

Homework



Choose one of the basic practices or additional ideas listed to use as your first conscious shock this week. Have a wish and intention to apply it to the point of incoming impressions. Does space open up? How does your experience change with different kinds of impressions? Work with delight and curiosity!

August Practice: Watching the Light

Can you sense the force of hope pouring forth each dawn?



*Our real life is this world of
impressions
and how we receive them...*

Maurice Nicoll

- HOUSTON — At least four school districts in Texas have closed campuses due to coronavirus outbreaks early in the new school year.
- The shutdowns are taking place as more districts and communities are requiring students and residents to wear face coverings indoors, defying Gov. Greg Abbott's ban on mask mandates.
- The school district in Gorman in North Texas had been set to begin the school year Wednesday but is delaying that by a week. Campus shutdowns also were announced Tuesday by the districts in the East Texas towns of Bloomburg and Waskom.
- Those moves came a day after the Iraan-Sheffield district in West Texas closed its schools for two weeks.
- Mask wearing was optional in these four school districts. At least 21 other districts, including some of the state's biggest, have instituted mask mandates, which are in violation of Abbott's executive order banning such measures.







Watching

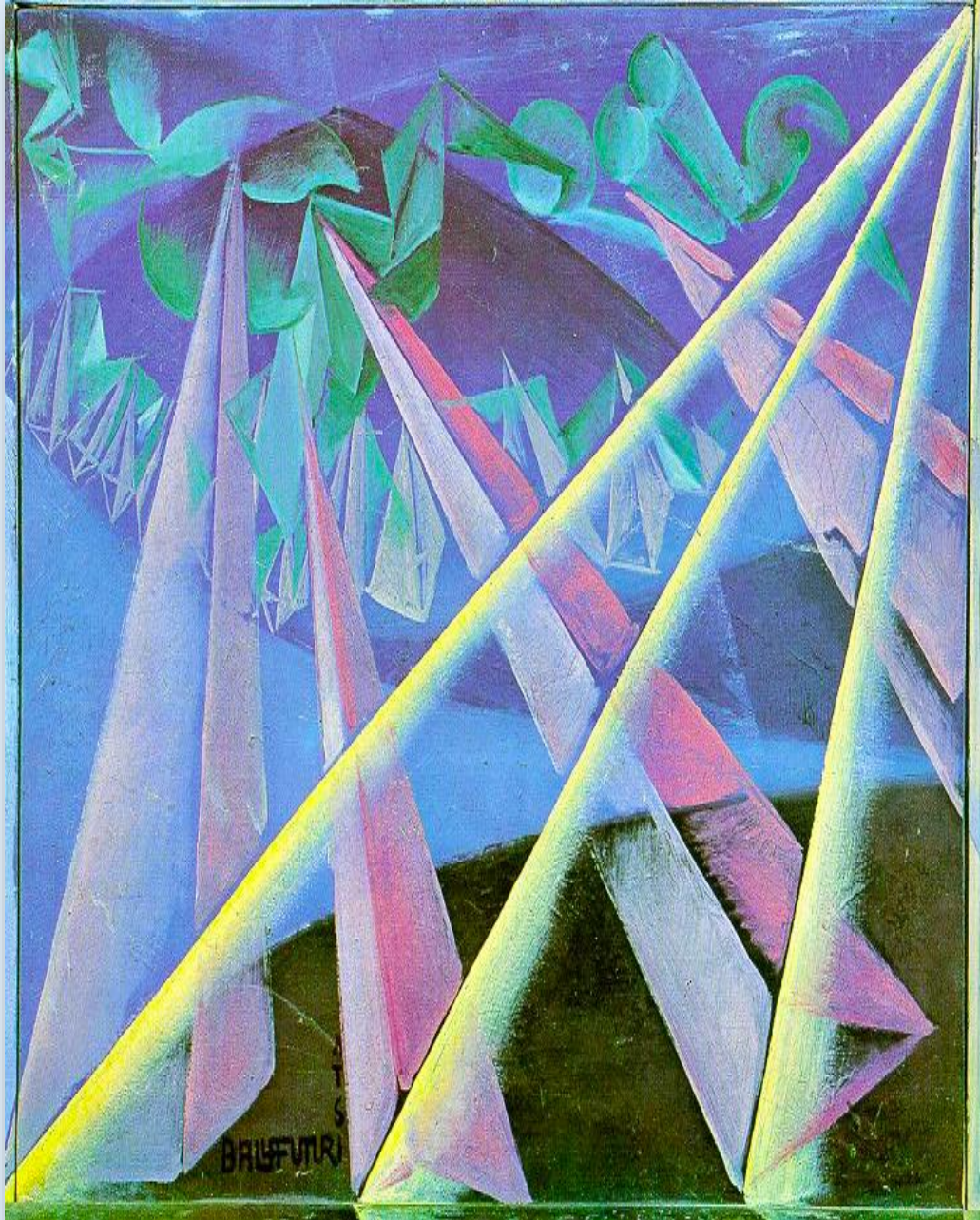
Receiving

Transformation

Truth



Reality



Homework

- Add Work in retrospect to your practice of giving the first conscious shock. What new truths do you learn – about yourself, others and the world?
- Ask yourself, “Am I willing to come under the authority of something greater than my multiplicity? Am I willing to serve, to take on the ‘daily inheritance of labors’ as a tender of new life?”

Emails to Review

- **Work on the Time-body:** [March 18](#) and [March 25](#)

August Practice: Watching the Light

Look up at the starry heavens: can you sense the holy Being underlying the universe?