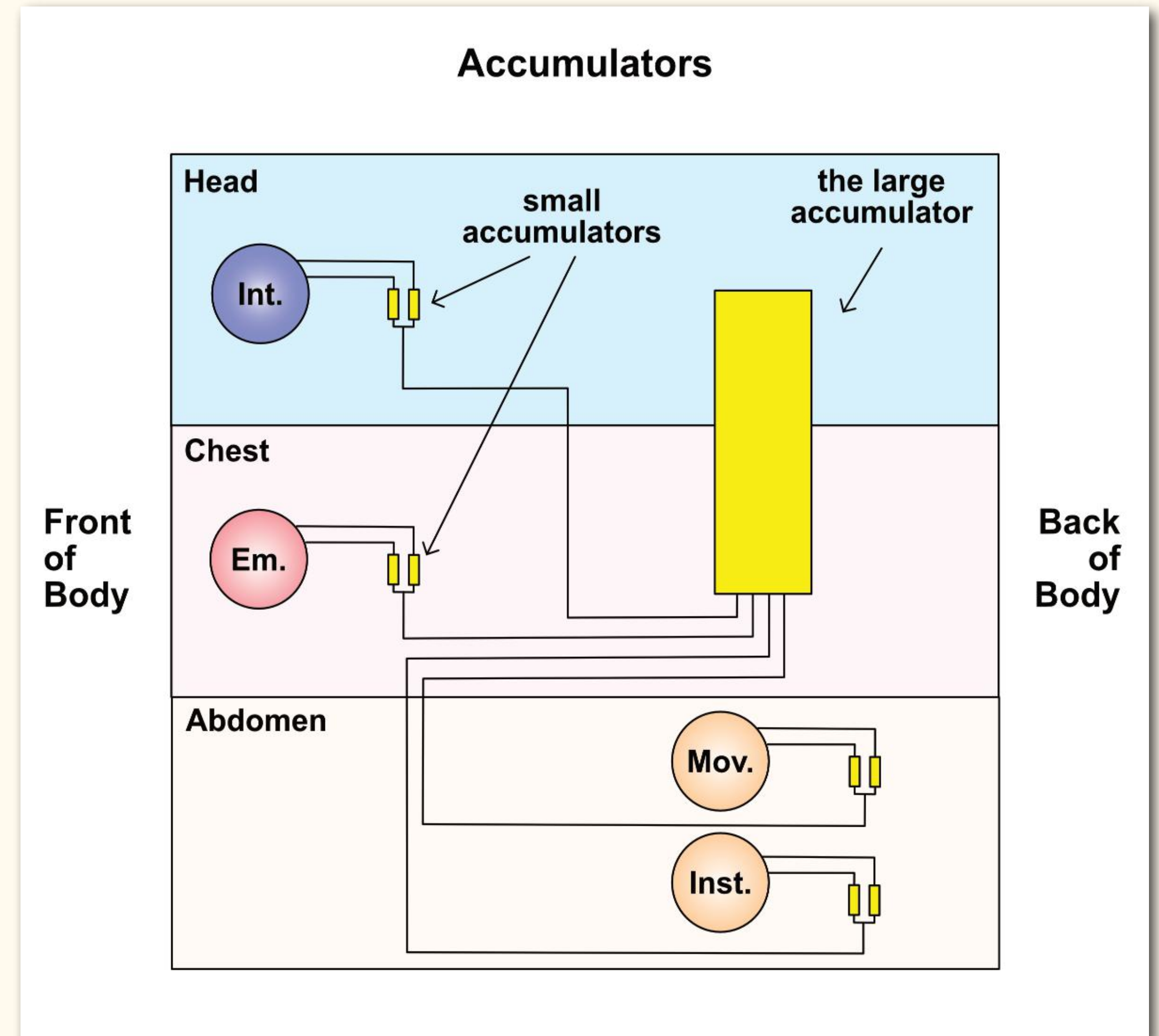
- As with all attempts to digest any of the three kinds of food, there is a two-step process:
- First we need to struggle - to be caught between “yes” and “no.”
- Only accidental results are possible unless this struggle takes place. H48 becomes H24. We may even experience presence.
- But we cannot do this for long because...
- ... our battery runs out.
- We try to remember to remember ourselves, but we learn soon enough that this does not work.



