



TIME & ETERNITY

Exploring the Cosmological Dimensions of the Work

Thursday, September 3rd, 2020

The Journey School

NARNIA: THROUGH THE WARDROBE

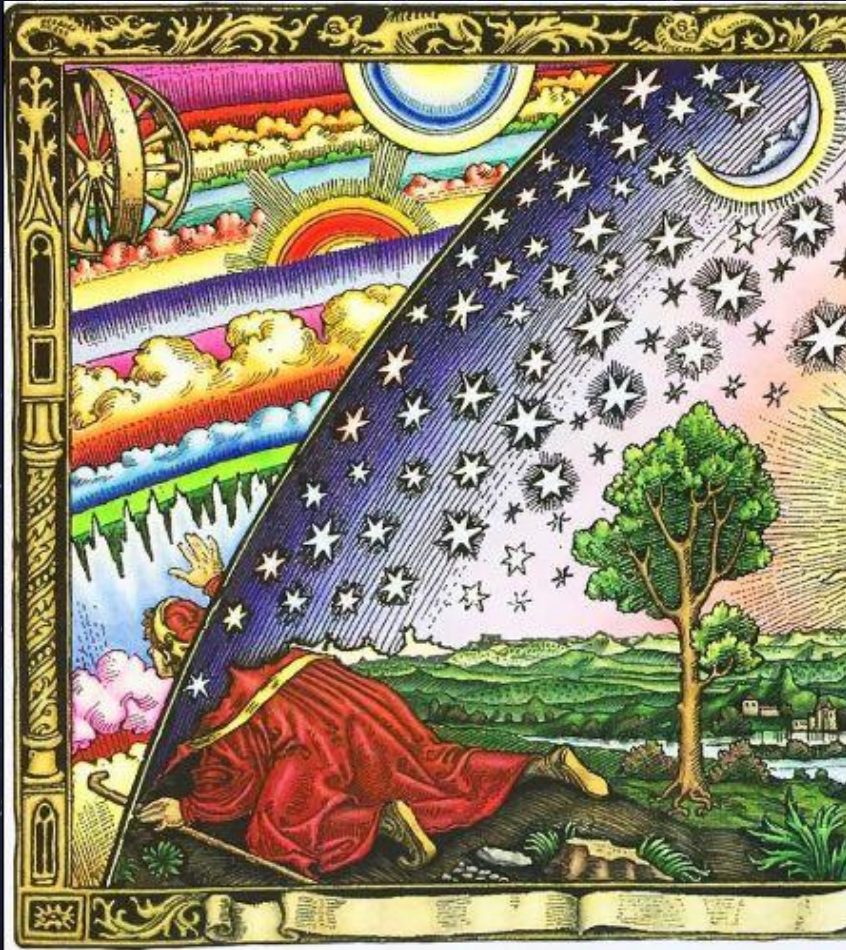


One moment here = days
there in Narnia

The mystery and relativity of
time



A MYTHOLOGY OF SPACE & TIME IN THE WORK



- Are we really living in a:

“As above, so below
cosmos”

???

- Scale and relativity of
human experience of
time

A THEORETICAL TABLE OF TIME





The Table of Time in the Different Cosmoses

	Cells	Man	Organic Life	The Earth	The Sun
Time of quickest impression	$\frac{1}{300,000,000}$	$\frac{1}{10,000}$	3 seconds	24 hours	80 years
Time of Breath	$\frac{1}{10,000}$	3 seconds	24 hours	80 years	2,400,000 years
Time of Sleeping & Waking	3 seconds	24 hours	30 years	2,400,000 years	72,000 million years
Time of Life	24 hours	80 years	2,400,000 years	72,000 million years	2,160,000,000 million years

