

**Two-Day Commuter Centering
Prayer Retreats held at The Church
of Conscious Harmony**
(bring your lunch each day)

Feb 22-23 Sat 9:00am-4:00pm
\$50 Sun 1:00-4:00pm
“Preparation for Lent”

May 15-16 Fri 9:00am-4:00pm
\$100 Sat 9:00am-4:00pm
“Doorway to Devotion – Silence
After Sound” led by Jim Reale

Aug 7-8 Fri 9:00am-4:00pm
\$50 Sat 9:00am-4:00pm
“Forgiveness”
led by Lauri Raymond

Oct 10-11 Sat 9:00am-4:00pm
\$75 Sun 1:00pm-4:00pm
“Celebrating Life”
led by Fr. Carl Arico

Nov 13-14 Fri 9:00am-4:00pm
\$50 Sat 9:00am-4:00pm
“Discernment”
led by Mary Anne Best

Register for any retreat by calling the
church office at 512.347.9673.
Online registration may be found at
consciousharmony.org/Happenings

*“Contemplative prayer is the world in
which God can do anything. . .It is to be
open to the Infinite, and hence, to infinite
possibilities.”*

Open Mind Open Heart p. 13

**Multi-day Retreats are held at
Cedarbrake Retreat & Renewal
Center on Hwy 317, Belton, TX**

January 24-28 \$495
5-day Centering Prayer Retreat to renew
your relationship with God

Mar 6-15 \$895
10-day Centering Prayer Retreat during
the Lenten season - led by Fr. Carl Arico

July 24-29 \$595
6-day Centering Prayer Retreat

Sept 11-16 \$625
6-day Centering Prayer Retreat
“Vestibules of Centering Prayer”
led by Jim Reale

Dec 4-10 \$695
7-day Centering Prayer Retreat during
the Advent season

Prices posted are double room prices.
Single rooms may be available on a first
to register basis at an extra \$10/night.

A deposit is needed to reserve a space
for any multi-day retreat. Payment in full
is required 30 days prior to the retreat.
Two weeks prior to the retreat,
directions and other information will be
emailed to you.



**The Church of
Conscious Harmony**

**A Contemplative Christian
Community**

7406 Newhall Lane Austin, TX 78746

512.347.9673

www.consciousharmony.org

**2020
Centering Prayer
Retreats &
Introduction Classes**



*...Call us, O Beloved,
to spaces of solitude, and times to
befriend the Silence...*

Psalm 106



**CONTEMPLATIVE
OUTREACH**
SILENCE
SOLITUDE
SERVICE

Introduction to Centering Prayer Classes

The Church of Conscious Harmony offers 4-week classes in Centering Prayer, held at the church. Class is from 9:00am-noon (doors open 30 minutes prior for refreshments and check-in). Each class has 4 follow-up meetings that begin at 7:30pm on a week night. The cost is \$35. This includes the book "Open Mind, Open Heart." Registration in advance is needed.

5-week Centering Prayer Class

June 13th & 4 consecutive Tuesday evenings 7:30-9pm beginning 6/16 – 7/7

September 26th & 4 consecutive Monday evenings 7:30-9pm beginning 9/28 – 10/19

(includes book "Open Mind, Open Heart" by Fr. Keating)

When class ends at noon, you have the option to join the concurrently running 1-day retreat at no extra cost. Bring your lunch. Retreat ends at 4pm.

Weekly Centering Prayer opportunities throughout the year at The Church of Conscious Harmony are open to all. They include:

- Mornings 7:00-7:35am Centering Prayer Service in Theosis Chapel
- Sunday 8:00-9:00am Centering Prayer and Lectio Divina Service

- Wednesday, 6:30-7:15pm Centering Prayer and Eucharistic Service

What is a Centering Prayer Retreat?

A Centering Prayer retreat is a "time away" with God – an opportunity to deepen your prayer life, to deepen your relationship with God, and to experience community in a new way.

A Centering Prayer retreat offers time each day for...

- Resting with God in prayer
- Sharing in the experience of Contemplative Community
- Periods of silence & solitude
- Opening ever-more to God
- Learning the immediate conceptual background of the Christian Contemplative Journey as presented by Fr. Thomas Keating
- Experiencing the Word of God through the liturgy or Lectio Divina.



One-Day and Half-Day Retreats at CCH

Advance registration is needed for each retreat. Register on-line using the 'Happenings' page of the church website or contacting the office. Doors open 30 minutes prior for refreshments and check-in.

Jan 18	9:00am - 4:00pm
Feb 5*	9:00am - 5:30pm
Feb 29	9:00am - 12:30pm
Mar 21**	United in Prayer Day
Apr 11	9:00am - 12:30pm
May 6*	9:00am – 5:30pm
June 13	9:00am - 4:00pm
July 11	12:30pm - 4:00pm
July 22*	9:00am-5:30pm
Sept 26	9:00am – 4:00pm
Oct 24	9:00am - 12:30pm
Dec 12	9:00am - 4:00pm

**Cost: Half-day ~ \$10 love offering
One-day ~ \$20 love offering
(Please bring your own lunch).**

* Before and after this retreat you have the option to participate in 7:00am Centering Prayer Service held in Theosis Chapel and 6:30pm Midweek Contemplative Communion Service.

** at Seminary of the Southwest; register at www.HeartofTexas-co.org