WHY WE CANNOT REMEMBER OURSELVES...

Our bodily mechanisms do not make it easy...

- We have to know this mechanism and recognize it - actually observe it.
- Self-remembering is achieved with our own energy that we have to manage - we have to economize. We have to create the energy
- But we waste our energy on...
- Judgements, keeping accounts, supporting our vanity, on our negative emotions, on inner considering, and perhaps most of all on fantasy and our identification with fantasy.
- The first obstacle is imagination. We live in imagination all the time. It is unprofitable because it is based on nothing real, like a bubble. While it exists, we see, hear, understand nothing. It prevents us perceiving reality.



WHY WE CANNOT REMEMBER OURSELVES...

Our view of our self has to change.

- We have to leave the safety of our self-calmed existence. We have to leave the stool on which we sit. This is easily said but not easily done.
- We are not what we think we are, but we love what we think we are.
- No man can be helped unless he helps himself. Everything depends on his own effort and he (that's we) are lazy. *Perhaps we will make some effort, but let's leave it till tomorrow.*
- Once you leave that comfortable position you become the "son of man."
- ...Jesus replied, "Foxes have dens and birds of the air have nests, but the Son of Man has no place to lay his head."



WHY WE CANNOT REMEMBER OURSELVES...

We do not have aim!

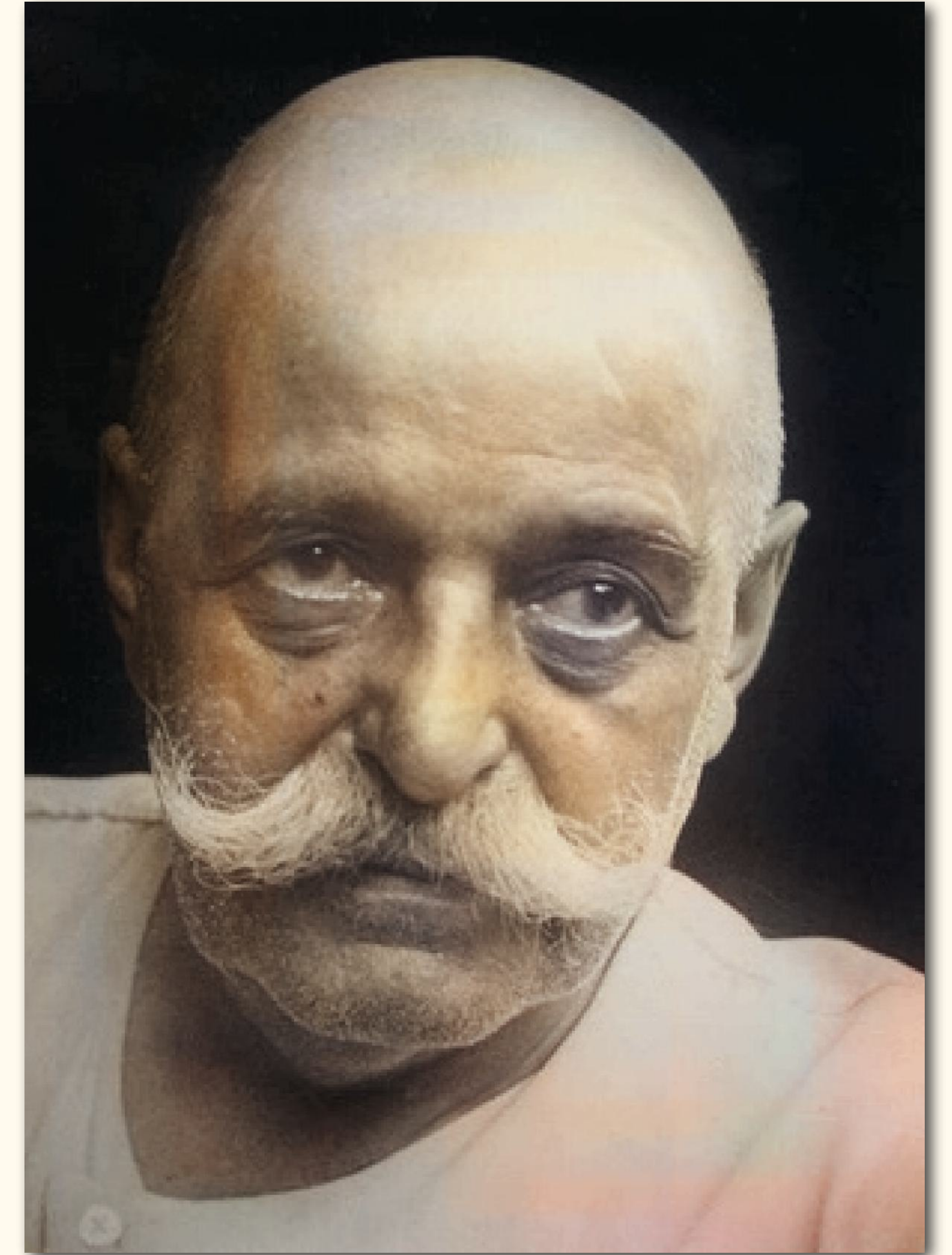
- Aim is acquired in only one way - or at least I only know one way.
- You have to begin to see what you are. And once you've seen something you must strive to see more - to see it all.
- At some point you have seen enough and AIM becomes possible.
- Until that point, conscious labor is not possible.
- Sadly the work takes place in imagination only and has no possibility of producing any result.