CLOSER TO HOME

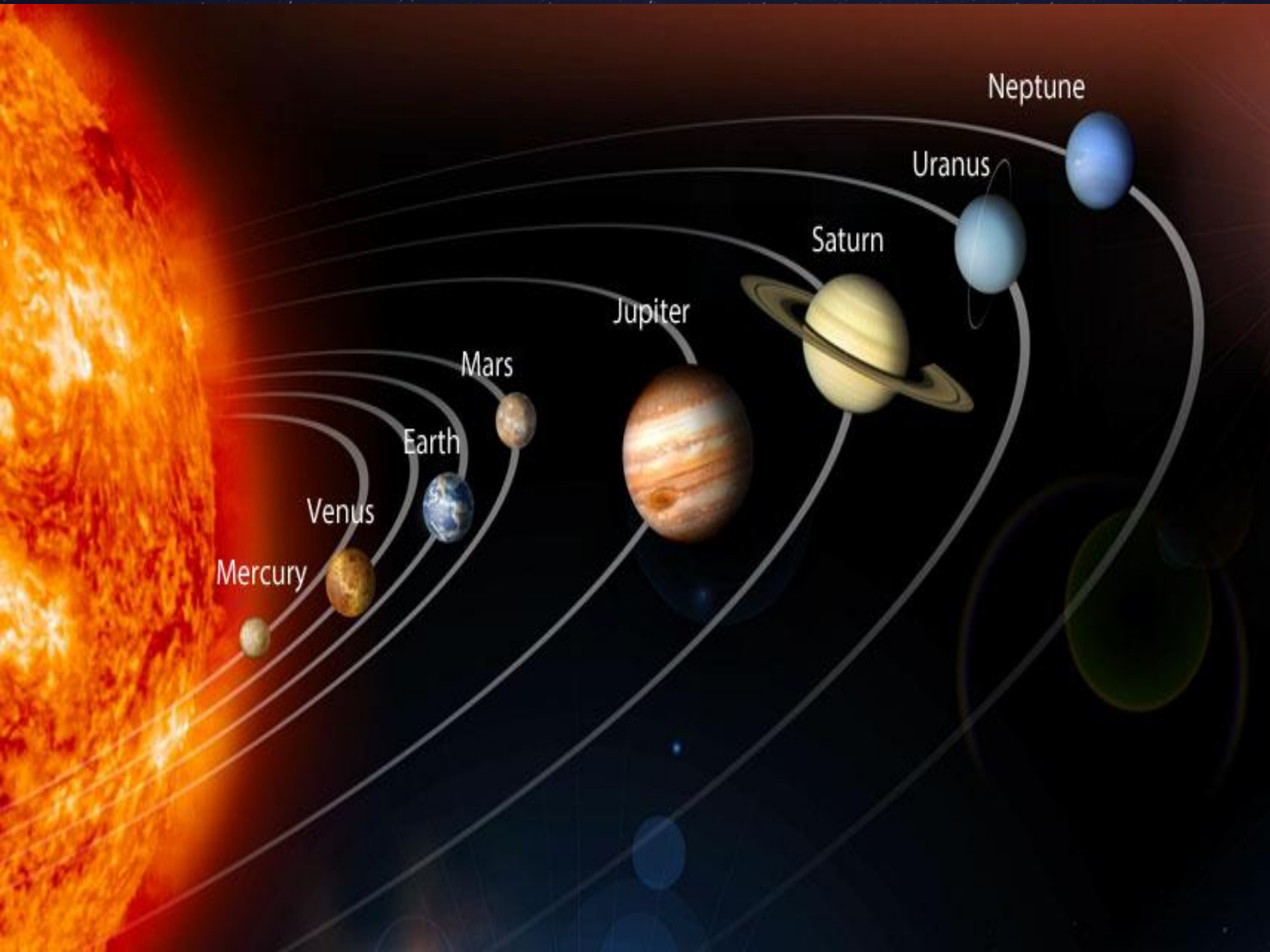


HOW OLD IS MY DOG IN HUMAN YEARS?

SIZE OF DOG	SMALL 9kg or less	MEDIUM 10 - 22kg	LARGE More than 22kg
			
Age of Dog	Age in Human Years		
1	15	15	15
2	24	24	24
3	28	28	28
4	32	32	32
5	36	36	36
6	40	42	45
7	44	47	50
8	48	51	55
9	52	56	61
10	56	60	66
11	60	65	72
12	64	69	77
13	68	74	82
14	72	78	88
15	76	83	93
16	80	87	120

LANIAKEA = 500 MILLION LIGHT YEARS DIAMETER
HOME TO 100,000 GALAXIES (APPROX. 3% OF VISIBLE UNIV.)





