



## Work Group Proposal Form

From the Bylaws, “The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives”. To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. “Work groups,” are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity.

The aim of work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

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**Work Group Title:** Living Time

**Meeting Day/Time:** Monday 7 - 8:30pm

**Duration:** January 15 - April 9

**Purpose or specific aim of Work Group:** Tim Cook’s last few Sunday messages have drawn heavily from “Living Time.” It is my wish to gather a group to explore in depth the transformational ideas in this book.

**Sources for Content or Practice:** The Group will not be guided by a strict weekly syllabus. We may linger on some chapters for several weeks. Each week we’ll have as many as 30 pages of challenging reading that must be done in advance of our class. We’ll not only discuss what we read, but will also explore ways of putting these ideas into practice.

**Prerequisites for Participants:** A genuine desire to engage in one of the foundational books of our community. My hope is that we get a mix of people who have read the book and those reading it for the first time. All participants must own a copy of the book. The book is available in the Bookstore but comes from Europe – pre-ordering with the bookstore by January 2 is necessary for the book to arrive by the beginning of the work group.

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