I could say more, but already much has been said.



WHAT IS BEING?

- In *The Tales*, Gurdjieff uses the word “Being” as an adjective (a noun adjunct) many times - over 200 times.



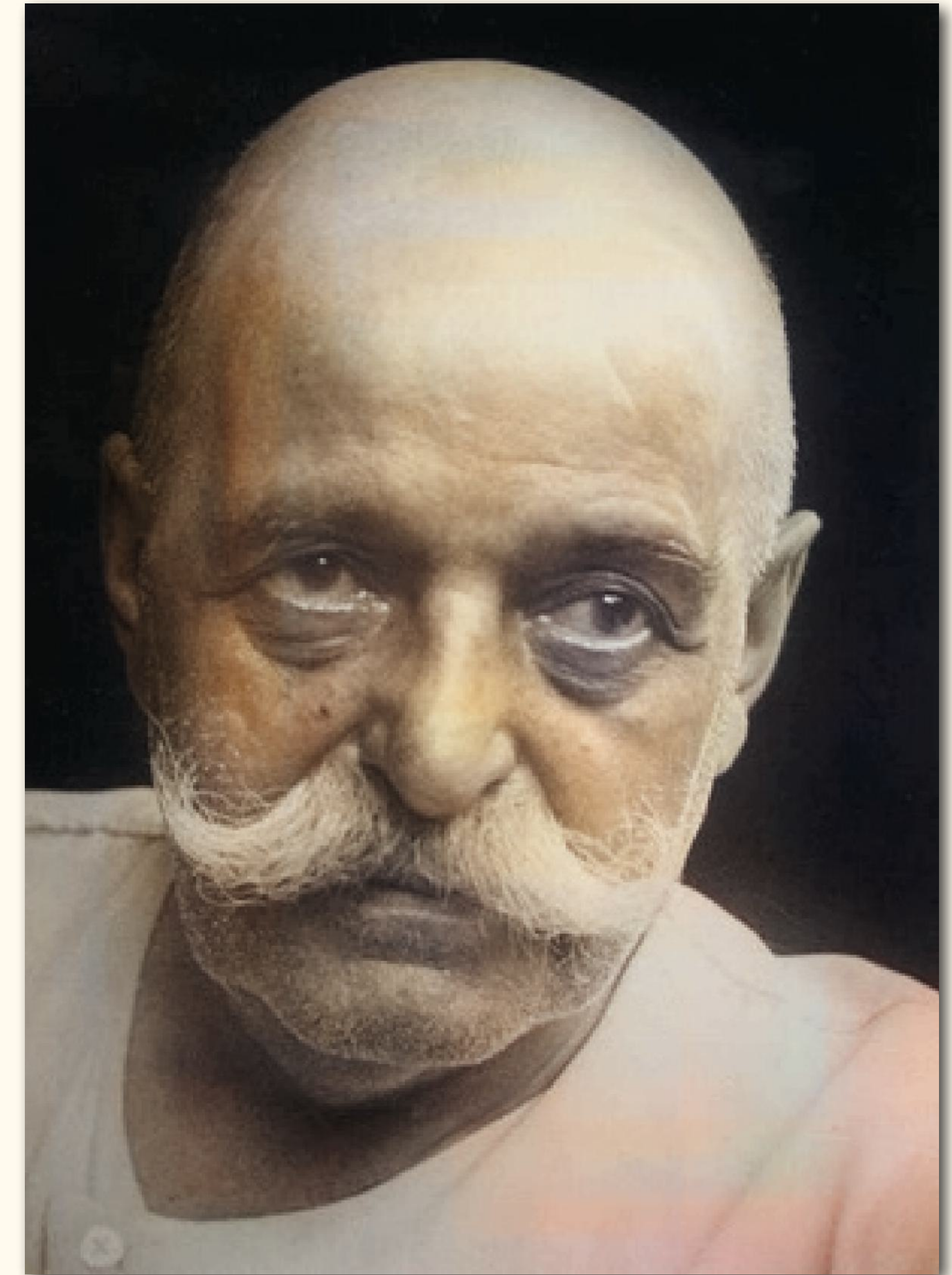
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being-brain, being-brains, being-capacity, being-center, being-centers, being-confrontative-associations, being-confrontative-logical-mentation, being-conscience, being-consciousness, being-consonance, being-contemplation, being-convictions, being-data, required-being-data, unique-strange-being-data, being-Diardookin, beings-devils, being-Dimtzoneero, being-duties, being-duty, Alnatoorornian-being-duty, being-Partkdolg-duties, being-Partkdolg-duty, being-effort, being-efforts, being-Egoaitoorassian-will, being-egoplastikoori, being-energies, being-energy, being-existence, being-existences, ordinary-being-existence, being-experiences, being-experiencing, being-experiencings, inner-being-experiencing, being-factor, being-factors, being-feeling, being-feelings, being-food, being-foods, first-being-food, second-being-food, higher-being-food, being-fulfillments, being-function, being-functions, being-Hanbledzoin, being-Havatvernonis, being-Heptaparaparshinokh, being-Hikhdjnapar, being-horizon, wide-being-horizon, being-I, being-ideas, being-Impulsakri, being-impulse, being-impulses, fundamental-being-impulse, inner-being-impulses, being-individuality, being-instinct, being-invention, being-joy, being-judgments, being-Kalkali, being-labors, being-localizations, being-logic, being-logical-confrontation, being-logical-mentation, logical-being-mentation, being-logical-reflection, being-love-of-knowledge, being-man, beings-men, beings-Greeks, beings-chiefs, beings-members, beings-subjects, being-manifestation, being-manifestations, being-mentation, form-of-their-being-mentation, beings-Microcosmoses, being-Mirozinoo, ...

WHAT IS BEING?

- In *The Tales*, Gurdjieff uses the word “Being” as an adjective (a noun adjunct) many times - over 200 times.
- Before reading *The Tales* we perhaps never encountered the word used in this way.
- In *The Tales*, ‘Being’ relates to essence mainly, because the book is addressed to your essence.
- But all three bodies can increase their level of Being.
- Work on sensation is work on Being (physical body).
- None of the aspects of personality relate to Being.
- All work on our psyche is work on Being.
- The digestion of knowledge is work on Being.
- To get to Being we have to practice doing.



