

A close-up photograph of an ancient stone sculpture, likely a Buddha or deity, showing the face and upper torso. The sculpture is made of a light-colored, weathered stone. The face is serene, with closed eyes and a slight smile. The text "THE FOUR BODIES OF MAN" is overlaid in a white, serif font with a drop shadow, centered on the face.

THE FOUR BODIES
OF MAN

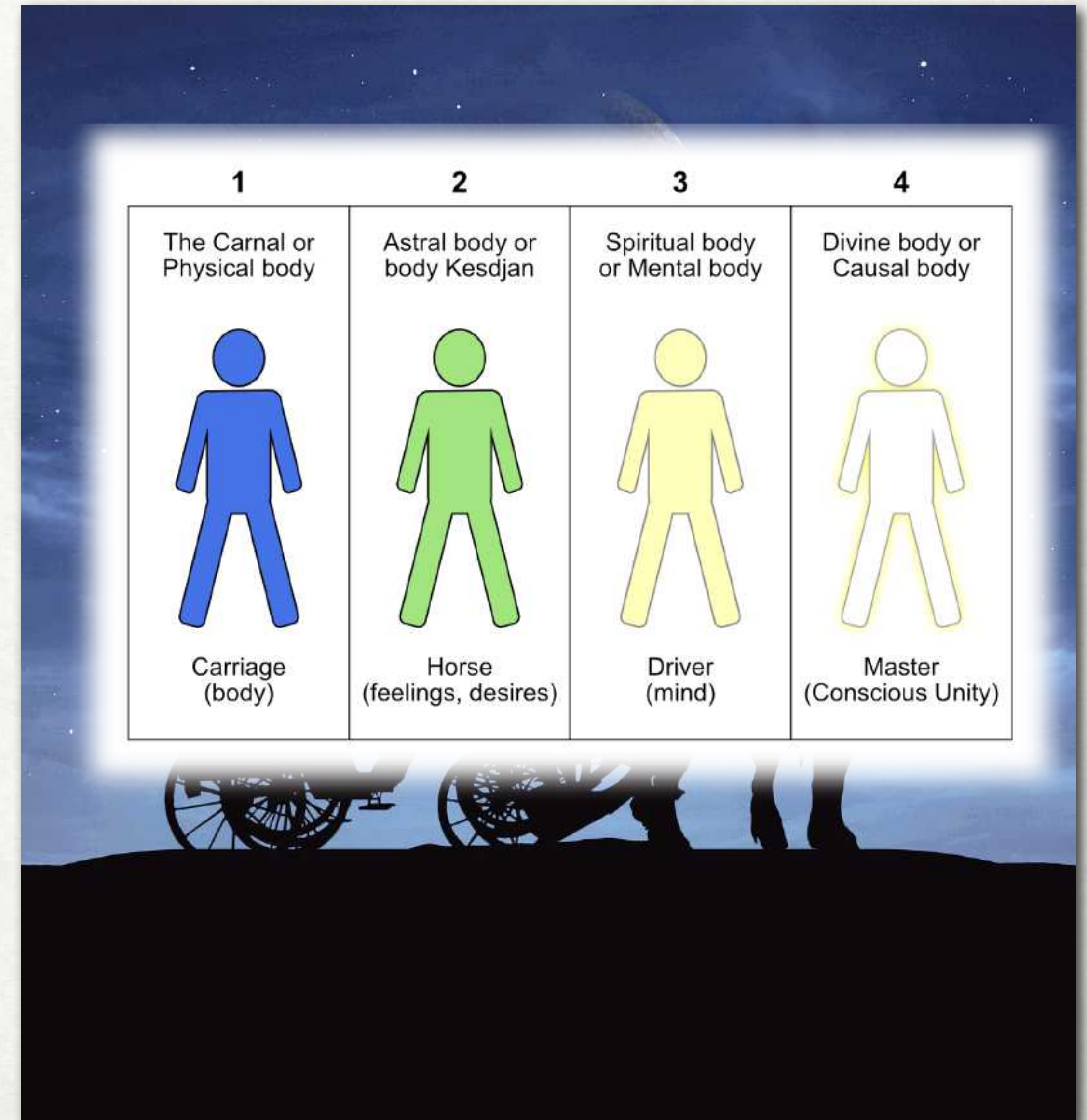
AGENDA

1. **The Four Bodies**
2. **The Relative Nature of Time**
3. **Linear Time**
4. **Circular time and Recurrence**
5. **Kairos Times**
6. **The Map of a Life**
7. **The Third Dimension of Time**
8. **The Six Dimensional Universe**
9. **The Four Bodies in Detail**



THE FOUR BODIES

- The physical body needs no introduction.
- The Astral body or body Kesdjan is the body of essence. Kesdjan means “half soul.”
- The Astral body is “what you are.” It is the master of energy and the source of feelings.
- The Mental body could also be called the body of Reason. Like Essence, it too is undeveloped.
- The divine body is formed from the marriage of the second and third bodies with the higher centers.



“

Time is the unique subjective.

Gurdjieff

”

THE RELATIVE NATURE OF TIME

- Consider the Mayfly. Its life (of two days) apparently passes 15,000 times faster than the life of man. But subjectively it lives the 70-80 years of Man.
- However at a cellular level, its cells live for a similar time period to the cells of Man. Logically, it must experience its organic processes: eating, breathing and perceiving in a different way to Man.
- Consider Nature. Its life is measured in many millions of years. The difference far greater than the difference between Man and Mayfly. Relatively speaking Man has been a feature of Nature for less than a day in the life of Nature.
- In relation to Planets and Suns the lifetime of our species is infinitesimal—the life of an individual man, very close to zero.

“Every drop of water in that decanter is in itself also a whole independent world, a world of ‘Microcosmoses.’

“In that little world, as in other cosmoses, there also arise and exist relatively independent infinitesimal ‘individuals’ or ‘beings.’

“For the beings of that infinitesimal world also, Time flows in the same sequence in which the flow of Time is sensed by all individuals in all other cosmoses. These infinitesimal beings also, like the beings of cosmoses of other ‘scales,’ have their experiences of a definite duration for all their perceptions and manifestations; and, also, like them, they sense the flow of Time by the comparison of the duration of the phenomena around them.

“Exactly like the beings of other cosmoses, they are born, they grow up, they unite and separate for what are called ‘sex-results’ and they also fall sick and suffer, and ultimately like everything existing in which Objective Reason has not become fixed, they are destroyed forever.

“For the entire process of the existence of these infinitesimal beings of this smallest world, Time of a definite proportionate duration also ensues from all the surrounding phenomena which are manifested in the given ‘cosmic-scale.’

“For them also, Time of definite length is required for the processes of their arising and formation as well as for various events in the process of their existence up to their complete final destruction.

