



Work Group Proposal Form

From the Bylaws, “The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives”. To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. “Work groups,” are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity.

The aim of work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

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Work Group Title: Reality of Being

Meeting day/time: Tuesday 6:15 - 7:45pm

Duration: Sep 13 – Dec 6

Purpose or specific aim of Work Group: To focus on digestion of what is offered by Madame de Salzmann and deepen understanding and application of Work ideas; To awaken an emotional centeredness within application of Work ideas; To ‘try on’ Work ideas and apply them practically in our daily lives

Sources for content or practice: The Reality of Being by Jeanne de Salzmann

Outline and timeline for study and/or practice: reading pace that supports the needs of the group/group discussion; in the manner of Lectio. We will explore the chapter on The Movements (pg 120). The group is co-facilitated by another member each week which includes leading the prayer and choosing the centering exercise. The group decides upon the weekly exploration at the end of the meeting. Each member is encouraged to re-read the portion read in group over the following week, and come prepared to share observations.

Prerequisites for participants: two-years in the WoIC class or TMS; prior reading of the Psychological Commentaries

Facilitator’s Name: Caren Betz

Additional comments or considerations: Like the Commentaries, the ideas expressed and experiences offered are cyclical. De Salzmann’s examination of Working with Others (p105) is foundational to this Work. We practice building community not as a goal to accomplish, but in relationship.