

# Homework:

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What spoke to you in the email? What did not?

Study the nature of yourself. Study the nature of your being. Study the nature of your consciousness. What can you verify for yourself?

Express your gratitude for the gift of life-and these three gifts of self, being and consciousness by using them, sharing them, expanding them and delighting in them. What did you discover?





# Self, Conscience, Will and Aim

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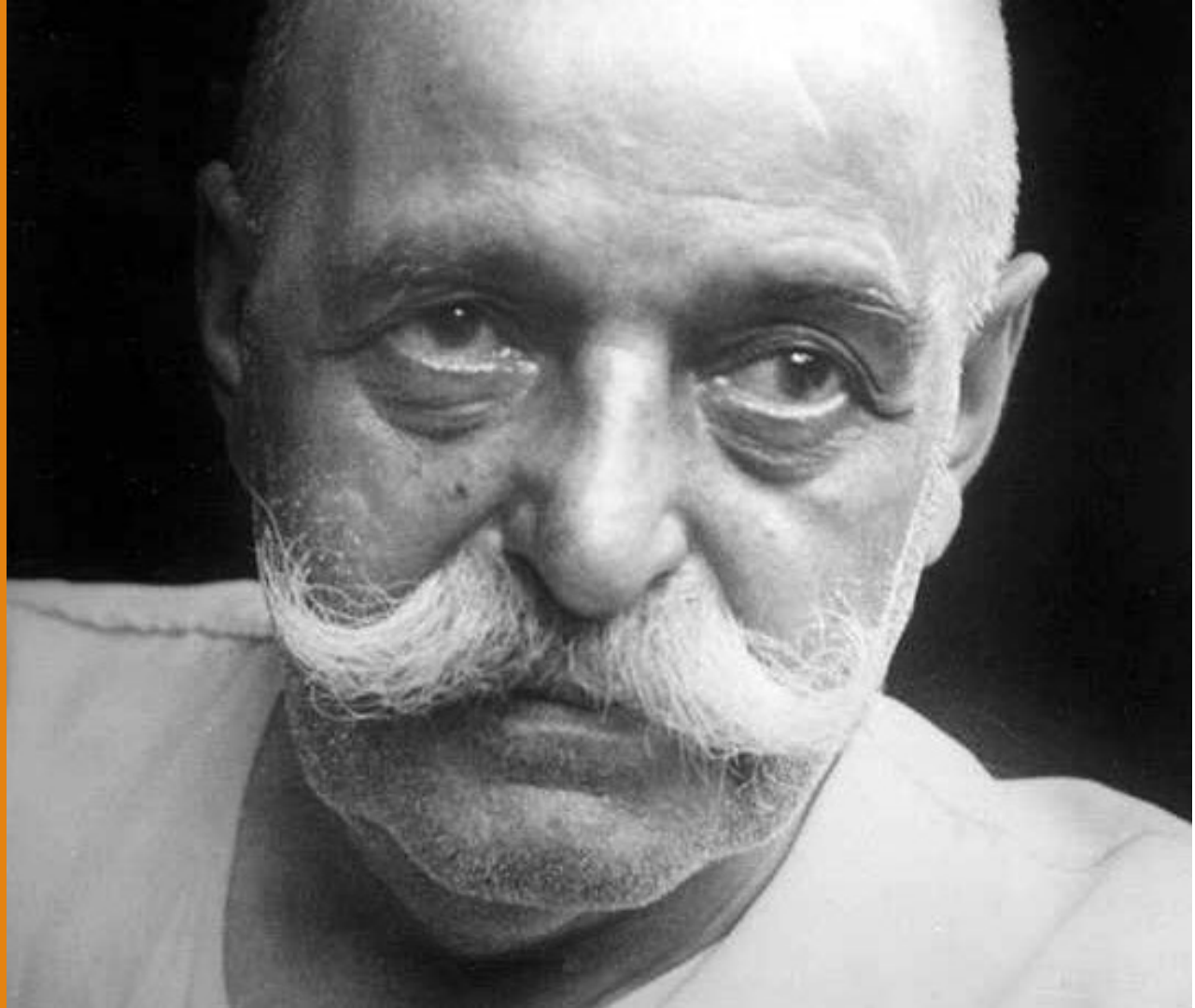
HOLY REMEMBERING



The “self-aware” subject is not final or absolute; its existence has meaning in so far as it **does not become fixated or centered upon itself as ultimate, learns to function** not as its own center but ‘**from God**’ and ‘**for others**’...what T.S. Eliot called ‘the stillpoint of the turning world.’

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*“Only he will deserve  
to be called and be in  
the true sense a son of  
God who has in  
himself Conscience  
with a capital “C”.*





# Buried Conscience

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The emotional center is the seat of our ordinary will and particularly the negative part of the emotional center (EC).