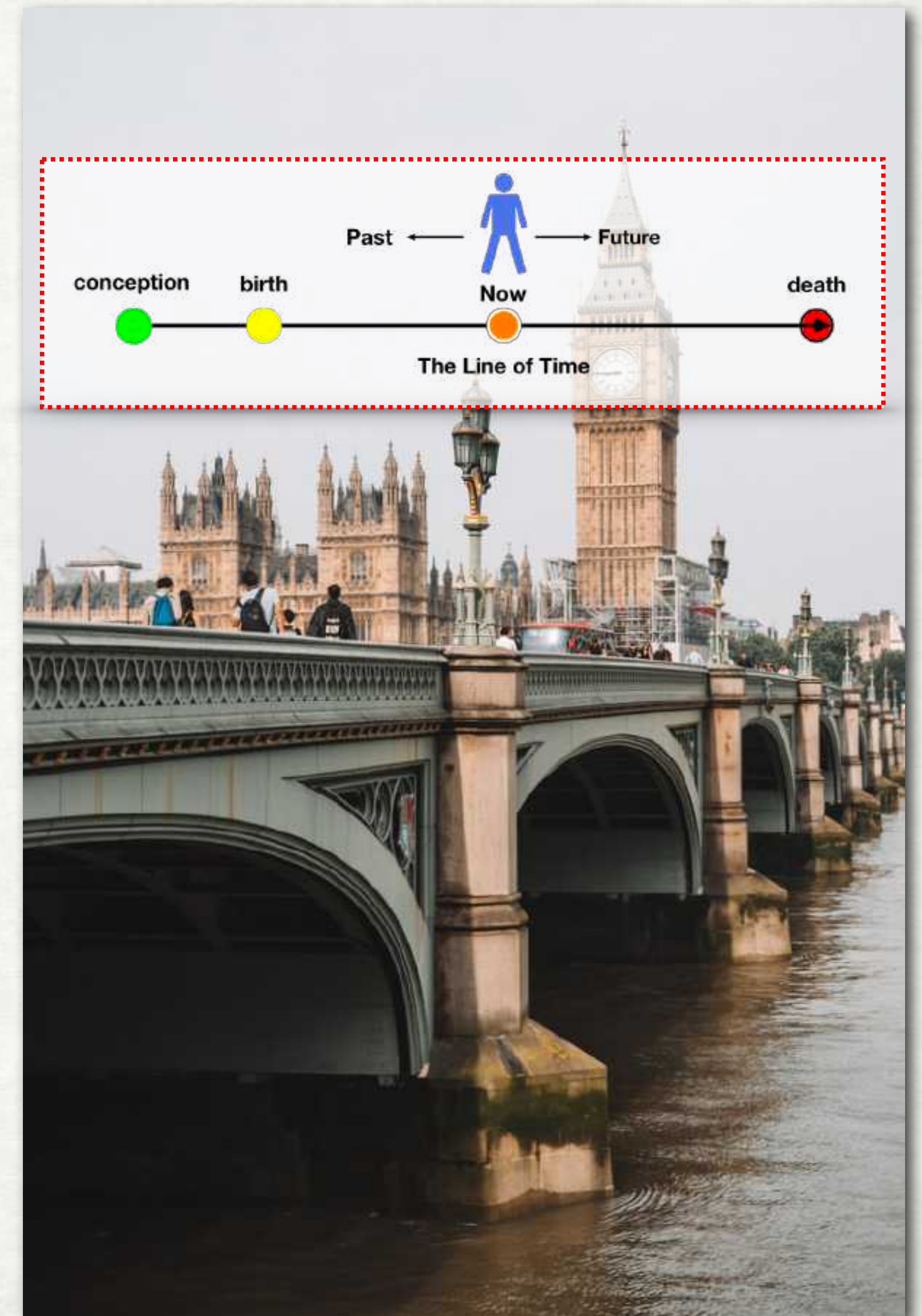
“In the whole course of the process of existence of the beings of this drop of water also, corresponding sequential definite what are called ‘passages’ of the flow of Time are also required.

“A definite time is required for their joys and for their sorrows, and, in short, for every other kind of indispensable being-experiencing, down to what are called ‘runs-of-bad-luck,’ and even to ‘periods-of-thirst-for-self-perfection.’



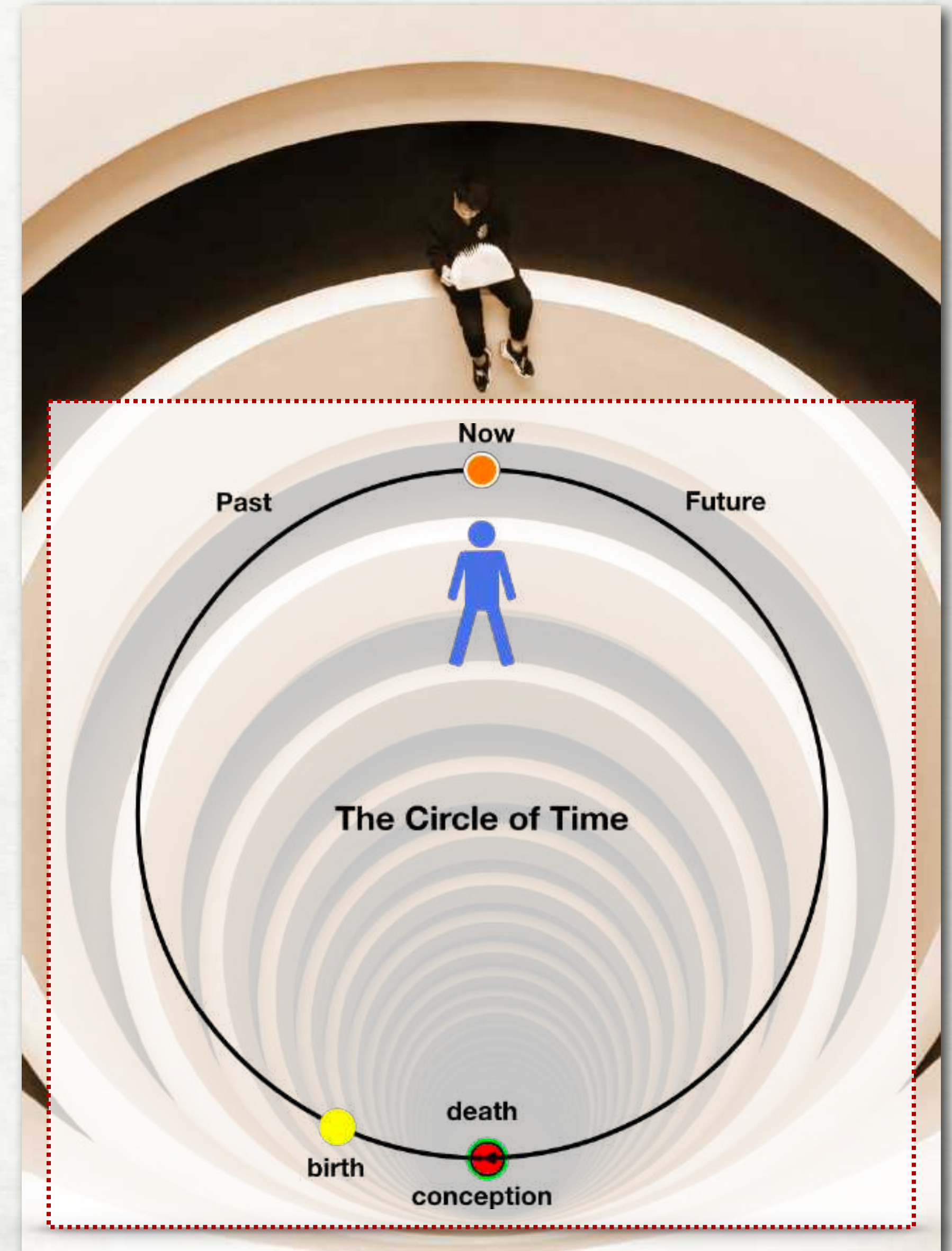
LINEAR TIME—THE TIME OF THE FIRST BODY

- We are programmed from an early age to perceive time as linear.
- It is an idea that is difficult to oppose, because it is established by the order of events, about which there is common agreement.
- However our subjective experience of time varies according to the level of attention. Put simply, the total of moments of presence in someone's lifetime can and does vary considerably.