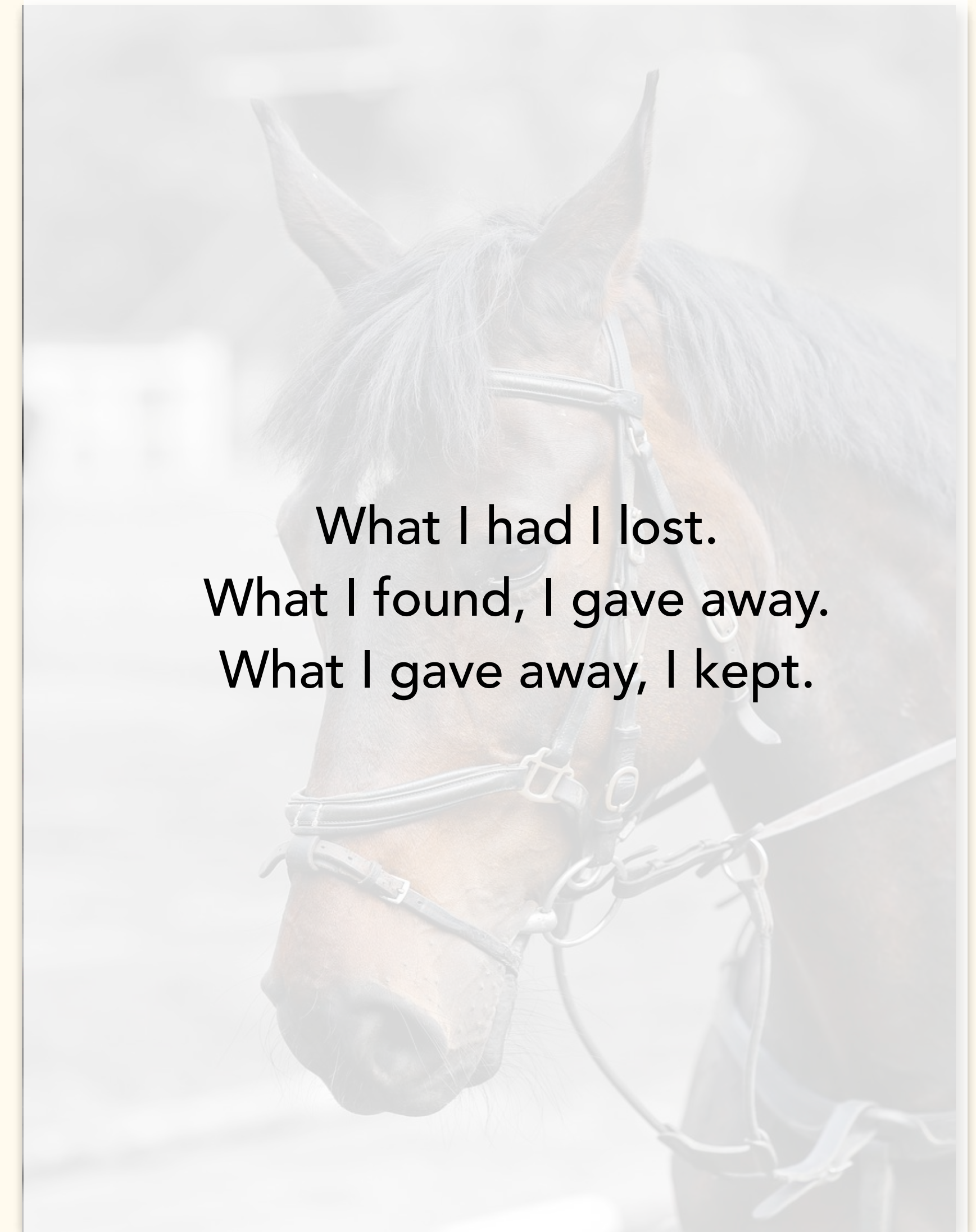
WHAT IS BEING DUTY?

- **Your first being duty is to pay for your arising.**
 - This is about your blood line. You owe those who gave you life
 - There may be debts going back for seven generations that came before you... or there may be none other than your debt to your parents
- **Your second being duty is to pay for your Oskiano.**
 - We owe the messengers and teachers who enriched us. We owe Christ, we owe Mary, we owe the disciples, we owe the many saints. We owe Gurdjieff and Gurdjieff's pupils. We owe many people whose names and life story we do not even know.
 - There is a price to be paid for knowledge. You are the price.



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 - There is a price to be paid for knowledge. You are the price.
 - You have to give it to someone else or you will lose it yourself.
 - For most of us, this is work of the Horse.



What I had I lost.
What I found, I gave away.
What I gave away, I kept.

