

## HOMework FROM LAST WEEK

- Ponder your life in review and identify a key shock you received. Describe it. Feel it. What came of it? Perhaps a grace occurred that you can only attribute to something more than yourself; you responded and then beneficially changed your life.
- Explore the connection between a buffer and a shock – and how we are not given more than we can handle. That is one reason shocks are a kind of grace and not a torture. We tend to be ready to see and receive the shock. Then, it becomes a matter of how we digest them.
- We are asked to give ourselves the First Conscious Shock of Self-remembering daily. What does this look like?
- Read the email several times over the course of the next week. Share in your Journey Group. Attend tonight's class.



# CAUSALITY AND TIME

Reflections from my journey

## OPENING NOTE

“Another’s truth is worse than a lie, because it is two lies.” J. G. Bennet

# CAUSALITY AND TIME

## The ideas of **Causality** and **Time** are inherently linked

- Causality establishes a sequential relationship between events
  - one event being the "cause", the other the "effect"
- Time is related to “objects in motion” (events), and establishes the duration of and between events
- *Perception* of Causality and Time related to Events are relative to the position of the observer. (Relativity)

# CAUSALITY AND TIME

## Example of a Car Accident

- **Event** (Causality) – high speed vehicle collision
- **Time** – clock duration – 3-5 seconds
- Perception of the **Event** in **Time**
  - Simple Cause – Effect relationship: They lost control and hit me
    - Leads to blame, must be someone's fault
  - Time seemed to slow down, and the event to take much longer
    - So which is correct, the perception or the clock?

# CAUSALITY AND TIME

## The Work challenges our traditional Thinking

*The Law of Seven establishes a new view of Time and Events*

### The End or Aim is also the Beginning

“Curiously enough, we do not notice the continual revelation of the Law of Seven as being the Law of Order, although when we have to learn something we are learning also the right order in which to do it. Now order implies scale - one thing below another or one thing above another. Take *End, Cause* and *Effect*. Those three are on different scales like, say, *Do Si, La*. If *La* represents effect, then *Si* represents cause, and *Do* represents the cause of the cause – that is, the end or aim. When you have an end or aim in view you cannot have an effect unless in between you find a cause to produce the effect. Then the end through the cause brings itself into the effect. And if you reflect, you will see that aim must be stronger than cause, and cause stronger than effect.”

~Maurice Nicoll – Commentaries, p. 1451-2

do

**Cause of the Cause  
(The End or Aim)**

si

**Cause**

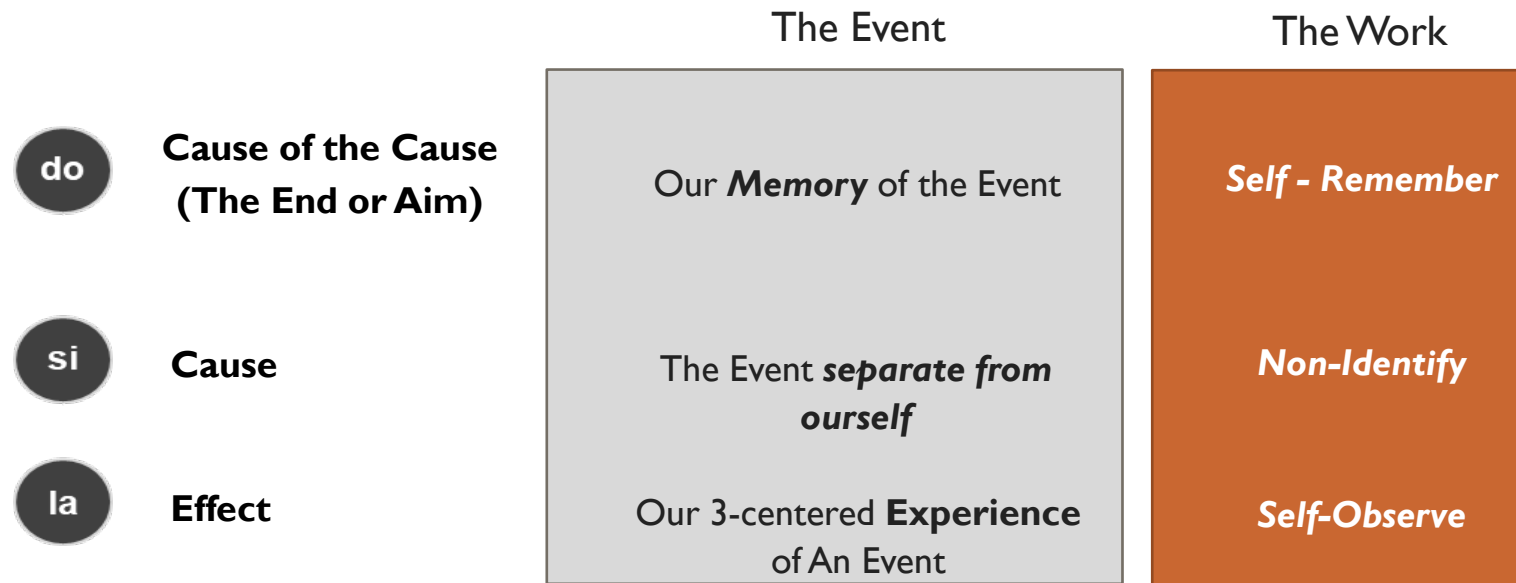
la

**Effect (The End)**

# Find the Cause of the Cause – The End or Aim

Change the position of the Observer

THE END OR  
AIM



*Completing the process is called Self-Remembering*

*Reclaiming the Memory of Who we are and Why we are here is the End or Aim of the Work.*

