

A photograph of the Great Pyramids of Giza in Egypt, taken during sunset. The sky is a mix of blue, orange, and yellow, with the sun low on the horizon. The pyramids are silhouetted against the bright sky. The Great Pyramid of Khufu is the largest and most prominent, with the Pyramids of Khafre and Menkaure to its right. In the foreground, there are smaller, partially ruined pyramids. The overall scene is majestic and ancient.

THE TRINITY OF FORCES  
THE TRINITY OF BEING



# TOPICS

1. Law of Three Examples
2. Law of Three Animation
3. Law of Three - Ascend and Descend
4. The Six Processes
  1. Growth, Multiplication – Neutral
  2. Elimination, Destruction – Descending
  3. Refinement, Digestion – Neutral
  4. Crime, Disease – Descending
  5. Invention, Healing – Ascending
  6. Evolution, Regeneration – Ascending
5. The Trinities of Being
6. Summary





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*The first fundamental law of the universe is the law of three forces, of three principles, or, as it is often called, the law of three. According to this law every action, every phenomenon in all worlds without exception, is the result of a simultaneous action of three forces- the positive, the negative, and the neutralizing.*

Gurdjieff

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# LAW OF THREE EXAMPLES

Often, the neutralizing component is hard to discern

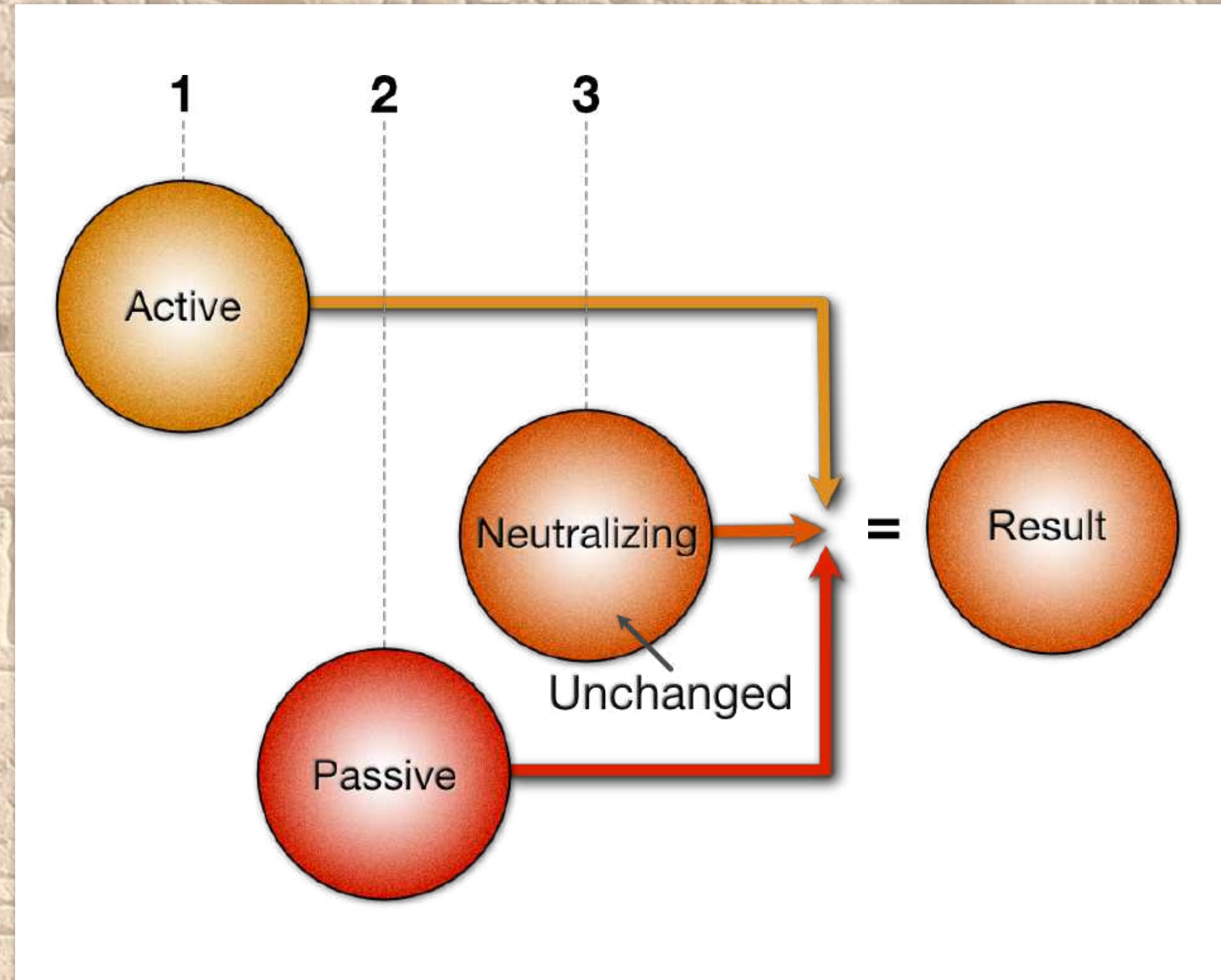
- Basic particles: Electrons, Protons, Neutrons.
- Chemical reactions: Reactant, Reagent, Catalyst.
- Colors: Red, Blue, Yellow for painters, or Red, Blue, Green for computer screens.
- Cake: Ingredients, Heat, Oven.
- Management meeting: Chairman, Agenda, Attendees.
- Shops: Shoppers, Goods, Money.
- Combustion Engine: Air, Gas, Electricity
- Father, Son, Holy Ghost