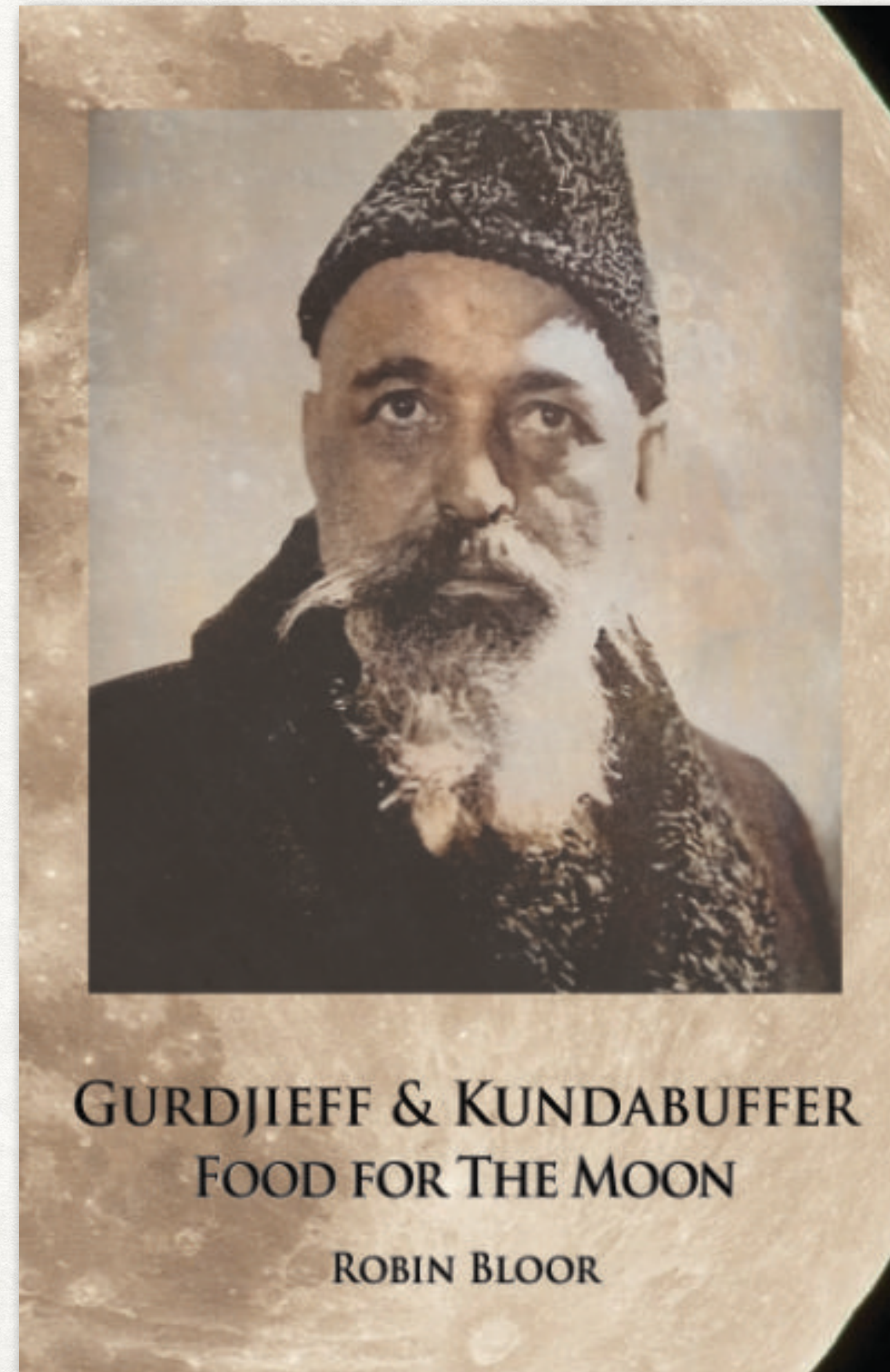
BEING-PARKTDOLGDUTY

- Being-partkdolgduty means being-duty-duty-duty, or duty in all three centers.
- It is characterized by Gurdjieff as “conscious labors and intentional suffering” - the first and second conscious shock.
- The way to the regular practice of this is through sensation (of the body) and will (in the emotional center).
- Will belongs to the horse.
- We have very little “will” and we need to develop it through duty.
- Being-partkdolgduty feeds the Kesdjan body and the body of Reason.
- It also feeds the Moon.



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You can buy the book at:
ToFathomTheGist.com

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Questions?