The small Will from the change in the intellectual center is not sufficient to control the will of the untrained EC for a long time

The will of the negative part of the emotional center coupled with the will of the physical body forms a powerful antagonist to the Will that is formed through the Work

The knowledge of the Work must become emotional

\*In the emotional center there is Buried Conscience...which is awakened when the ideas of the Work have entered the mind and become emotionally felt!





# Conscience

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## Real Conscience

- Gentle
- Merciful
- Does not criticize
- A very quiet seeing

....**Of Essence**

## Acquired Conscience

- Connected with what other people think
- Imitation
- Blame
- Noisy
- Guilt
- Often based on self-love, which is based on fear

...**Of Personality**



“Conscience quietly throws light,  
and it comes after Work...it comes  
in a form of very quiet  
seeing...and it brings peace...it  
points out so gently how you  
are...I think real conscience comes  
through and shows us something  
that we have half-seen for a  
time...” Beryl Pogson



“All our old ideas of right and wrong are acquired and belong to personality, but real conscience is the same for everyone. From the Work we get a different right and wrong: **what helps to awaken us is good and what puts us to sleep is evil...**”

HOW?....

To awaken to  
Conscience, you must  
begin to see the  
contradictions in  
yourself.

- The GRUNT WORK!
  - Self-observe
  - Non-identify
  - Self-remember

“YES AND...”

Welcoming  
Centering Prayer

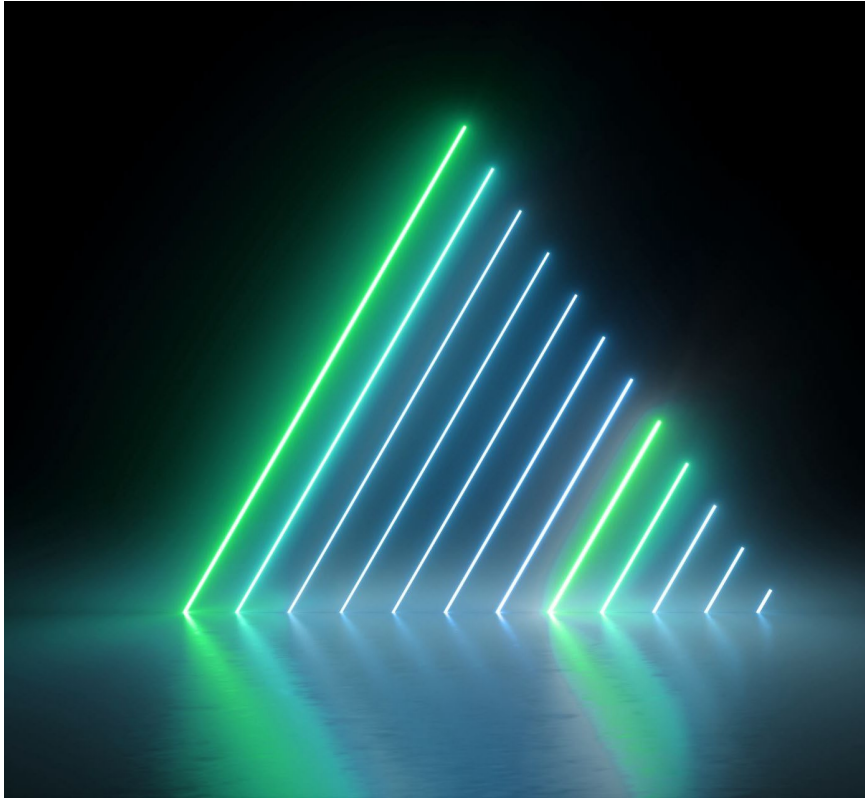


Which comes  
first?

Conscience  
or Will?

“Before conscience can be opened fully, we must have will, we must be able to ‘do’, to act according to the dictates of our conscience...”

CONSCIENCE  
DESTROYS BUFFERS,  
SO THAT MAN FINDS  
HIMSELF  
DEFENSELESS  
AGAINST HIMSELF,  
AND AT THE SAME  
TIME HE HAS NO  
WILL, SO HE CANNOT  
CHANGE, CANNOT  
DO WHAT HE KNOWS  
IS RIGHT. SO, FIRST  
HE MUST DEVELOP  
WILL...



