- Practice any one of the tools for increasing will:
 - ...practicing the Work and Centering Prayer
 - Will what you have to do... "If you can't help it, will it!" and "We have to do a job –
 let's go to it!"
 - ...work uninfluenced by the likes and dislikes, pleasures or pains, associations and so on of our machines; and regardless of the reactions we have toward other people.
 - ... feel your own nothingness that is, the nothingness of your own personal and vanity-aims... 'Like what you dislike.'
 - ... seeing many differences where one saw none, or where one saw only opposites
 - By saving force and not leaking energy through identification and fragmentation.
 - Take care where you pay attention.
 - Practicing patience.



Not my will, but thy will be done. - Luke 22:42



Thy will be done on earth as it is in heaven.

- Matthew 6:10



Will is something very special. It happens mysteriously

There is no real way of telling how one uses it, except that the results of using the will are astounding

Perhaps the first thing that one should do is to know that one can develop the will



This Will is not effortful, narrow, limited, worried or anxious. It is not denial, negation, opposition, stopping, forcing, rushing, dividing. It has nothing to do with a set jaw, a stern resolve, resignation, privation, scrupulosity, rigidity, harshness or handling ourselves and others roughly.

Nor is it having our own way, being efficient, being first, being right.



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Jhe JOURNEY SCHOOL

Real Will cannot be rushed; its mother is patience

It finds right solutions on its own graceful timetable



It is energetically above life, yet it enters into the strivings and events of life as a harmonizing influence.



It is abundantly creative, uniting apparently separate things, arranging them in a new combination – in right order and meaning – and its expressions are fresh, unexpected and surprising.



I don't know &

&
Everything is OK



What no eye has seen, what no ear has heard, and what no human mind has conceived – the things God has prepared for those who love God.

- 1 Corinthians 2:9