# THE LAW OF THREE

- There is an order to this.
- First the active force manifests in a substance.
- It encounters a substance where the passive or resisting force is manifesting.
- There is a third substance through which the neutralizing force manifests.
- Then the event occurs, producing a new substance that is a blending of the first two substances.
- The substance through which the neutralizing force manifests remains unchanged by the action.
- We can usually identify the resisting force (but not always). We often fail to recognize the “oil” that is the third force.









# THE SIX (OR SEVEN) PROCESSES

- To understand the six processes it helps to think in terms of a higher substance, a lower substance and a substance that contributes form to the interaction
- Think of the example of Fire, Water and a Kettle. The kettle provides form - it is form that is the third force, not the metal of the Kettle. Or think of the example of shopping for groceries; it is not the paper money but the form of money that contributes to the activity.
- There are six possible orders or action, as illustrated in the table, plus a seventh that Ouspensky described as incomprehensible to Man.
- The usefulness of these processes is that you can classify all events as belonging to one of the six. This is particularly useful in helping to understand crime and personal evolution.

#	Order of Action	Process
1	Higher, Lower, Form (A), (P), (N)	Growth Multiplication
2	Higher, Form, Lower (A), (P), (N)	Elimination Destruction
3	Lower, Higher, Form (A), (P), (N)	Digestion Refinement
4	Form, Higher, Lower (A), (P), (N)	Crime Disease
5	Lower, Form, Higher (A), (P), (N)	Invention Healing
6	Form, Lower, Higher (A), (P), (N)	Evolution Regeneration
7	All three together	Incomprehensible to the human mind





# THE SIX PROCESSES: 1. GROWTH, MULTIPLICATION

HIGHER (A), LOWER (P), FORM (N)

- A characteristic example of Growth or Multiplication is the flourishing of life when spring comes. It is driven by the Sun acting on Nature in all its variety and the result is the growth of organic life. The third force in this triad is the influence of the planets which contribute the form to life on Earth.
- A particular example is the growth of a plant from a germinated seed. The plant (higher) acts on the soil substances of Earth (lower) to create the form of plant life (which obeys the encoded DNA, which is the third force).
- The same applies to the growth of a human embryo, or a child. Intelligence acts on food of some kind to lead to growth or multiplication moderated by DNA.