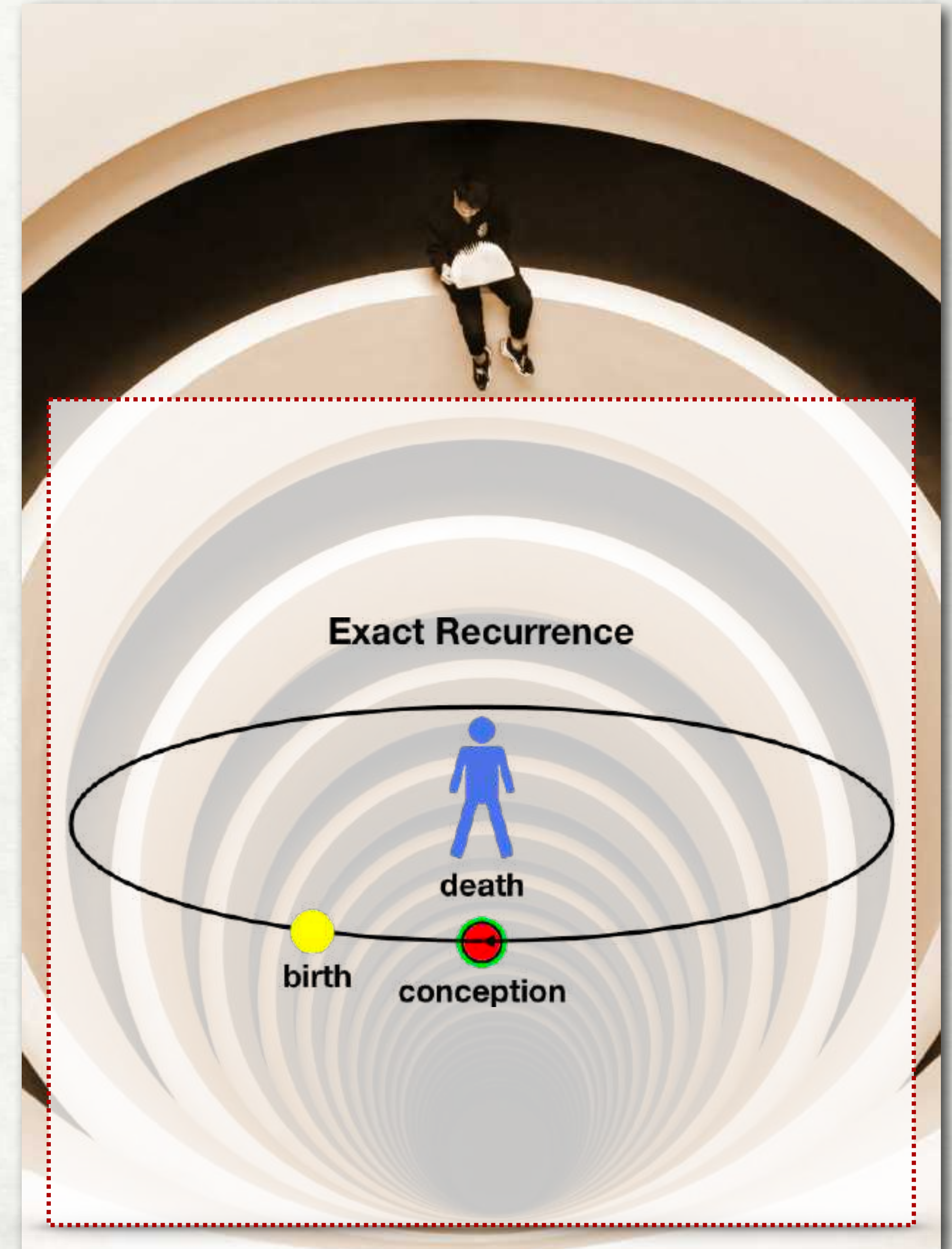
CIRCULAR TIME, RECURRENCE AND ESSENCE

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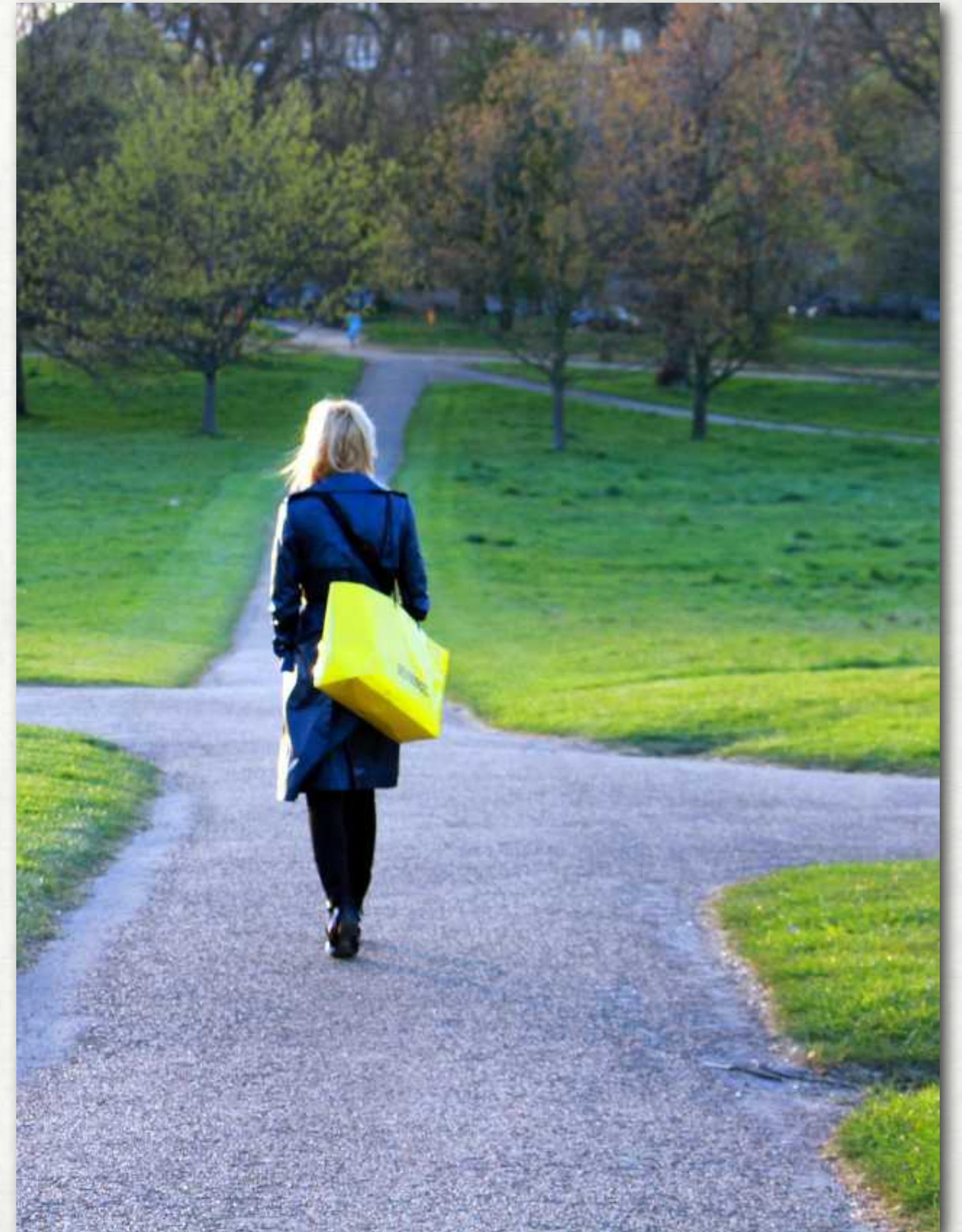
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- The idea is that when you die you are conceived at exactly the time you were conceived in this life and that you re-live exactly the same life — Exact Recurrence.
- Or possibly you live the same life, but the life proceeds slightly differently each time — Cyclical Recurrence.