Man is a 3 brained being; one brain for body, feeling and thinking (centers)

J.G. Bennett teaches on Function, Being and Will

**Function** = Instrument (car)

**Will** = User of the Instrument- that which is behind it all (driver)

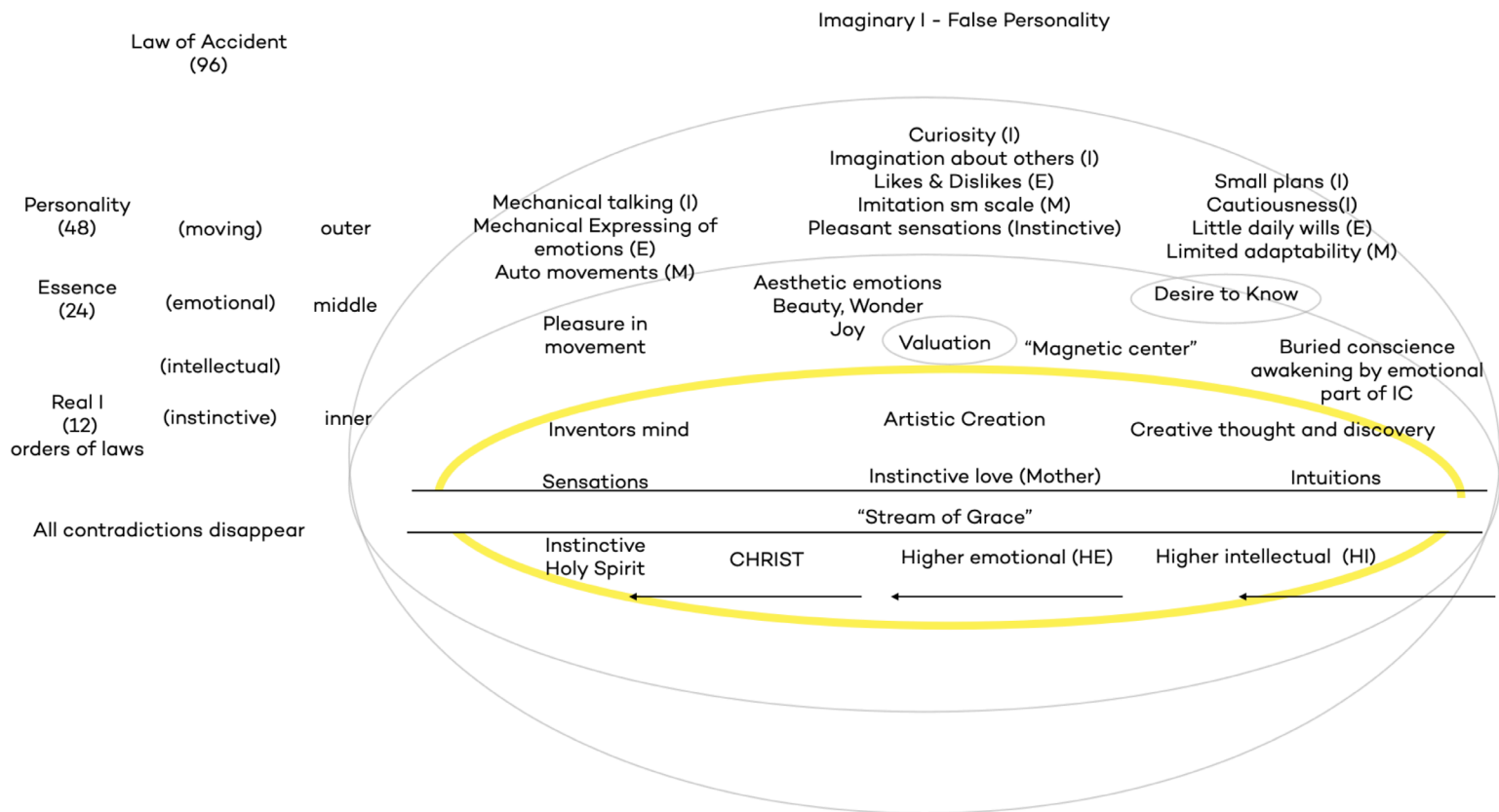
**Being** is a concentration of energies that connects the will and the function; (gas) the link, the union between the will and the function; it is capable of growing and transforming

