

# **One-Half Day Paschal Vigil Retreat**

**April 11, 2020**

*Though he was in the form of God,*

*Jesus did not consider equality with God*

*something to be grasped.*

Philippians 2:6

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9:00 – 10:30 Welcome, introduction,

Two periods of Centering Prayer

*(Two periods – 30 mins. each, with meditative walk*

*in between them)*

10:30 – 11:00 Break, Prayerful Movement, Silence *&* solitude

11:00 – Noon One period of Centering Prayer

*(One period - 30 mins.)*

Lectio Divina,

Closing

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