# THE SIX PROCESSES: 2. ELIMINATION, DESTRUCTION

HIGHER (A), FORM (P), LOWER (N)

- Everything wears out after a time. It is a cosmic law that everything has a lifetime. At death the substances that it is composed of are freed up for use by other life. The process here is the destruction or elimination of something whether it be a building or a civilization or a person.
- It is a considered process. In the case of the death of a person, the higher (spirit or essence) no longer maintains the form of the body. The immune system ceases to function and the various substances of the body decompose. In fact they are deconstructed at the cellular level by organisms that were once symbiotes. They form the third force which destroys the physical body.
- Growth (the first process) and destruction (the second) are complementary. If some life forms grows too fast for too long (like humanity in the past 2000 years), it will inevitably be culled at some point.

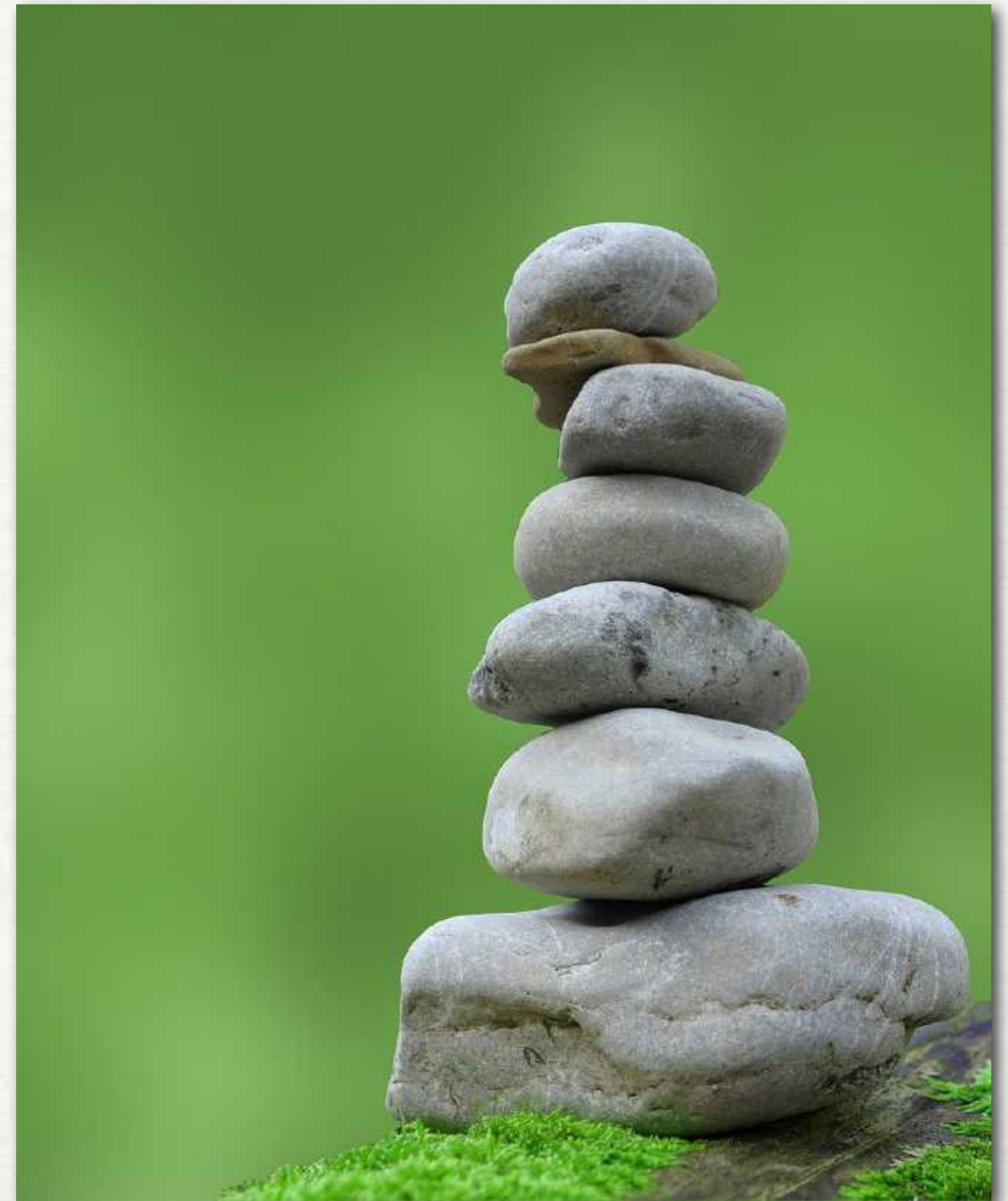




# THE SIX PROCESSES: 3. REFINEMENT, DIGESTION

LOWER (A), HIGHER (P), FORM (N)

- The action here is similar, but not identical to the process of growth. The distinction is that refinement or digestion involves the breaking down of something. When we digest meat the protein is reduced to amino acids before they can serve the function of the body. Carbohydrates are broken down into simple sugars and so on.
- We mine ores from the earth in order to refine them, to produce steel or copper or gold. The ore (the lower) is the active force combining with the machinery invented by Man the passive force to produce the refined substance. The third force in this triad is the form created by the invention of Man.





# SIX PROCESSES: 4. CRIME, DISEASE

FORM (A), HIGHER (P), LOWER (N)

- Here form, rather than passively serving, acts upon life (the higher) reducing it to a lower status or death. Revolts and revolutions are usually this kind of process no matter how well intentioned. People cease to obey authority and bring it crashing down.
- At a cellular level Cancer provides an example. Normal cells defy their usual behavior and multiply excessively bringing disease to the organism.
- Disease provoked by pathogens is similar. They overcome the stability created by the immune system reducing the body to weakness and possibly death.
- It is worth noting that this process is contagious. A single bad apple will soon destroy a whole box full. The less visible third force in this is the rebellious intention of someone or thing.
- The devil is often seen as characterizing this process.

