

**Two-Day Commuter Centering  
Prayer Retreats held at The Church  
of Conscious Harmony**

(bring your lunch each day)

**Feb 22-23** Sat 9:00am-4:00pm  
\$50 Sun 1:00-4:00pm  
“Preparation for Lent”

**May 15-16** Fri 9:00am-4:00pm  
\$100 Sat 9:00am-4:00pm  
“Doorway to Devotion – Silence  
After Sound” led by Jim Reale

**Aug 7-8** Fri 9:00am-4:00pm  
\$50 Sat 9:00am-4:00pm  
“Forgiveness”  
led by Lauri Raymond

**Oct 10-11** Sat 9:00am-4:00pm  
\$75 Sun 1:00pm-4:00pm  
“Celebrating Life”  
led by Fr. Carl Arico

**Nov 13-14** Fri 9:00am-4:00pm  
\$50 Sat 9:00am-4:00pm  
“Discernment”  
led by Mary Anne Best

Register for any retreat by calling the  
church office at 512.347.9673.

Online registration may be found at  
[consciousharmony.org/Happenings](http://consciousharmony.org/Happenings)

*“Contemplative prayer is the world in  
which God can do anything. . .It is to be  
open to the Infinite, and hence, to infinite  
possibilities.”*

Open Mind Open Heart p. 13

**Multi-day Retreats are held at  
Cedarbrake Retreat & Renewal  
Center on Hwy 317, Belton, TX**

**January 24-28** \$495  
5-day Centering Prayer Retreat to renew  
your relationship with God

**Mar 6-15** \$895  
10-day Centering Prayer Retreat during  
the Lenten season - led by Fr. Carl Arico

**July 24-29** \$595  
6-day Centering Prayer Retreat

**Sept 11-16** \$625  
6-day Centering Prayer Retreat  
“Vestibules of Centering Prayer”  
led by Jim Reale

**Dec 4-10** \$695  
7-day Centering Prayer Retreat during  
the Advent season

Prices posted are double room prices.  
Single rooms may be available on a first  
to register basis at an extra \$10/night.

A deposit is needed to reserve a space  
for any multi-day retreat. Payment in full  
is required 30 days prior to the retreat.  
Two weeks prior to the retreat,  
directions and other information will be  
emailed to you.



**The Church of  
Conscious Harmony**

**A Contemplative Christian  
Community**

7406 Newhall Lane Austin, TX 78746

512.347.9673

[www.consciousharmony.org](http://www.consciousharmony.org)

**2020  
Centering Prayer  
Retreats &  
Introduction Classes**



*...Call us, O Beloved,  
to spaces of solitude, and times to  
befriend the Silence...*

Psalm 106



## Introduction to Centering Prayer Classes

The Church of Conscious Harmony offers 7-week classes in Centering Prayer, held at the church. Class is from 9:00am-noon (doors open 30 minutes prior for refreshments and check-in). Each class has 6 follow-up meetings that begin at 7:30pm on a week night. The cost is \$35. This includes the book "Open Mind, Open Heart". Registration in advance is needed.

### 7-week Centering Prayer Class \$35 Saturday, Jan 18

**& 6 consecutive Monday evenings  
7:30-9pm beginning Jan 20-Feb 24**  
(includes book "Open Mind, Open Heart" by Fr. Keating)

When class ends at noon, you have the option to join the concurrently running 1-day retreat at no extra cost. Bring your lunch. Retreat ends at 4pm.

Weekly Centering Prayer opportunities throughout the year at The Church of Conscious Harmony are open to all. They include:

- Mornings 7:00-7:35am Centering Prayer Service in Theosis Chapel
- Sunday 8:00-9:00am Centering Prayer and Lectio Divina Service
- Wednesday, 6:30-7:15pm Centering Prayer and Eucharistic Service

## What is a Centering Prayer Retreat?

A Centering Prayer retreat is a "time away" with God – an opportunity to deepen your prayer life, to deepen your relationship with God, and to experience community in a new way.

A Centering Prayer retreat offers time each day for...

- Resting with God in prayer
- Sharing in the experience of Contemplative Community
- Periods of silence & solitude
- Opening ever-more to God
- Learning the immediate conceptual background of the Christian Contemplative Journey as presented by Fr. Thomas Keating
- Experiencing the Word of God through the liturgy or Lectio Divina.



## One-Day and Half-Day Retreats at CCH

**Advance registration is needed for each retreat.** Register on-line using the 'Happenings' page of the church website or contacting the office. Doors open 30 minutes prior for refreshments and check-in.

<b>Jan 18</b>	<b>9:00am - 4:00pm</b>
<b>Feb 5*</b>	<b>9:00am - 5:30pm</b>
<b>Feb 29</b>	<b>9:00am - 12:30pm</b>
<b>Mar 21**</b>	<b>United in Prayer Day</b>
<b>Apr 11</b>	<b>9:00am - 12:30pm</b>
<b>June 13</b>	<b>9:00am - 4:00pm</b>
<b>July 11</b>	<b>12:30pm - 4:00pm</b>
<b>Sept 26</b>	<b>9:00am - 12:30pm</b>
<b>Oct 24</b>	<b>9:00am - 12:30pm</b>
<b>Dec 12</b>	<b>9:00am - 4:00pm</b>

**Cost: Half-day ~ \$10 love offering  
One-day ~ \$20 love offering  
(Please bring your own lunch).**

\* Before and after this retreat you have the option to participate in 7:00am Centering Prayer Service held in Theosis Chapel and 6:30pm Midweek Contemplative Communion Service.

\*\* Location TBD