# HOW THIS WORKS

**Cause of the Cause (Aim)**

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**Cause**

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**Effect (End)**

**The Law of Seven in Everyday Life;  
the Octave of making this book – K. Speeth**

do Idea of book

**Shock** [Decision to proceed]

si All possible forms of book

la Particular type of book

sol Specific requirements and characteristics

fa Detailed plan

**Shock** [Materials to skill]

mi Preparation of manuscript

re Printing and publication

do Actual published book

**Thought**

---

↓  
**Transform  
Thought into  
Memories**

---

↓  
**Transform  
Memories into  
Physical Form**



## CHOICES AND TIME

“When Man was created finally after many experiments, **all possible events that could happen to him were also created.** It would be useless to create a living thing without the necessary events so that it can have a life of experience. But “**Time**” – that is, events – is not of this kind. It **can and should be accompanied by a method of selection, of choosing and discarding** of giving attention to and withdrawing attention from the incidents or events or situations that inevitably attend its apparent passage through our limited consciousness. “Time” is all there – like a countryside. But we come on it bit by bit and we pass through it according to our state. If we add conscious state to mechanical state or blind reaction to events, then we are at a higher level of being, and then we can begin to realize that **some events should be contracted – even squeezed up and thrown away – and some should be left as they are and some expanded with all one’s powers of inner work and Self-Remembering.**” M. Nicoll Commentaries, p. 427

# WHY ITS SO DIFFICULT



**CHOICES**



*Increasing complexity*

## The Law of Seven in Everyday Life; the Octave of making this book – K. Speeth

		do	Idea of book
		<i>Shock [Decision to proceed]</i>	
	3	si	All possible forms of book
	6	la	Particular type of book
	12	sol	Specific requirements and characteristics
	24	fa	Detailed plan
		<i>Shock [Materials to skill]</i>	
	48	mi	Preparation of manuscript
	96	re	Printing and publication
		do	Actual published book



# WHAT IF THE BOOK IS OUR STORY?

Where are we in the process?

# THE STORY OF OUR LIFE



We are Here

The Law of Seven in Everyday Life;  
the Octave of making this book – K. Speeth

do Idea of book

*Shock [Decision to proceed]*

si All possible forms of book

la Particular type of book

sol Specific requirements and characteristics

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*Shock [Materials to skill]*

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## The “Book of Creation”

