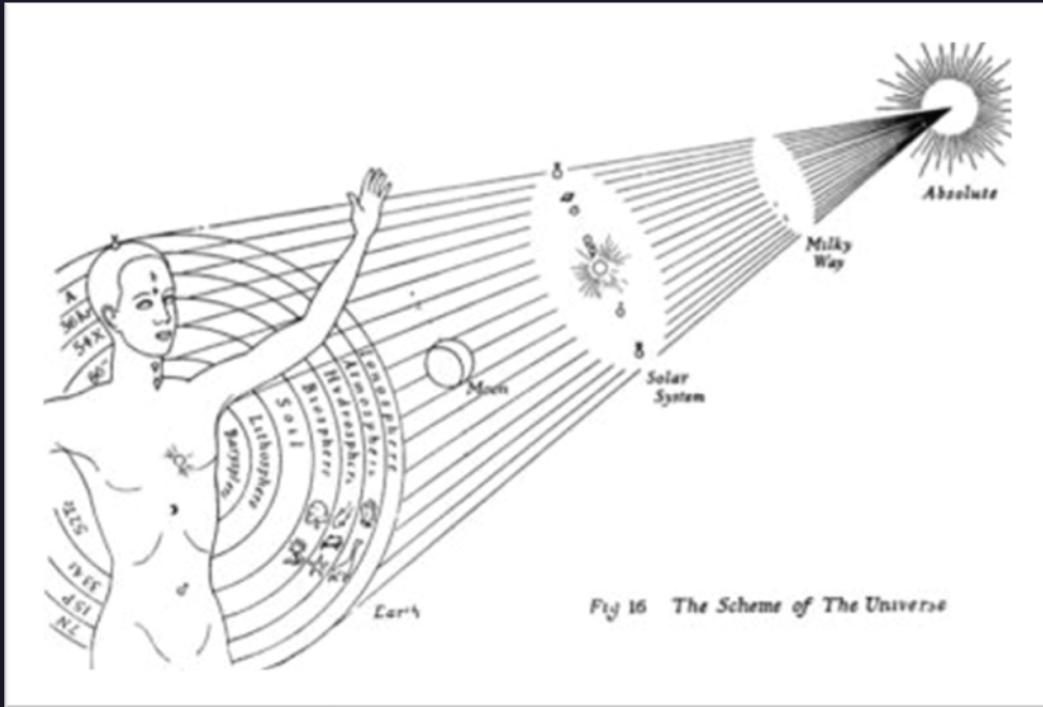


Last Week's Homework



- Does the idea and the implications of the Body of Christ open your eyes to the realization that the old, isolating ideal of self-sufficiency can no longer be sustained? Everything that matters is here: A sense of kairos – what Cynthia Bourgeault calls "the second axial awakening" – the fullness of time, the capacity to think from the whole, and koinonia, the beloved community. What is evoked for you? Where is your Work?
- How does this concept and this big idea land in your day-to-day life, practically? Where can you work with this idea, specifically, concretely, particularly?

Eucharist and Being Food

What Is Being?

Being → Ontos = to be, I am this / that







What people do not understand in most cases is the necessity for the development of their Being, or the possibility of very different levels of Being. Now, what does *Being* mean?

"A Russian philosopher, Vladimir Solovieff, used the term '*Being*' in his writings. He spoke about the being of a stone, the being of a plant, the being of an animal, the being of a man, and the Divine Being. This is better than the ordinary concept because in ordinary understanding the being of a man is not regarded as in any way different from the being of a stone, a plant, or an animal, which *exist* exactly as a man exists. In reality they *exist* quite differently. But Solovieff's division is not sufficient. I have already explained that from the point of view of the system, Man is divided into seven concepts: Man No. 1, Man No. 2, 3, 4, 5, 6, and No. 7 Man. This means *seven* degrees or categories of Being; Being No. 1, Being No. 2, Being No. 3 and so on. In addition to this, we already know still finer divisions. We know that men 1, 2 and 3 can also be very different: they may live entirely under influences 'A'; they may be equally affected by influences 'A' and 'B'; they may be more under influences 'B' than influences 'A'; they may have 'Magnetic Centre'; they may have come into contact with influences 'C'; they may be on their way to becoming men No. 4. All these states mean different levels of *Being*.

"The idea of Being entered into the very essence of thinking and speaking about Man in *religious thought*, and all other divisions of men were regarded as unimportant in comparison with this. Men were divided into saints, righteous men, good men, bad men, sinners, repentant sinners, unrepentant sinners, heretics, unbelievers, and so on. All these definitions referred to the difference in Being. In modern thought people pay no attention to Being; on the contrary, they think that the more discrepancies and contradictions there are in a man's Being, the more interesting and brilliant he can be. It is generally, although silently, admitted, that a man can be given to lying, that he can be selfish, unreliable, even perverted, and yet be a great scientist or a great philosopher, or a great artist. Of course this is quite impossible. This incompatibility of different features of one's Being, which is generally regarded as originality, in reality means weakness. One cannot be a great scholar or a great thinker with a perverted or an inconsistent mind, just as one cannot be a prize-fighter or a circus-athlete with consumption. The idea that a really good professor must always forget his umbrella everywhere needs revising. At any rate from the point of view of schools the professor would have been advised first of all to learn not to forget his umbrella. - *Commentaries*, p. 1037

What Is Being Food?

A, B, C, Influence appropriate to which you wish to become: we become what we eat

“Hydrogen” – Food of Impressions

Eucharist as a Being Food

A Means of Grace = help, energy

A Level or State changer "Do this in remembrance..."

Wholeness and Particularity, the Body of Christ and its many members

Being consumed by Christ, the divine energy, and being transformed into a different being and different way(s) of being

Next Week's Homework

Consciously partake of the Eucharist. Observe what is occurring in your body, in your emotions, in your thoughts. Ask for Christ to become available to you and in you through the experience.

As you prepare for Thanksgiving, observe your relationship with food. Notice how much power food has in your life and body. Explore what it looks like to consciously enjoy preparing and eating. Notice the opposite. What does it feel like when you unconsciously prepare and eat?

In what way is The Journey School a Being food for you? Reflect on the rich Being food this year's curriculum has provided. How are you digesting it and making the ideas a part of your knowledge and being?