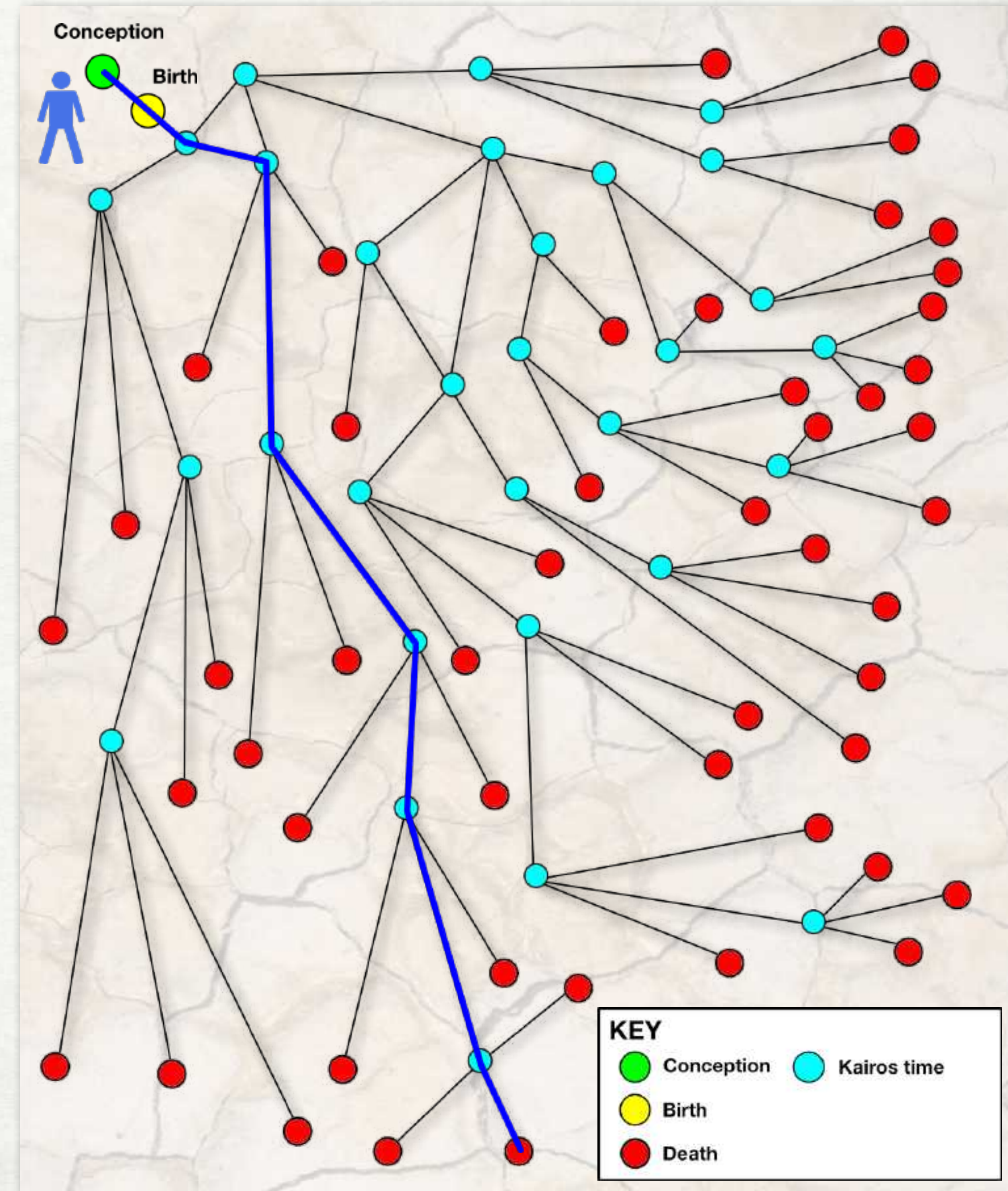
THE KAIROS TIME

- The Greek word Kairos means “the right, critical, or opportune moment” for something.
- In *The Work*, the idea of Kairos is that in your outer life there are very few moments (crossroad events) when change is possible.
- In fact, if our behavior is entirely mechanical, there are no such moments. Our life is already programmed and nothing we can do will change it.
- When we work on ourselves and change our being, we actually change our life.
- It is said, unambiguously, that “your being attracts your life.”
- Gurdjieff said (of the enlightened idiot) that if he works on himself diligently, even grandma will change.



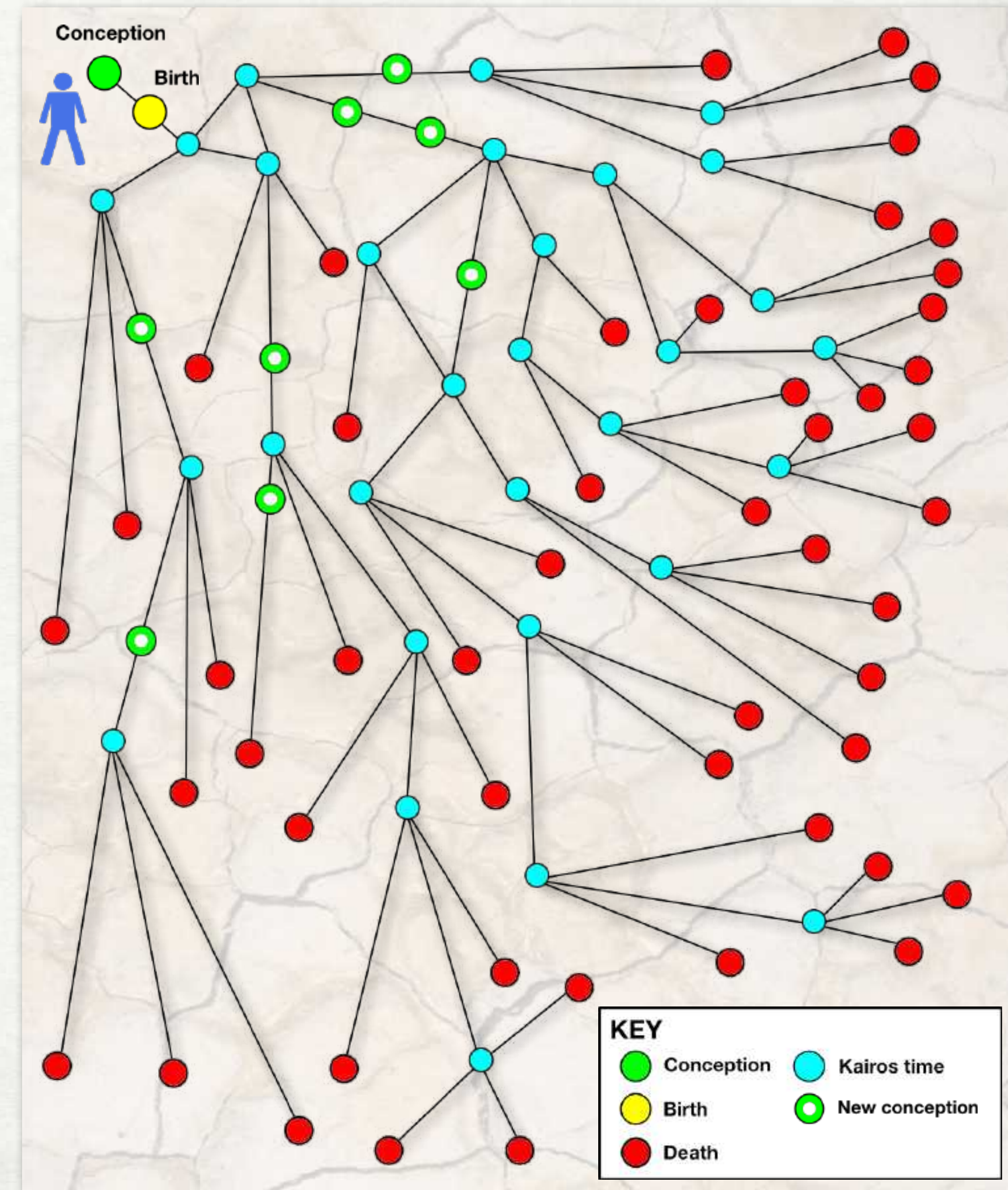
THE ESSENCE MAP OF LIFE, WITH KAIROS TIMES

- Using the idea of “kairos” we can represent a person’s life as a network of possible paths.
- It begins with conception and birth, following which there appear to be a multitude of possible paths a life will take.
- Only at various junctures, the kairos times, do different paths become possible.
- Naturally every life terminates with death, the different deaths corresponding to the choices made at kairos times.
- In exact recurrence the same path through life is travelled repeatedly, never varying.