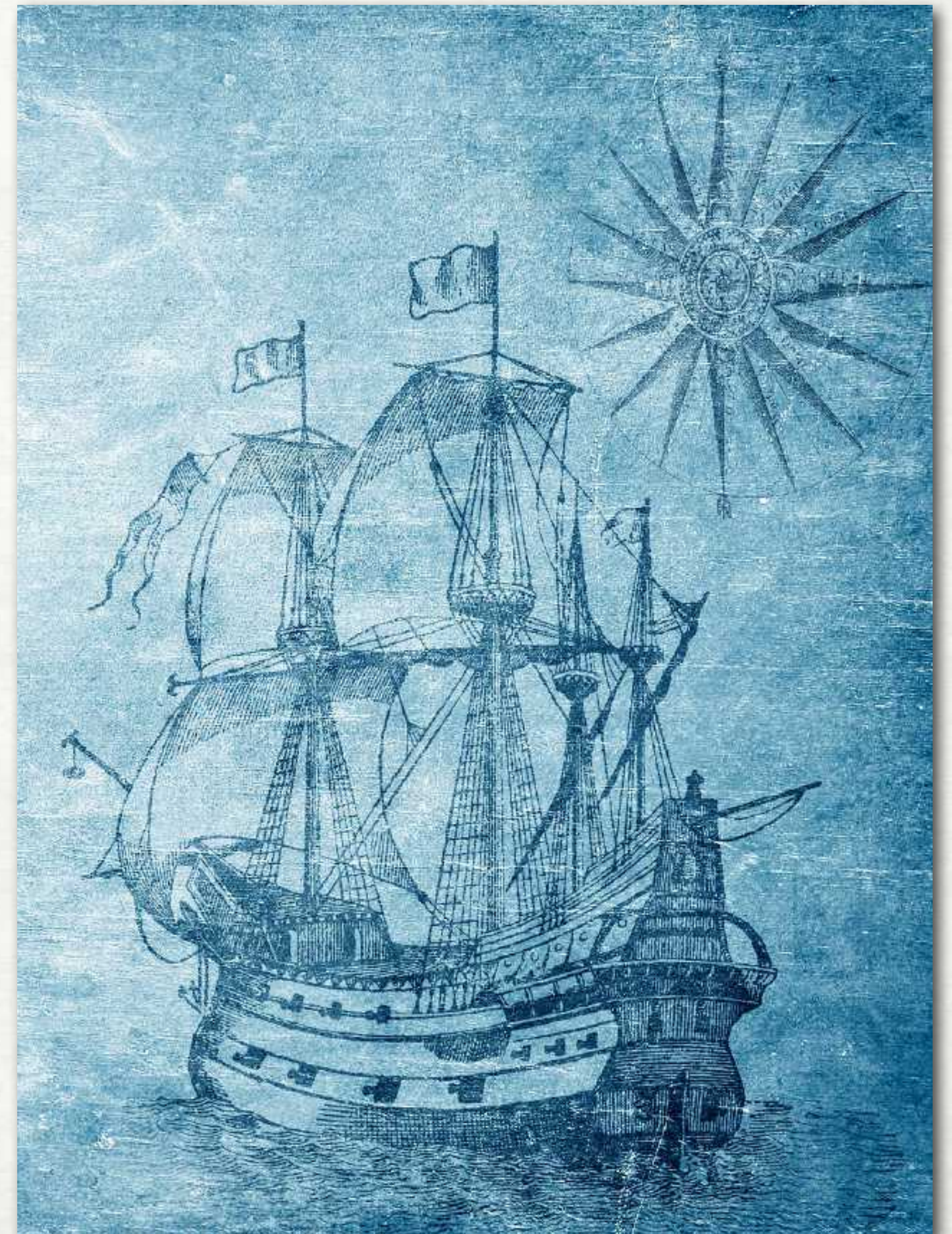




# SIX PROCESSES: 5. INVENTION, HEALING

LOWER (A), FORM (P), HIGHER (N)

- In this process the lower (an individual for example) applies a form of some kind to improve their situation.
- This is characteristic of healing activity where some medicine is applied to alleviate a disease. Other human activities such as exploration and invention are this process.
- Typically it is this process which is used to counteract crime of any kind. Just as deserts can be formed by unwise grazing (as has happened in the Southern Sahara), improved land husbandry, particularly water management and planting appropriate trees will have the opposite effect.
- The less visible aspect of this triad is the source of the inventive action, whether just to solve a problem or to heal a wound. This comes from the higher.