A New Life

*Shock [The Will of God]*

All Life

All physical Life

All human Life

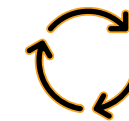
Our individual Life

*Shock [Birth, Personality and forgetting]*

Write our Life

Live our Life to the End

End this life, Begin A New Life



# THE STORY OF OUR LIFE

We must Remember our Beginning before we can write the Ending

## The “Book of Creation”

do A New Life

**Shock** [The Will of God]

si All Life

la A physical Life

sol A human Life

fa Our individual Life

**Shock** [Birth, Personality and forgetting]

mi Write our Life

re Live our Life to the End

do End this life, Begin A New Life

We are Here



We must Remember our Life  
The Octave of The Work

**THE OCTAVE OF THE WORK**

<ul style="list-style-type: none"> <li>do Higher Intellect</li> <li>si Impartibility</li> <li>la Conscience</li> <li>sol Purification</li> <li>fa Aim</li> <li>mi Personal Difficulties</li> <li>re Applies from the external</li> <li>do Personalizes the ideas</li> </ul>	<ul style="list-style-type: none"> <li>• Connection to the higher intellectual center can occur here if true purification (not was achieved unity) is the outcome</li> <li>• The impartiality complements the emergence of conscience – purification may complete at this point.</li> <li>• Objective conscience can begin to manifest and purification continues.</li> <li>• True aim leads to purification – this is purgatory. However this is the Harard-Aoat. Success is uncertain.</li> <li>• An Aim is formulated based on personal knowledge acquired.</li> <li>• Realization of personal difficulties – lack of unity and mechanical behavior. The mi-is internal occurs at this point.</li> <li>• Applies the ideas to oneself, personally demonstrating their importance. Valuation of The Work increases.</li> <li>• Receives the ideas of the Work, by books, video or verbally. (Like all the notes, this note repeats many times)</li> </ul>	
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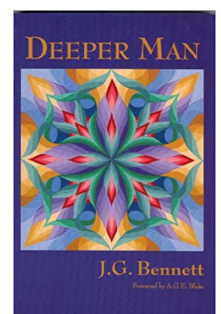
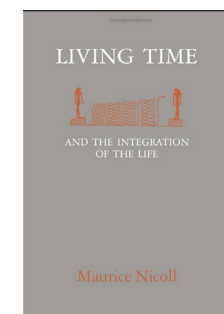
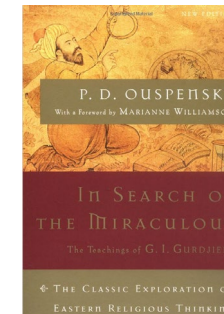
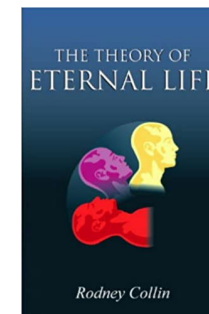
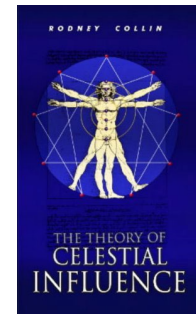
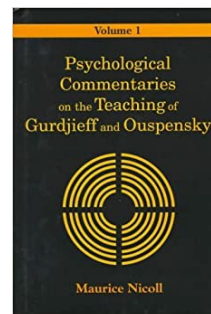
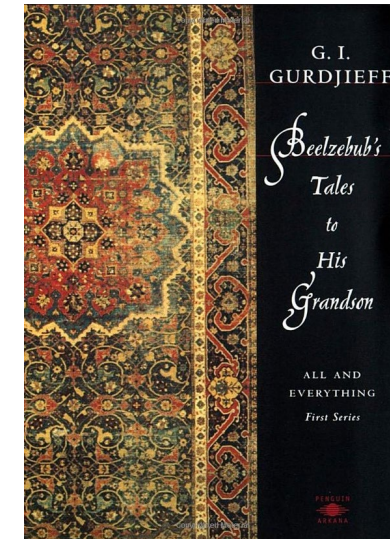
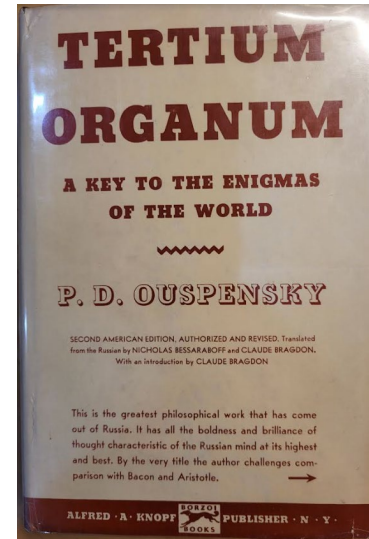


## MY EXPERIENCE OF THE WORK

### Time Body

- Remembering the Past can change the Present
- Remembering the Future is conscious creation
- Keys to Remembering – Making Payment
  - Study and Apply the ideas of The Work
  - Write it down
  - Ask for help

# STUDY AND REMEMBERING



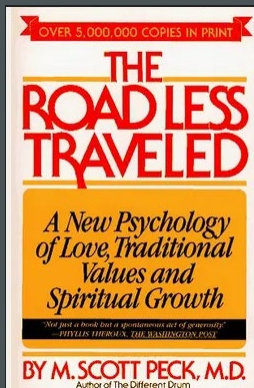
THE  
EXPERIENCE

The Fortune Teller





# THE BEGINNING



## My Takeaways

Everyone needs psychological therapy.

Our purpose is to live the life of Christ.

## My initial reaction

Not me!

Yes! That seems hard.  
***How do I do that?***

# THE BEGINNING

Awakening of the Magnetic Center brought me to The Work

## Remembering My Aim

do Live the Life of Christ

**Shock** [*Finish the Story, Live the Life I Chose*]

si **The Work Octave**

la Leave Catholic Church and Find CCH

sol Fortune Teller opened my Mind

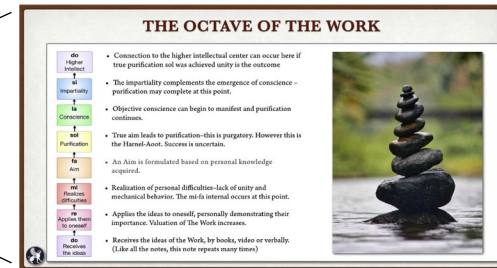
fa How do I live the life of Christ?

**Shock** [*The Idea of Psychotherapy and Christianity*]

mi Sensing the difficulty of the Path

re Saying "Yes"

do Idea – Live the Life of Christ, Serve Others



THE END

Do The Work, Write the Ending,  
Live the Life

## Remembering My Big Aim

do Live the Life of Christ

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# THE END – A NEW LIFE

## Remembering My Big Aim

**do** Live the Life of Christ

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## A New Life

**Live the Life of Christ**

**Conscious Choice**

**A Life of  
Compassionate  
Service to Others**

# WHERE TO BEGIN

Begin with the end in mind.

Do The Work.

Study the pieces to Remember your beginning.

Write your ending and live it out.

