

Work Group Proposal Form

From the Bylaws, "The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives". To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. "Work groups," are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity.

The aim of work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

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Work Group Title: Blessed Mother, Principle of Force

Meeting day/time: Monday 6:30-8pm

Duration: Sep 12 - Dec 5

Purpose or specific aim of Work Group: Deepen our relationship with the Blessed Mother and practice taking the fruits of that relationship into our daily lives.

Sources for content or practice: <u>Meditations on the Tarot</u> and a rosary (participants need to have both). Facilitator will bring: <u>The Life of the Virgin</u> by Maximus the Confessor, translated by Stephen J. Shoemaker, and <u>Life of the Blessed Mother</u> by A Carmelite of St. M. Magdalen De' Pazzi.

Outline and timeline for study and/or practice: We will begin each group night with praying a full Rosary. Our primary source of study will be the Eleventh Arcanum Force, using <u>Meditations on the Tarot</u>. We will augment our study with <u>The Life of the Virgin</u>, <u>Life of the Blessed Mother</u> and some the Letters of Paul or other scripture where applicable.

The first two nights will be spent studying the Rosary and how to pray it. We will also begin our exploration of the Arcanum Force (p269-275...what does the Arcanum teach) and introduce the other two book sources.

Night 3,4,5 (p275-280) Principle of the serpent and principle of the Virgin. What is virginity?

Night 6 (p280-282) Mantle of the Blessed Virgin

Night 7 (p282-286) First aspect of Force

Night 8 (p286-290) Second aspect of Force

Night 9,10,11,12 (p290-301) More on aspects of Force and the 10 Commandments

Night 13 Wrap up.

Prerequisites for participants: 2 consistent years and ongoing twice daily Centering Prayer practice, 2 consistent years and ongoing study of the Work of Inner Christianity, including 2 yrs.

second line group and Work partner participation. Familiarity of the first 10 Arcanum is highly recommended.

Facilitator's Name: Karen Ragland