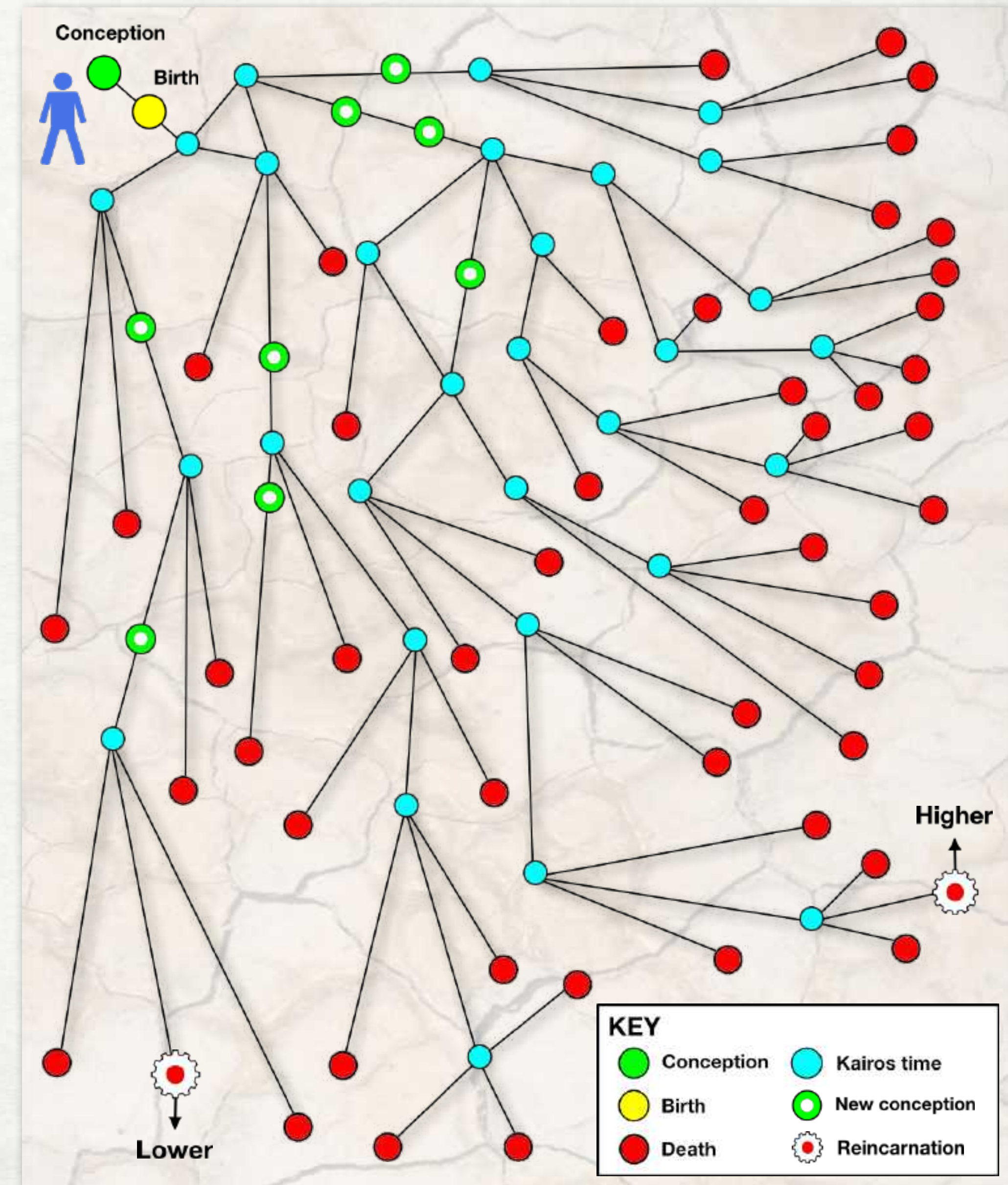
THE ESSENCE MAP OF LIFE AND THE BLOOD LINE

- With “cyclical recurrence,” potentially every possible life path may be traversed—some could even be traversed several times.
- The traversal of more than one path implies some (small) change to essence during the life, leading either to a slightly better or worse outcome, but still a change.
- On some paths children are conceived. Thus there are different possible blood lines, different possible children.
- Conceptions link together many lives into families. These in turn create tribes, and ultimately, races. These too could be mapped in this way.



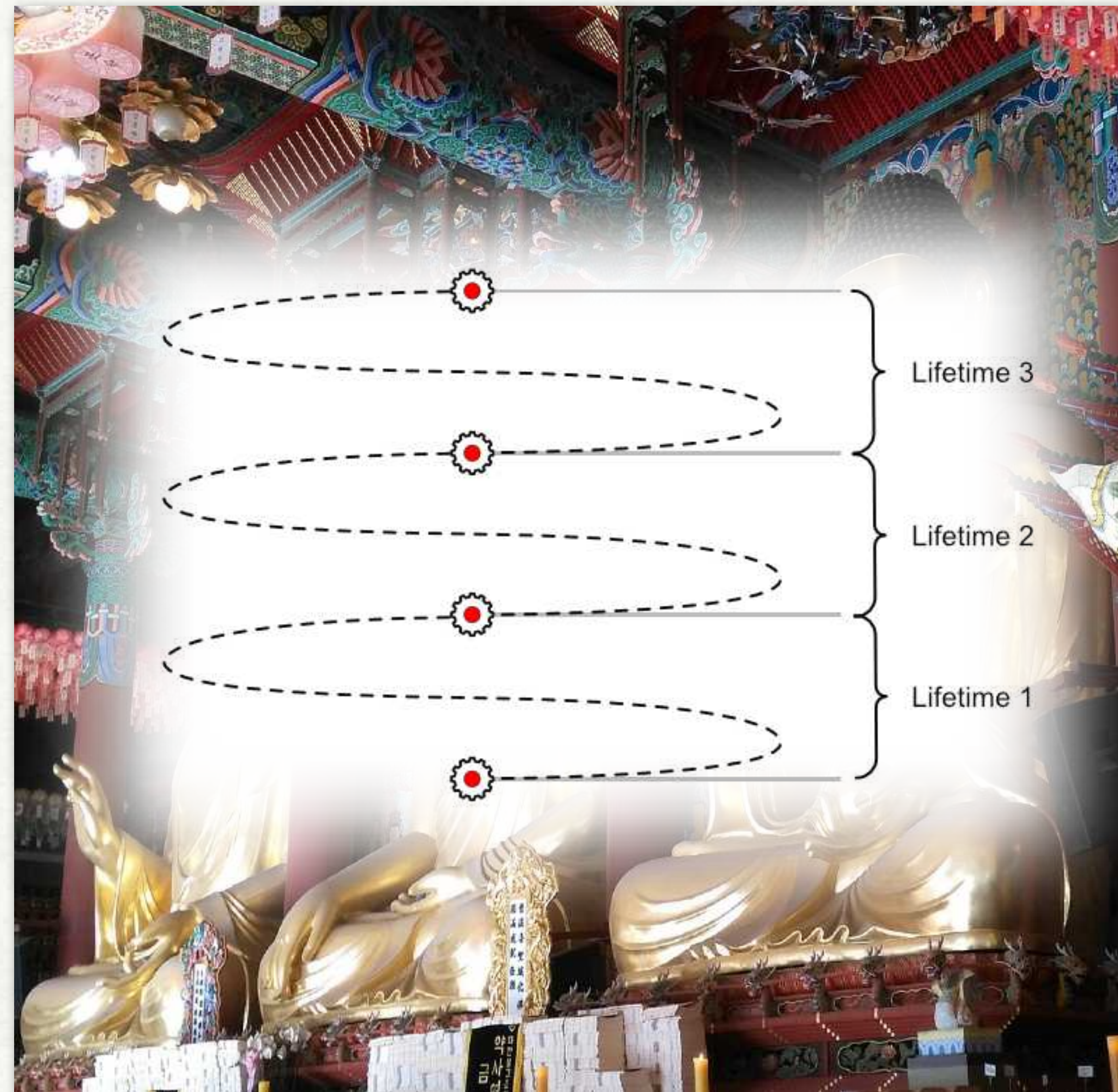
THE MAP OF LIFE AND REINCARNATION

- The seed of magnetic center is in Essence, although 'I's form in personality in association with it.
- Some paths of life will create a stronger magnetic center and this draws someone to The Work and a great possibility of change in being.
- Thus some paths of life may include the possibility of escape from recurrence. This means reincarnation into a different life, as represented in the diagram.
- Naturally, it is also possible to descend rather than ascend, as shown.