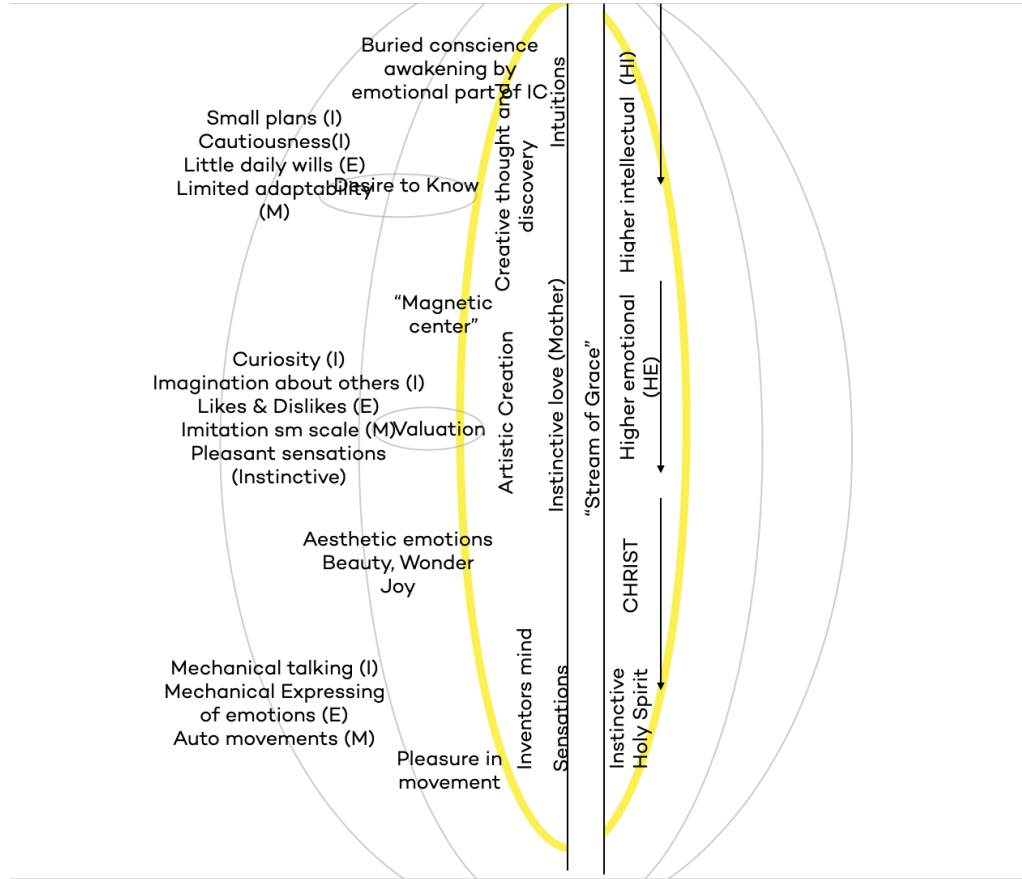


# Real Will

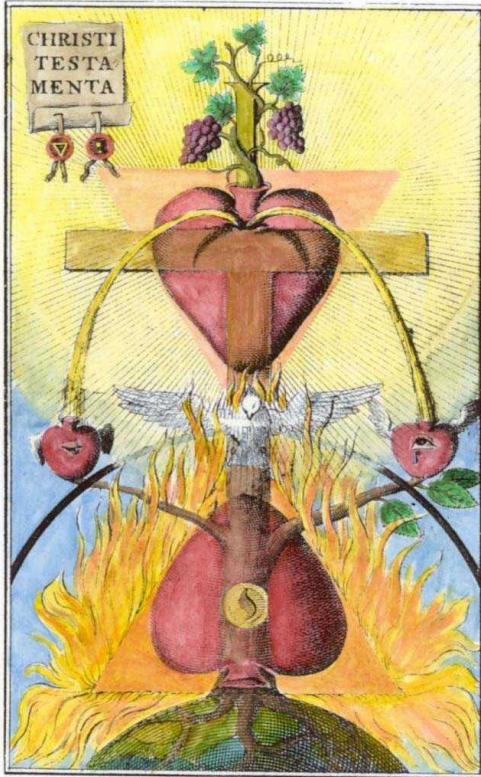
- At the level of Real I- Master
- Above life and all its desires and events
- Prevails over automatism
- Closely related to attention
- Comes from above and is full of new meanings with new ways of seeing and feeling
- Closely related to faith
- It is not effortful; it is infinitely flexible and receptive.
- It is closely related to delight











I CAN WORK

I WISH

I AM



In his last chapter of Beelzebub's Tales, Mr. Gurdjieff says, "the real definition of a Man is a being who can do."

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A creative vision releases an enormous amount of energy and can transform society beyond our wildest dreams. ...The power of the stars is nothing compared to the energy of a person whose **will has been freed** from the false-self system and who is thus enabled to co-create the cosmos together with God.

Thomas Keating, *The Mystery of Christ*







Patience is the  
“Mother” of  
Will

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- There is much to ponder herein. What has come to meet you? Perhaps an aim for the foreseeable future?
- "From the microcosmic point of view, the point of view of potentiality, 'Thy Will be done' can be taken as a prayer for the granting of a rule of inner law and order and for the attitude that will accept it" (*A Recapitulation of The Lord's Prayer*, pp. 37-38). You're invited to take this prayer into your morning practice and again each evening. What is its effect?