Mercury

Venus

Earth

Mars

Jupiter

Saturn

Uranus

Neptune



TIME & CENTERS

"Let us now take the emotional center. This center can see many things together if it is really working and can draw so much together and connect it into a whole that it seems like clairvoyance. But since the emotional center is drenched with negative emotions and personal self-emotions it rarely can perform its proper task and usually only makes us ill. *If you can grasp that a higher speed of working of a center means expanded time and a lower speed of working means contracted time it may help you to realize that our experience of 'time' is relative to our state. ... [emphasis added]*

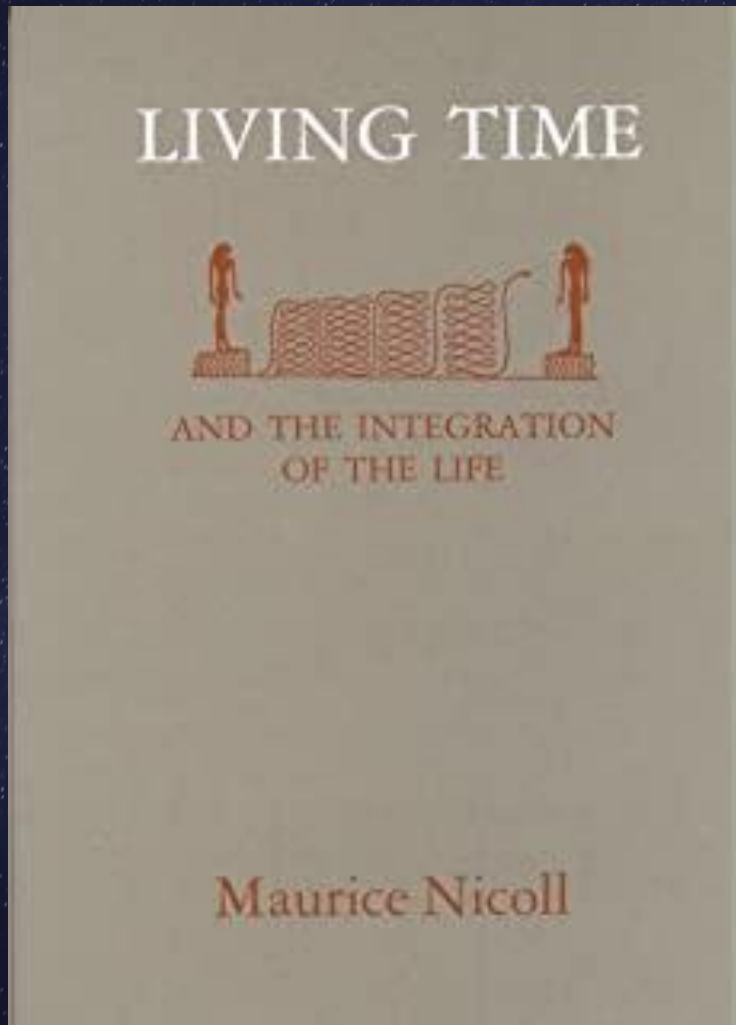
"Now each center is a mind of a special kind, related to one aspect of life, and each center has its speed – and again each part of a center is a sub-mind and has its speed."

- Maurice Nicoll, *Commentaries*, "Commentary on Time," Ibid.

TIME, ETERNITY & REAL I

- “A human is both in time and in eternity. Eternity is vertical to time ... Every now is eternal. To remember oneself the feeling of now must enter – *I here now – I myself now – I distinct from past or future – the newness of myself – I now.* [emphasis added] And if the act is successful you will know for yourself that eternity is always in now and can be experienced as a different taste from time. ... Real I is in eternity – not in time. Self-remembering is out of time and personality. It is not surprising that Self-remembering can give a feeling utterly different from that given by our relation to hurrying, anxious time.”
- - Maurice Nicoll, *Commentaries*

TIME BODY & LIVING TIME



Working
on our
Life-Time
through
our Time
Body

IN PRACTICE VS. IN THEORY

- Inner work on our time body in a present moment or state of “higher awakeness” may not actually change history or the future, but our inner work on our time body in a present moment can and does most certainly change our experience, perception of and relationship to what we remember as our history or imagine as our future.

PRACTICE WORKING WITH TIME

- Read and ponder this email several times this week; consider the following as practice suggestions: Self-remember in the present moment in mind, body and feeling: *I here now. I myself now.*
- "Whenever I am in a hurry, I am identified." (Beryl Pogson). Observe, non-identify and Self-remember. In this way, we rise above time to a new level of being.
- "For this reason everything we do now affects the past as well as the future of our life. One act of non-identifying now influences your past as well as your future. Your relation to people in the past will change, by work on yourself now. Not only will you change your own past, but possibly theirs."



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