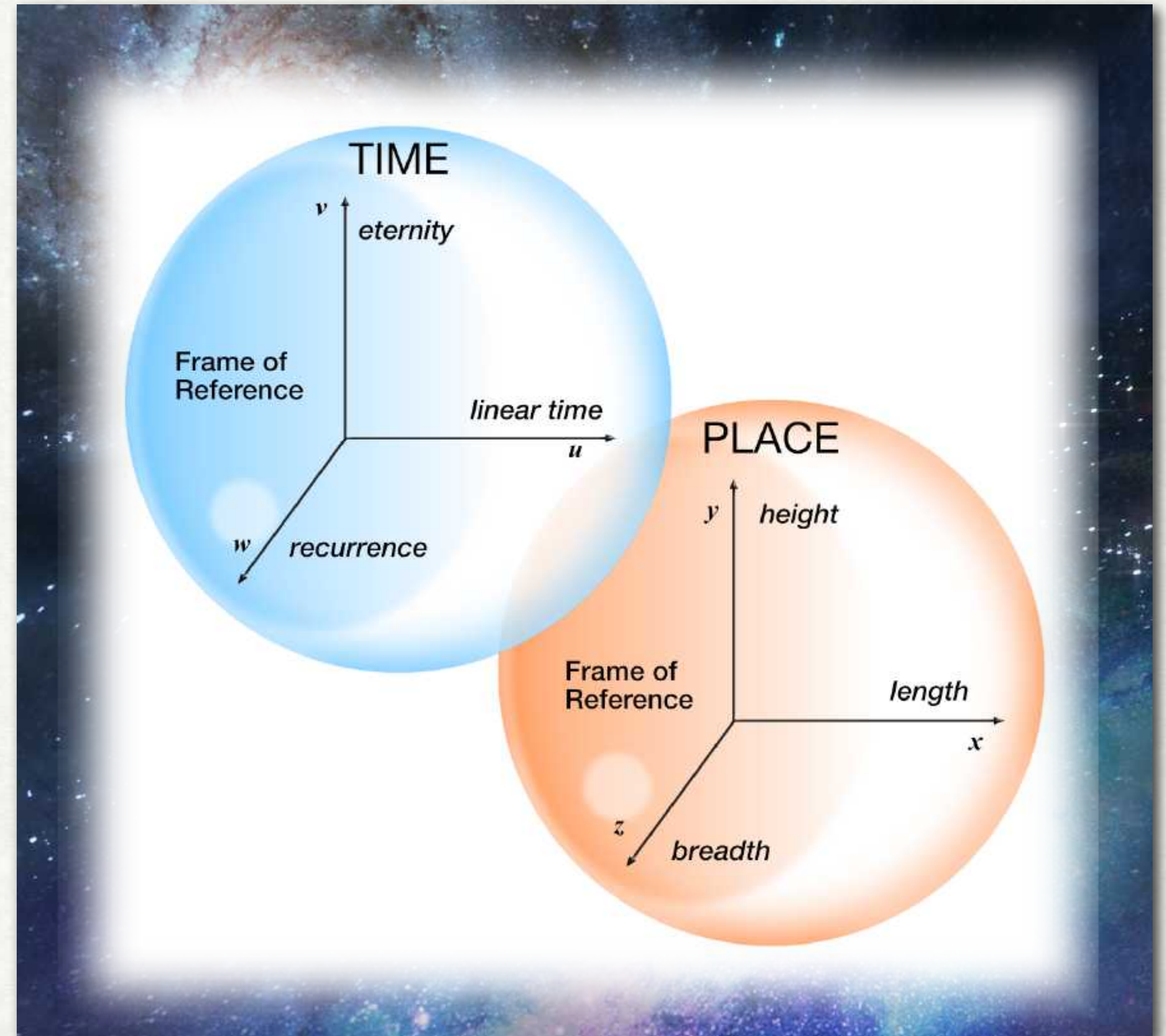
THE SPIRAL OF TIME

- With the addition of reincarnation we create the necessity to think of time in three dimensions.
 - The first dimension is linear time.
 - The second in the circular (and hence planar) time of recurrence
 - The third is the three dimensional spiral of reincarnation. We can also think of this as the path of the bodhisattva.
- In our study of the possibilities of the four bodies, we naturally move towards the idea of three dimensions of time.
- The word used to describe the limits of time is “eternity” and eternity is three dimensional.



