

## HELPING VS SERVING

### HELPING IN AN ALL-TOO-HUMAN WAY

sees a problem needing to be fixed
perceives oneself as the “doer”
preoccupied with doing, identified with results
filled with worry, indignation about injustice, anxiety about the future
is effortful
is enervating and exhausting
draws attention to one’s doing
expects gratitude, praise, recognition
‘There but for the grace of God go I’
waits to be told the task, waits for when it is convenient
judges who is worthy to be served and who is not; acts accordingly
suffering is be feared and avoided

### SERVING IN A DIVINE WAY

perceives a need awaiting our attention
opens to God to accomplish whatever needs to be done through oneself
takes the next step; leaves the results and the timing of the results to God
abides in the awareness of the presence of God and divine order unfolding
is artful
is alive and vitalizing
has silence of being
participates in a perichoresis of love and compassion, sufficient unto itself
‘There by the grace of God am I’
sees what is being called forth in the moment and does it – even when inconvenient
servant of all
suffering comes from higher laws offering a path to transformation and freedom