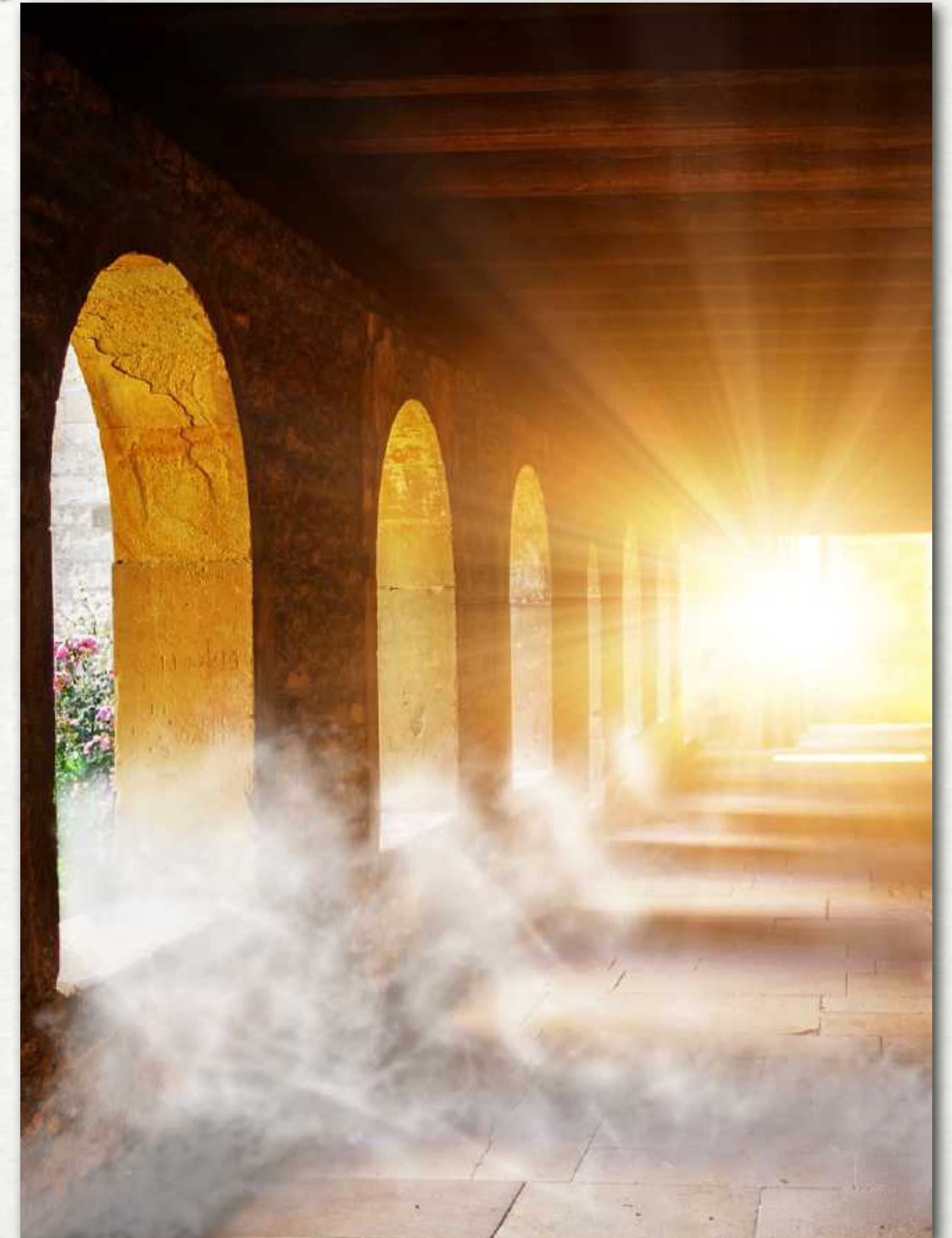




# SIX PROCESSES: 6. EVOLUTION, REGENERATION

FORM (A), LOWER (P), HIGHER (N)

- In this last process, form applies order to the lower, giving rise to an ascending movement.
- This is, for us, the most important of the sixth processes and the one we need to be fully aware of.
- Spiritual evolution is the prime example of this process. The form of The Work transmitted to us as B influence acts upon us and raises our level. The invisible third force is the knowledge that comes from higher mind which effects the transformation.
- Self-remembering is another example. By adopting a particular inner posture towards incoming impressions they become energized and raise our level. The invisible third force is the knowledge of self-remembering.





# THE TRINITY

- The Active Force is The Word or Word God, which Gurdjieff calls Theomertmalogos.
- The Passive Force, the creation of the Absolute, The Son, is the Law of Seven
- The Neutralizing Force, The Holy Ghost, is The Law of Three.

It may seem strange to think of Laws as being alive. Most likely, that is because we equate Laws with thoughts. And they are not. They are living forces.





# REPRISE

- Everything that happens, is a manifestation of the Law of Three.
- All activities are sequences of such manifestations, proceeding in ascending or descending octaves.
- There are six distinct types of Law of Three manifestations:
  - Growth
  - Destruction
  - Digestion
  - Crime
  - Healing
  - Evolution.
- All the possibilities of Man can be viewed as a series of Triples of Being – calling upon us to ascend the Ray of Creation.





# THE Q & A

