



Work Group Offering

From the Bylaws, “The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives”. To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. “Work groups,” are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity. The aim of Work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

∞

Work Group Title: The Enneagram Journey – DVD Sessions for Exploration, Growth and Transformation by Suzanne Stable

Meeting day/time: Sunday’s noon-2pm, 12 weeks starting September 3, 2017.

Purpose or specific aim of Work Group: The format provides not only the intellectual understanding of the Enneagram, but an experiential journey designed to help you connect with other members of the group and learn with and from each other. Each week there are exercises to help you identify mechanical patterns of behavior as it relates to your personality type and to practice observing with a non critical “I” and to non-identify.

Sources for content or practice: DVD Curriculum and Participant Workbook designed by Suzanne Stable. She has been teaching the Enneagram for 25 years and studied with Richard Rohr for 5 years.

Outline and timeline for study and/or practice:

1. The Enneagram Journey – Mapping the Way
2. Three Ways of Moving Through the World – Stances
3. Three Ways of Meeting the World – Triads
4. A Tour of the Nine Numbers
5. What’s Driving Us? The Nine Passions
6. Self-Care on the Journey – Wings, Stress, and Security
7. Signposts Along the Way: Motivations and Messages
8. Seeking Balance: Elevating Your Repressed Center
9. Slowing Down: Managing Your Dominant Center
10. The Road Goes On: Care and Transformation of Your Number
11. Landmarks: Putting Your Number in Larger Context
12. Fellow Travelers: Tips for Enneagram Companions

Prerequisites for participants: Church membership along with a willingness to commit to a 12-week schedule. Course work builds on information each session. Cost of workbook is \$35.00.

Facilitator’s Name: Lisa Morgan

Additional comments or considerations

I have attended three weeklong Enneagram Bootcamp sessions with Susanne Stabile over the past four years. She is the best instructor I have experienced in any setting. I can’t say enough positive things about her. I have also attended her “Know Your Number” and “Couples Bootcamp” classes in Dallas.