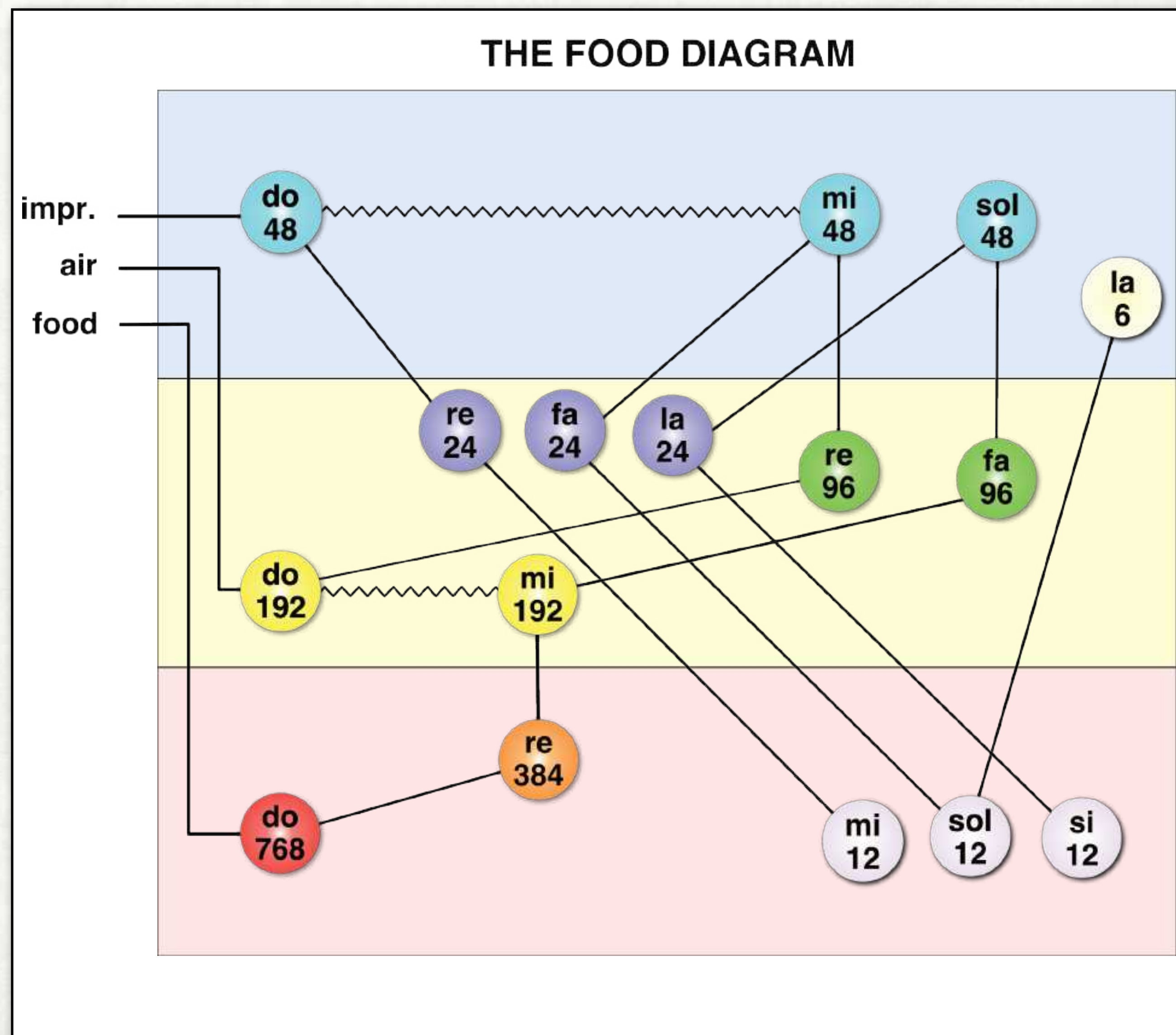
THE SIX DIMENSIONAL UNIVERSE

- Time (the Heropass) acts on a cosmos. In fact it acts on all cosmoses except the Absolute and the Sun Absolute.
- Thus we could say, mathematically, that every cosmos inherently has 6 dimensions:
 - Its place: length, breadth and height in respect of the whole megalocosmos.
 - Its now: within its lifetime, its recurrence and its eternity.
- It also has scale—its scale in relation to the Ray of Creation. These seven dimensions determine its place in the Trogoautoegocrat.



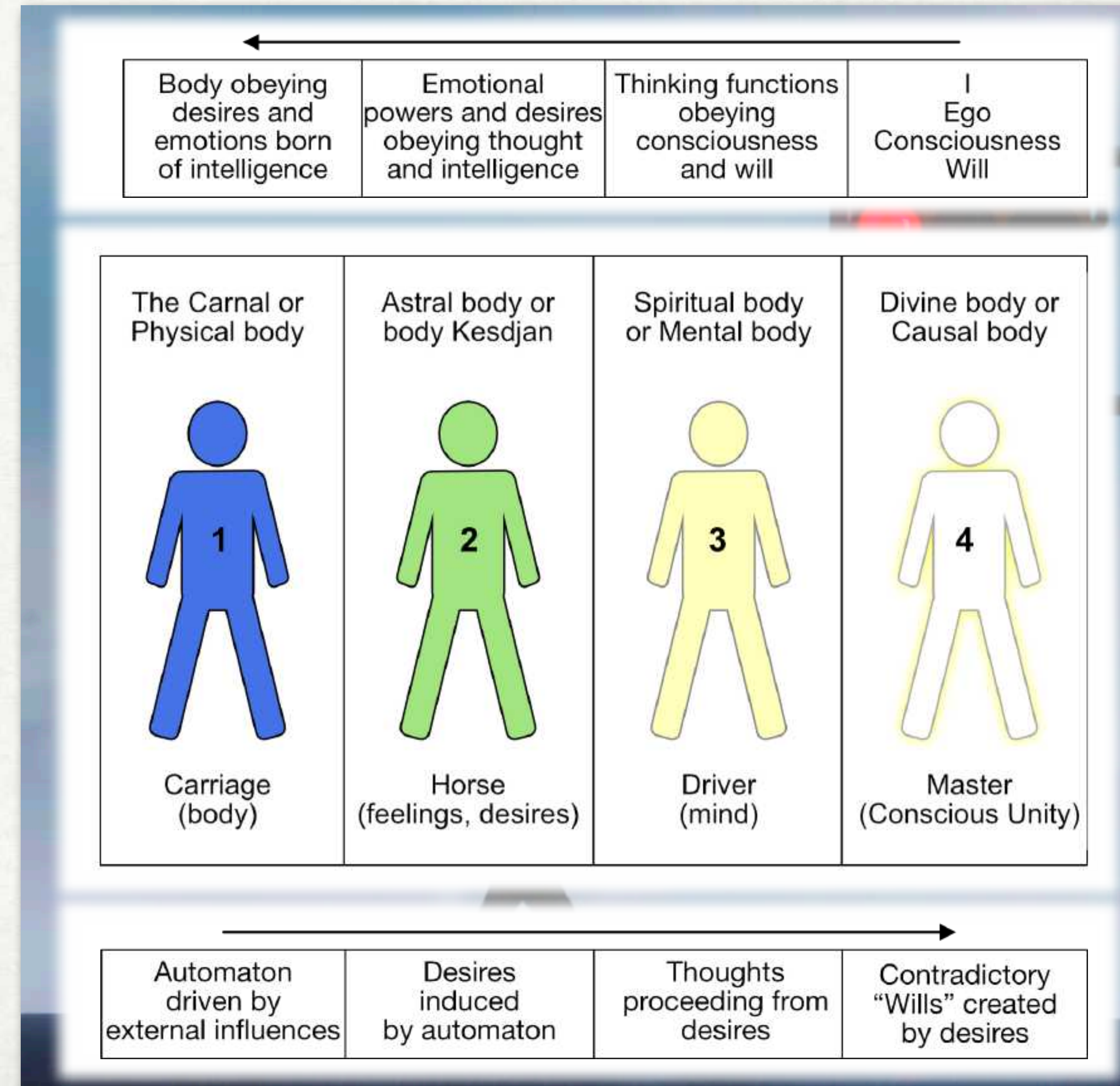
THE THREE BODIES IN COLLABORATION

- The FOOD octave sustains the physical body caters for reproduction and enables the activities of both the Kesdjan body and the body of reason. (Its feet stand in WATER.)
- The AIR octave supports the evolution of the Kesdjan body, but is dependent on the first conscious shock to complete the Kesdjan body. (Its feet stand in Air.)
- The IMPRESSIONS octave supports the Kesdjan body but depends upon the second conscious shock to complete itself. (Its feet stand in Fire)



