



Work Group Proposal

From the Bylaws, “The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives”. To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. “Work groups,” are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity.

The aim of Work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

∞

Work Group title: “Franciscan Insights on True Freedom”

Meeting day/time: Monday 7:30-9:00pm

Duration: September 14 to November 16, 2015

Purpose or specific aim of Work Group: Explore how culture can keep us from living the ‘free life’ we are meant to live.

Sources for content or practice: Hope Against Darkness: The Transforming Vision of Saint Francis in an Age of Anxiety by Richard Rohr and John Bookser Feister.

Outline and timeline for study and/or practice: Each week, group participants will read a chapter of the book. Our discussion of each chapter will be anchored on the ways culture can imprison us and the methods suggested in the book on freeing ourselves from this prison. We’ll also focus on how the Law of Three is manifested in the Franciscan ideas described in the book.

Prerequisites for participants:

1. A strong wish to understand the prison that can be our life and ways to free ourselves.
2. Hope Against Darkness: The Transforming Vision of Saint Francis in an Age of Anxiety by Richard Rohr and John Bookser Feister
3. Six months of a daily Centering Prayer practice.
4. Six months of regular attendance in the Work of Inner Christianity class.
5. If you can’t fulfill the third and fourth prerequisite, but still have a deep wish to participate; you are invited to contact the facilitator.

Facilitator’s Name: Rusty Nelson

Email address: rustyncnelson@gmail.com