THE FOUR BODIES - CONTROL

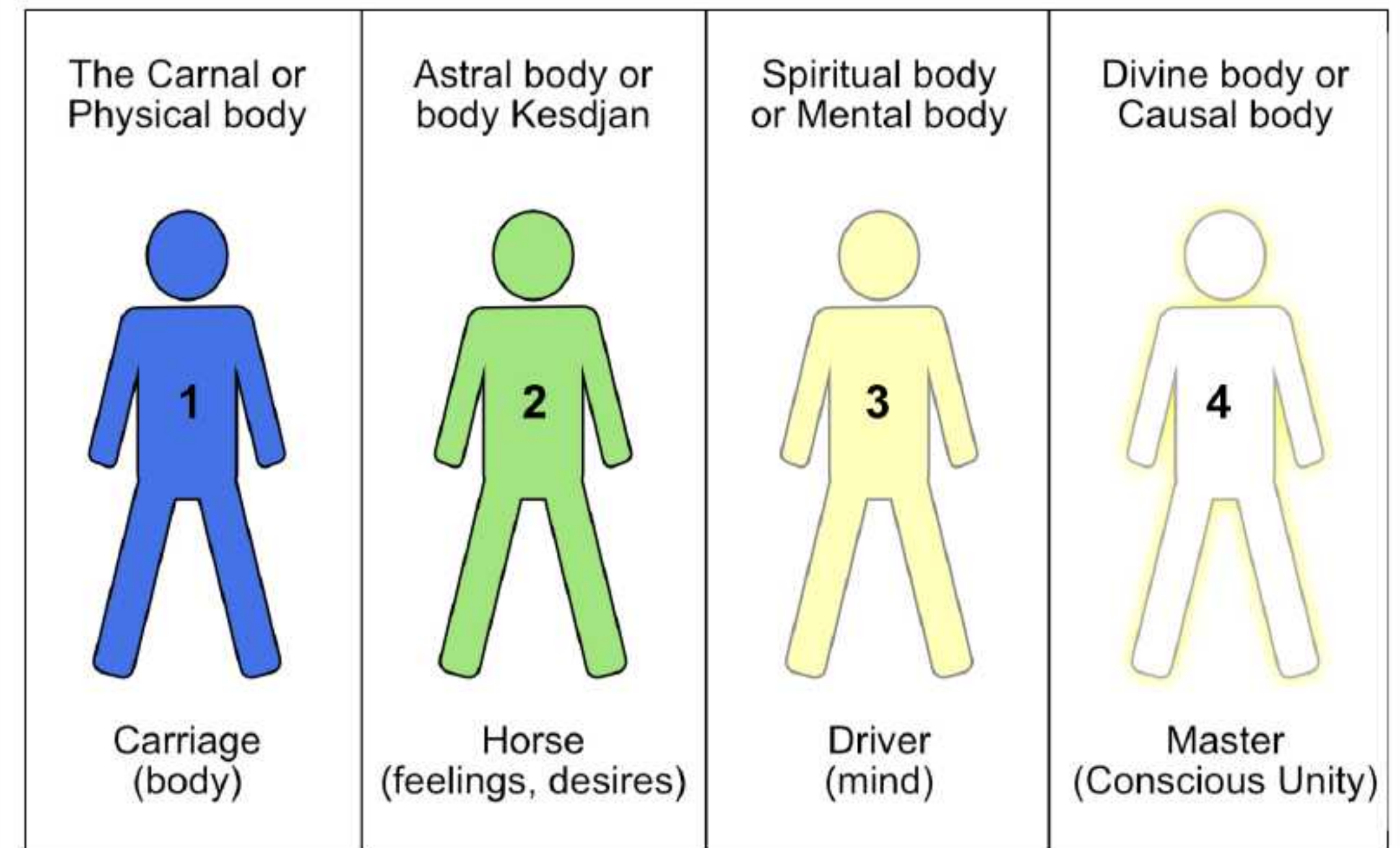
- Man 1, 2, & 3 are automatons. External impressions engender desires, which influence thought, creating contradictory 'wills.'
- The first body is active and the other three bodies are passive in relation to it.
- As such it exists under the Law of Accident, having neither spiritual possibilities, nor Fate. It is doomed to recurrence within its local "eternity."
- The Work aims eventually to reverse the whole set of relationships so that the Master is the governing entity and the other bodies are subservient.



THE FOUR BODIES AND THE HYDROGENS

- The four bodies have distinctly different densities and vibrations. They correspond to Water, Air, Fire (Plasma) and Glowing Fire.
- Their “Hydrogens of mentation” are as shown in the boxes above.
 - H192-H96-H48 constitute a one-brained mind.
 - H96-H48-H24 constitute a two-brained mind.
 - H48-H24-H12 constitute a three-brained mind.
 - H24-H12-H6 constitute perfected mind.
- These can be thought of as different orders of being.
- Man is a combination of the physical body and two other partially complete bodies.

H48 H96 H192	H24 H48 H96	H12 H24 H48	H6 H12 H24
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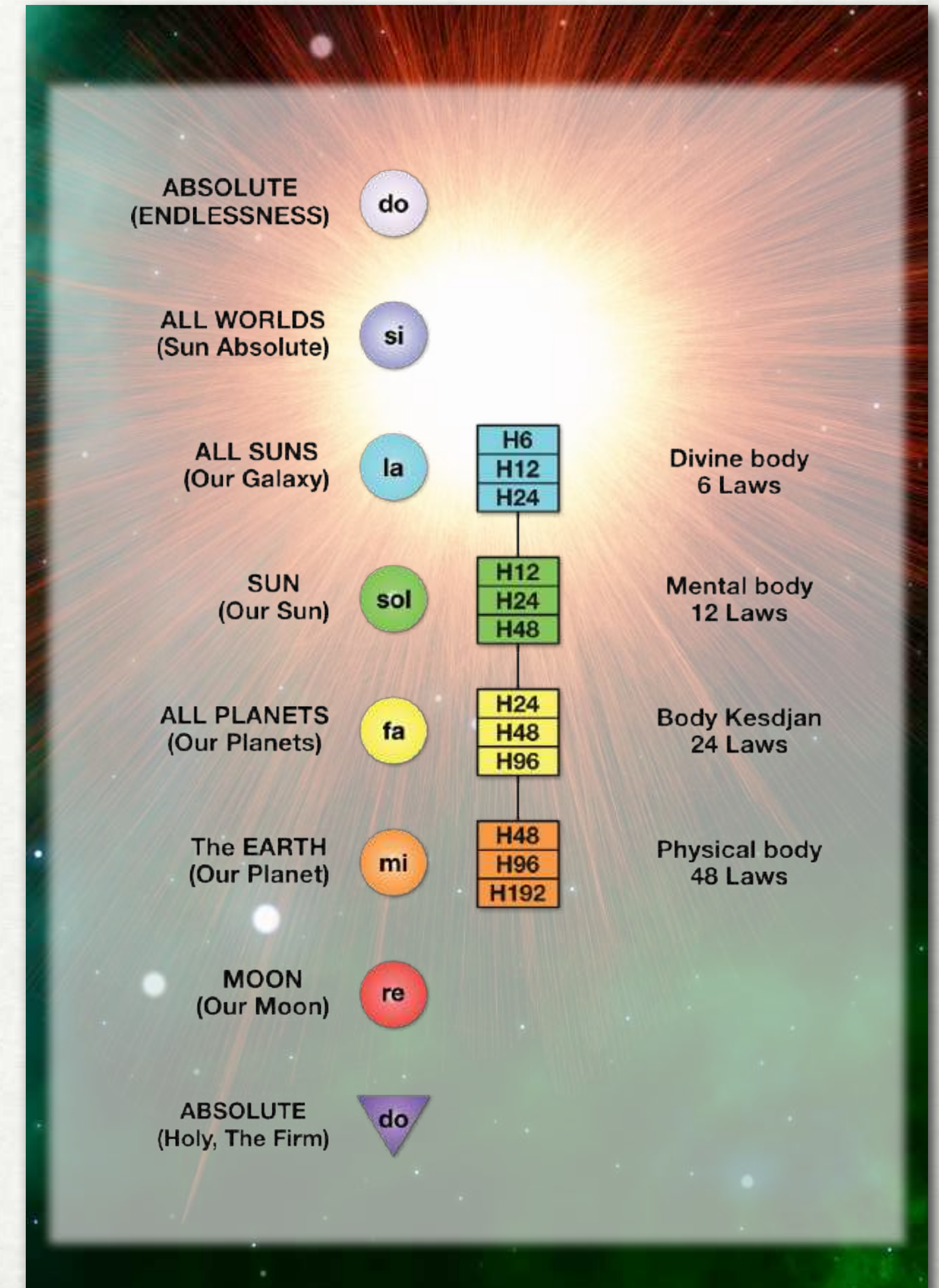


Water	Air	Fire	Glowing Fire
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THE FOUR BODIES AND THE RAY OF CREATION

- The Physical Body is under the general laws of Nature. It is mortal within that influence with a short lifespan.
- The Body Kesdjan, when crystallized, can survive death. It has achieved unity (Man #5). Until then it can die and may die soon after the death of the Physical Body.
- The Mental Body when crystallized is immortal within the life of the Planets. It is at the level of Man #6.
- The Divine Body is immortal within the life of the Solar System. It has no further possibilities.



THE Q & A

